


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Family and Friends are always welcome to join programs 😊</p>	<p>10:00 Exercise with Abby1 10:30 Giant Uno! 12:00-4:00 Holiday Craft Fair in Independent Living 1:30 Attend Craft Fair 3:00 Bingo!</p>	<p>10:00 <u>Yoga with Melissa</u> 2 10:30 Bingo with IL Resident Barb 1:30 <u>Spiritual Services in IL</u> 3:30 <u>Holiday Music by Geoff Clough</u> 6:15 1:1 visits with Kaileigh</p>	<p>10:00 <u>Mindful Movement with Emily</u> 3 10:30 <u>Resident Council</u> 11:00 Po-Ke-No 2:00 Movement with Tiffany 2:30 <u>Writer's Group in IL</u> 3:00 <u>Happy Hour with Music by the Puma's</u></p>	<p>10:00 Exercise with Angelina 4 11:15 Lunch Outing to Bull and Bear 11:15 Protestant Service in IL 1:30 <u>Bridge Card Game</u> 3:00 Movie Matinee</p>	<p>10:00 Exercise with Angelina 5 10:30 Make Christmas cards 1:30 An Afternoon of Jazz with Kai Wong and Maya Perez, SU Students 2:15 Choir practice</p>	<p>9:45 Exercise with Abby6 10:15 "Yule Never Guess" December Trivia 1:30 "I got it!" Card Game</p>
<p>11:00 Catholic Mass in IL7 2:00 Holiday Music by Emmett 2:30 Sunday Movie Matinee: How the Grinch Stole Christmas</p>	<p>10:00 Exercise with Abby8 10:30 Decorating Ornaments and our tree 2:00 <u>Music Performance by John Vona</u> 3:00 <u>Life Enrichment & Recreation Meeting with Shannon</u> 3:15 Bingo! 7:00 <u>Liverpool Community Band Performance in IL</u></p>	<p>10:00 Exercise with Abby9 10:30 Manicures 1:30 <u>Spiritual Services in IL</u> 2:30 Gingerbread House Decorating 6:15 Visits with Angelina</p>	<p>10:00 <u>Mindful Movement with Emily</u> 10 10:30 <u>Select Rehab Presentation</u> 11:00 Po-Ke-No 2:00 Movement with Tiffany 3:00 <u>Happy Hour "Grinchmas" with Jane Zell</u></p> <p>~WEAR YOUR GREEN~</p>	<p>10:00 Exercise with Abby 11 10:30 Work on our giant coloring page! 12:30 Jamesville-Dewitt Library Visit 1:00 <u>Massages with Donna</u> 1:30 <u>Bridge Card Game</u> 3:00 Betsy's Prayer Group</p>	<p>10:00 Exercise with Abby12 10:30 Snow Ball Toss 1:30 <u>Outing to Everson Museum Festival of Trees</u> 2:30 Helping Hounds Dog Visits</p>	<p>9:45 Exercise with Angelina 13 10:15 Name that tune: Christmas edition 1:30 Make paper wreaths</p>
<p>11:00 Catholic Mass in IL14 1:30 Afternoon move and groove 2:30 Sunday Movie Matinee: The Polar Express <small>Hanukkah Begins</small></p>	<p>10:00 Exercise with Abby15 10:30 <u>Hymn Sings and Visits with Mary Colleen</u> 1:45 <u>Drumming with Jimbo</u> 3:00 Bingo! 6:15 <u>Caroling with Girl Scout Troop # 10064</u></p>	<p>10:00 Exercise with Abby16 10:30 Manicures 1:30 <u>Spiritual Services in IL</u> 3:00 <u>Music Performance by Blair Frodelius</u> 6:15 <u>Outing to Lights on the Lake</u></p>	<p>10:00 <u>Mindful Movement with Emily</u> 17 10:30 <u>Dining Meeting</u> 11:00 Giant Coloring Page 2:00 Movement with Tiffany 2:15 <u>Visits from Santa</u> 2:30 <u>Writer's Group in IL</u> 3:00 <u>Happy Hour with Merlyn Fuller</u> ~PAJAMA DAY~ WEAR YOUR PJ'S~</p>	<p>10:00 Exercise with Abby 18 10:30 Pass the Gift Dice Game 12:00 <u>Birthday Luncheon in IL</u> 1:30 <u>Bridge Card Game</u> 2:00 Snow Ball Corn Hole 3:00 Betsy's Prayer Group</p>	<p>10:00 Exercise with Abby19 10:30 Reindeer Games 2:00 Jingle and Mingle Holiday Party with Music by Tom Reitano</p> <p>~UGLY SWEATER DAY~</p>	<p>9:45 Exercise with Kaileigh 20 10:15 Holiday Trivia 1:30 Christmas Carol Bingo with Kaileigh</p>
<p>11:00 Catholic Mass in IL 21 1:30 Afternoon Exercise: Move and Groove with Kaileigh 2:30 Sunday Movie Matinee & Snack with Kaileigh A Christmas Carol <small>Winter Begins</small></p>	<p>10:00 Exercise with Angelina 22 10:30 Left, Right, Center 2:00 Bake Christmas cookies 3:00 Holiday reminiscing</p>	<p>10:00 Exercise with Angelina23 10:30 Manicures 1:30 <u>Spiritual Service in IL</u> 2:30 Afternoon exercise 3:30 <u>Music Performance by The Puma's</u> 6:15 1:1 visits & Holiday Manicures with Kaileigh</p>	<p>10:00 <u>Mindful Movement with Emily</u> 24 10:30 Group crossword</p> <p>No Afternoon Programs</p>	<p>25</p>  <p>Christmas</p>	<p>10:00 Exercise with Angelina 26 10:30 Heads up 2:00 Catch up with Angelina: Christmas Story telling 3:00 Banana-gram <small>Boxing Day (Canada) Kwanzaa Begins</small></p>	<p>9:45 Exercise with Abby27 10:15 Holiday Hangman 1:30 Cookies and Cocoa</p>
<p>11:00 Catholic Mass in IL28 1:30 Afternoon Stretching with Abby 2:30 Sunday Movie Matinee: Home Alone</p>	<p>10:00 Exercise with Abby 29 10:30 Bowling Tournament 2:00 Afternoon Stretch 2:30 Bingo!</p>	<p>10:00 Exercise with Abby30 10:30 Manicures 1:30 <u>Spiritual Service in IL</u> 2:30 Movie Matinee: New Year's Eve with refreshments 6:15 1:1 visits with Kaileigh</p>	<p>10:00 <u>Mindful Movement with Emily</u> 31 10:30 Muffins and Mimosas</p> <p>No Afternoon Programs</p> <p><small>New Year's Eve</small></p>	<p>December 2025</p> <p>The Nottingham Assisted Living</p>		

Questions? Reach out to Abby Loiselle, CTRS, aloiselle@lorettosystem.org (315)413-3596