

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



April 2026

The Nottingham Assisted Living Residence



5 10:00 Exercise with Shannon
10:30 Morning Sing along
2:00 Afternoon Bingo with Shannon
3:00 Balloon Volley with Shannon

6 10:00 Exercise with Angelina
10:30 Manicures
1:30 **Spiritual Services in IL**
3:00 **Music Performance by Dennis McGuire**
4:30-6:00 **Passover Seder Dinner in the IL Clubhouse**

7 10:00 Exercise with Emily
10:30 **Healthy Living Series with Nicole from Select Rehab**
11:00 Travelogue to Alaska
2:00 Exercise with Angelina
2:30 **Writers Group in IL TV Room**
3:00 **Happy Hour with John Vona**

8 10:00 Exercise with Angelina
10:30 **Outing to the Salt Restaurant**
12:30 **Dewitt Library Visit**
1:00 **Massages with Donna**
1:30 Bridge Group

9 10:00 Exercise with Shannon
10:30 Tidbits of Trivia
11:15 **Good Friday Service in IL**
1:30 Sit and Stand Stronger with Shannon
2:30 Ice Cream Social & Conversation with Shannon

10 9:45 Exercise with Abby
10:15 Morning Chats
1:30 Wicked Part 1 Movie Matinee

11 10:00 Exercise with Abby
10:30 **Communion Service with Eucharistic Minister Mark**
1:30 Movie Matinee: Wicked Part 2

12 10:00 Exercise with Abby
10:30 "I Got It" Card Game
2:00 Travelogue Abby's Ireland Trip
2:15 **Nottingham Better Breathers Club in IL**
3:00 Bingo! With Abby

13 10:00 Exercise with Abby
10:30 Manicures
1:30 **Spiritual Services in IL**
2:30 Afternoon Movement
3:30 **Music Performance by Meg Mawhinney**

14 10:00 Mindful Movement with Emily
10:30 **Gardening Club**
2:00 Let's Have a Ball! Workout with Abby
3:00 **Happy Hour with Howie Bartolo**

15 10:00 Exercise with Abby
10:30 **Stress Awareness Day: Destress Coloring Pages**
12:00 **April Birthday Luncheon**
1:30 Bridge Group
2:30 Flowerpot Paint and Sip

16 10:00 Exercise with Abby
10:30 Penny-ante
1:30 Sit and Stand Stronger with Tiffany
2:00 **Ponies for Purpose**
3:00 Fruit Salad Snack and Chat

17 9:45 Exercise with Angelina
10:15 Group crossword
1:30 Poetry finish the line
2:30 Movie Matinee

18 10:00 Exercise with Angelina
10:30 **Communion Service with Eucharistic Minister Mark**
1:30 Detective puzzles
2:30 Movie Matinee: *The Natural*

19 10:00 Exercise with Abby
10:30 Marbles and Munchkins
2:00 High or low with Angelina
3:00 Bingo! With Abby

20 10:00 Exercise with Abby
10:30 Manicures
1:30 **Spiritual Services in IL Clubhouse**
2:30 Afternoon Movement
3:00 **Music Performance by The Little Jazz Trio**

21 10:00 Mindful Movement with Emily
10:30 Let's Make a Butterfly Garden
2:00 Earth Day Campus Clean-up (weather permitting)
3:00 **Happy Hour with Merlyn Fuller**

22 10:00 Exercise with Abby
10:30 Rummikub Tile Game
10:45 **Men's Group with Jim from Interfaith**
1:30 Bridge Group
2:30 Movie Theatre Day: *The Bucket List*

23 10:00 Exercise with Abby
10:30 Boggle
1:15 Sit and Stand Stronger with Tiffany
1:45 **Drumming with Jimbo**
3:00 **Women's Group**

24 9:45 Exercise with Kaileigh
10:15 Rhyme, Rhyme, Rhyme, Wrong! Word Game with Kaileigh
1:30 Cranium Crunches with Kaileigh

25 10:00 Exercise with Kaileigh
10:30 **Communion Service with Eucharistic Minister Mark**
2:30 Movie Matinee: *PollyAnna*
2:45 **Outing to Hendrick's Chapel**


26 10:00 Exercise with Abby
10:30 Penny Pitch
2:00 BINGO with Angelina
3:30 **Music Performance by Jillissa Vellake**

27 10:00 Exercise with Abby
10:30 Manicures
1:30 **Spiritual Services in IL**
2:00 **The Show of Love with Joe Trionfero**
3:00 Blueberry Pie Day! Enjoy a blueberry pie snack!

28 10:00 Mindful Movement with Emily
10:30 Morning Walk
2:00 Exercise with Angelina
2:30 **Writers Group in IL TV Room**
3:00 **Happy Hour with**

29 10:00 Exercise with Angelina
10:30 Pondering prompts
1:30 Bridge Group
2:30 Detective puzzles

Reach out to Abby Loiselle, CTRS, aloiselle@lorettosystem.org or (315)413-3596 with any questions or suggestions



10:00 Mindful Movement with Emily
10:30 **Resident Council**
11:00 Easter craft with Angelina
2:00 Afternoon Workout with Angelina
3:00 **Happy Hour with Jill Minye**

All Fools' Day
Passover Begins

2 10:00 Exercise with Shannon
10:30 Name 5 with Shannon
11:15 **Mass of the Lord's Supper in IL**
11:15 **Protestant Service in IL Interfaith Chapel**
1:30 Bridge Group
2:00 Spring Canvas Designs with Shannon
3:00 Afternoon Strolls

3 10:00 Exercise with Shannon
10:30 Tidbits of Trivia
11:15 **Good Friday Service in IL**
1:30 Sit and Stand Stronger with Shannon
2:30 Ice Cream Social & Conversation with Shannon

4 9:45 Exercise with Kaileigh
10:15 4 by 4 Word Game with Kaileigh on Whiteboard
1:30 High! Low! Hail Mary Dice! Game with Kaileigh
2:30 Movie Matinee:

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12:30 **Dewitt Library Visit**
1:00 **Massages with Donna**
1:30 Bridge Group

7 10:00 Exercise with Angelina
10:30 Blooming boot door decorations
1:30 Sit and Stand Stronger with Tiffany
2:15 **Visits from Helping Hounds**
3:00 **Piano Performance by Kai Wong**

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10:15 Morning Chats
1:30 Wicked Part 1 Movie Matinee

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