

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2026

The Nottingham Assisted Living Residence

<p>9:45 Exercise with Kaileigh 10:30 <b>Communion Service with Eucharistic Minister Mark</b> 1:30 Name that tune 2:30 Movie Matinee: "Groundhog Day" <small>Tu B'Shevat Begins</small></p>	<p>10:00 Exercise with Abby 10:30 Learn About Groundhogs Day 2:00 Seated Yoga with Abby 2:30 Bingo! <small>Groundhog Day</small></p>	<p>10:00 Exercise with Abby 10:30 Manicures 1:30 <b>Spiritual Service in IL</b> 3:00 <b>Music Performance by Mike Passarelli</b></p>	<p>10:00 <b>Mindful Movement with Emily</b> 10:30 <b>Resident Council</b> 11:00 Po-Ke-No 2:00 Better Bones with Tiffany 3:00 <b>Happy Hour with Jerry Cali</b> 6:15 Evening visits with Angelina</p>	<p>10:00 Exercise with Angelina 10:30 Make Valentines for memory care 11:15 <b>Protestant Service in IL (attend independently)</b> 1:30 <b>Bridge Card Game</b> 3:00 Betsy's Prayer Group</p>	<p>10:00 Exercise with Angelina 10:30 BOGGLE 2:00 Afternoon move and groove 3:00 <b>Remembrance Service in IL</b> <b>~Wear red for heart health~</b></p>	<p>10:00 Exercise with Abby 10:30 Daily Chronicle and Joke of the Day 1:30 "I Got it!" Card Game</p>
<p>9:45 Exercise with Abby 10:30 <b>Communion Service with Eucharistic Minister Mark</b> 1:30 Superbowl Pre-Game Party 2:30 Movie Matinee: "Friday Night Lights"</p>	<p>10:00 Exercise with Abby 10:30 Valentine's Decoration Craft 1:45 Bowling with Abby 2:30 Bingo!</p>	<p>10:00 Exercise with Abby 10:30 <b>Music Performance by Howie Bartolo</b> 1:30 <b>Spiritual Service in IL</b> 2:30 Manicures with Abby</p>	<p>10:00 <b>Mindful Movement with Emily</b> 10:30 <b>Healthy Living Series with Dr. Nicole from Select Rehab</b> 11:00 Valentine's Hangman 2:00 Seated Yoga with Tiffany 3:00 <b>Valentine's Day Happy Hour with The Puma's</b></p>	<p>10:00 Exercise with Abby 10:30 "I Got it!" Card Game 12:00 <b>Jamesville-Dewitt Library Visit</b> 1:00 <b>Massages with Donna</b> 1:30 <b>Bridge Card Game</b> 2:15 Five to One Dice Game 3:00 Betsy's Prayer Group</p>	<p>10:00 Exercise with Abby 10:30 Candy Dice Game 2:15 <b>Helping Hounds Dog Visits</b> 3:00 <b>Chocolate and Wine Valentine's Day Social</b></p>	<p>10:00 Exercise with Kaileigh 2:30 Movie Matinee <b>~Happy Valentine's Day~</b> <small>Valentine's Day</small></p>
<p>10:30 <b>Communion Service with Eucharistic Minister Mark</b> 2:30 Movie Matinee: "Cool Runnings"</p>	<p>10:00 Exercise with Abby 10:30 First Lady "Who Am I?" 11:00 "I Got it!" Card Game 1:30 Bingo! 3:00 <b>Music Performance by Tom Reitano</b> <small>Presidents' Day (U.S.)</small></p>	<p>10:00 Exercise with Abby 10:30 Manicures 1:30 <b>Spiritual Service in IL</b> 2:30 Mardi Gras Trivia 3:00 <b>Fat Tuesday Happy Hour with music by Dale Randall in IL</b> <small>Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)</small></p>	<p>10:00 <b>Mindful Movement with Emily</b> 10:30 Black Jack 1:30 <b>Walk-though Ashes with Mark</b> 2:30 Sit and Stand Stronger with Tiffany 3:00 <b>Housewarming in IL (no live music)</b></p>	<p>10:00 Exercise with Abby 10:30 GS Cookies and Coffee 12:00 <b>February Birthday Luncheon</b> 1:30 <b>Bridge Card Game</b> 2:00 <b>Record Presentation with Dave Thomas</b> 3:00 Betsy's Prayer Group</p>	<p>9:30 <b>Outing to the MOST with Abby</b> 2:00 Friday Social- Let's Watch the Olympics!</p>	<p>2:30 Afternoon Matinee: "Caddy Shack" <b>No Recreation Programs</b></p>
<p>9:45 Exercise with Kaileigh 10:30 <b>Communion Service with Eucharistic Minister Mark</b> 1:30 Pictionary 2:30 Movie Matinee: "Leap Year" Olympics Closing Ceremony</p>	<p>10:00 Exercise with Abby 10:30 Corn Hole 2:00 Afternoon Movement 2:30 Bingo!</p>	<p>10:00 Exercise with Abby 10:30 Manicures 1:30 <b>Spiritual Service in IL</b> 2:30 Rummikub Tile Game 3:30 <b>Music Performance by John Vona</b></p>	<p>10:00 <b>Mindful Movement with Emily</b> 10:30 Knock-Out Basketball 2:00 Sit and Stand Stronger with Tiffany 2:30 <b>Writer's Group in IL</b> 3:00 <b>Happy Hour in IL</b></p>	<p>10:00 Exercise with Abby 11:00 <b>Lunch Outing to B-ville Diner with Abby</b> 1:30 <b>Bridge Card Game</b> 3:00 Betsy's Prayer Group</p>	<p>10:00 Exercise with Abby 10:30 Roulette 2:00 Pool Noodle Hockey 3:00 Treats and Trivia Social</p>	<p>2:30 Afternoon Matinee: "La la Land" <b>No Recreation Programs</b></p>

Reach out to Abby Loiselle, CTRS, [aloiselle@lorettosystem.org](mailto:aloiselle@lorettosystem.org) (315)413-3596 with any questions or suggestions