

*Start something
extraordinary.*



This is just the beginning.

Imagine if one of the changes you make as you get older could actually be the start of something completely new: a doorway to new experiences, to new people, to a new appreciation of how far you've come, and an excitement about what's next. You'll find all that and more at The Nottingham.

The Nottingham is a community designed to provide you with the freedom, comfort and amenities to enrich the next chapter of your life on your own terms. Enjoy the peace and quiet of reading in our library and taking walks on our scenic campus, or join your neighbors for cocktails at The Clubhouse and a night out on the town. Here, you can stay in control of your life by continuing to make choices about what to do and how to spend your time. You alone know what is comfortable for you, and it's important you hold on to your independence for as long as you can. At The Nottingham, we make it easy.

Life at The Nottingham isn't comfortable just because of the living arrangements, amenities or social life – it's comfortable because of consistency. We're talking about the peace of mind that comes with having a full span of services on one campus. That means you'll never have to worry about having to move for health reasons. Instead, you can focus on enjoying life, reflecting on your past and making new friends to share experiences with.

This is your life. Discover how what's next might be a lot more than what you expected.





The Glens



Independent Living Apartment





Come home to comfort.

Your well-being starts with having the perfect place to call your own.

At The Nottingham, you can begin the next phase of your life in a home chosen from a wide range of beautiful and modern accommodations designed for comfort and security.

Become a resident at The Glens – The Nottingham's exclusive, upscale luxury living community. There you'll find a selection of exquisitely detailed apartments with enclosed garages. It's the perfect way to be a part of The Nottingham Community and still enjoy peace and privacy.

When your needs change, explore our Independent Living program and choose from luxurious one- or two-bedroom apartments or two-bedroom cottages available in a variety of sizes and configurations. All of the homes here feature kitchens equipped with full-size appliances. They also have washers, dryers and bathrooms that feature an easy-access shower stall or bathtub.

If you need additional support, it doesn't mean you need to give up luxury. For Assisted Living residents, we offer studio and one-bedroom apartments with a full bathroom, kitchenette and laundry service. For residents in our Skilled Nursing program, we have private, beautifully furnished rooms close to all necessary services and access to a spa area with a Jacuzzi tub.

No matter where you choose to live, we offer different levels of care based on your individual needs to ensure you can continue on in health and comfort, but still retain your independence. Whether you want additional housekeeping, catered meals, weekly linen service or a full spectrum of medical support services, there's a plan designed to make life easier for you so you can enjoy the community and take advantage of all the amenities The Nottingham has to offer.

Discover a community made for you.

Living well is about more than just surviving; it's about self-determination and finding a sense of purpose through the things we do and the people we interact with.

That's what we promote at The Nottingham, by providing an environment where you can either continue living the way you're used to, or you can explore and embrace your freedom to discover new interests. Freedom of choice is what separates us from other senior living communities, and however you choose to spend your time, you'll feel right at home at The Nottingham.

- *Stay active by using our fitness center on your own or as a part of daily group workouts.*
- *Get some fresh air and walk through our tree-lined campus, or sign up for one of the many outings to enjoy off-site movies, performances, museum tours or even just dinner at a nice restaurant.*

With so much available to you, from our in-house library and chapel to our card room and lounges, there will always be something new to experience and somewhere to go to relax and swap stories with friends.







Fine Dining



The Bistro



The Clubhouse

Options are always on the menu.

Do you like to make your evenings special with fine dining and personal service, or would you rather keep it simple with a pizza and a visit to The Clubhouse for happy hour?

Whether you're in our main dining room for a formal meal, in our bistro for more casual fare or going out on a scheduled trip to one of many local restaurants, we make sure you can always find a delicious meal.

*Take advantage of a variety of meal plans available to Independent Living residents. **With our Assisted Living and Skilled Nursing options, you'll be able to enjoy three meals a day served with restaurant-style dining** to make sure you get the nutrition you need without sacrificing the quality and flavor that keep life interesting. And for those who prefer the joy and independence of cooking your own meals and eating on your own schedule, rest assured all of our Independent Living accommodations feature modern kitchens with full-size appliances and cabinetry.*



Enrich your life with arts and learning.

Continuing to engage your intellect in new and creative ways isn't just essential for a fuller life – it can help keep your mind sharp.

That's why we take advantage of the many local colleges, universities and art centers around us to deliver you a full program of classes, lectures and other activities that stimulate ideas and keep you thinking.

Through connections with Syracuse University, Le Moyne College and Oasis Senior Education Program, The Nottingham offers a rotating schedule of professors and guest speakers covering topics ranging from political and environmental science to geography and the arts. You can exercise your creativity with on-site classes offered by the Community Folk Art Center, or with the student-led intergenerational choir in association with Syracuse University. We provide transportation to University drama performances per request. It's all about creating a positive atmosphere that encourages you to continue to learn, and continue to grow.





Your needs change over time. Your home doesn't have to.

Familiarity, routine and the comfort of being somewhere that feels like home – these are things we all try to hold on to as we age.

At The Nottingham, we make it possible by providing a complete senior living community with a broad continuum of on-campus services you can take advantage of as you grow older and your circumstances change.

*It starts with our **luxury living apartments at The Glens**, where you can acclimate yourself to life in our community while still enjoying the independent lifestyle you've grown accustomed to.*

*In our **Independent Living program** you'll have an apartment or a cottage on campus with a full kitchen, and a garage if desired. You can choose what support you want provided for peace of mind and customize it further as your needs change.*



*At our **Assisted Living residence** you'll get personal assistance, medical supervision, meals provided daily and many more services to maintain your quality of life while still being a part of The Nottingham Community and enjoying everything it has to offer.*

*A **highly rated Skilled Nursing program** is available for recovery and rehab and includes private, furnished rooms and a full staff of nurses, therapists and dietitians all working to help you achieve your medical goals without ever sacrificing your independence.*

And now, with our newest memory care community, you can feel good knowing that if you ever need a home with even more security and specialized care, you won't have to leave the community you've grown so accustomed to in order to reach it.

It's all part of our commitment to offering you more than just a place to live. Find your next home at The Nottingham and live with purpose, dignity and the security of knowing you can stay in place and continue your journey with us for as long as you need.



Cherish all the memories you've made in your lifetime.

You've spent years making them. Now let us help you safeguard your memories with our commitment to Memory Care.

You can experience it firsthand in our new state-of-the-art residence dedicated to those living with Alzheimer's disease and other forms of dementia. Here, you'll be able to maintain your independence in a true neighborhood setting featuring raised gardens and a naturally lit interior park to help you live comfortably and purposefully.

Multiple leisure spaces and access to outdoor areas provide the calming pleasures of sensory stimulation with the confidence of knowing you're in a safe environment. Individual entrances and wayfinding cues throughout the residence enhance recognition and spur memories of home. These are just some of the features of an environment designed not just to protect the memories you have, but to encourage the creation of new ones.



New Memory Care Community







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