

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|--|---|--|---|
| 10:00 Exercise with Abby 10:30 Communion Service with Eucharistic Minister Mark 1:30 Boggle 2:30 Movie Matinee | 10:00 Exercise with Abby 10:30 Jeopardy! 2:00 Move and Groove 3:00 Bingo! <small>Purim Begins</small> | 10:00 Exercise with Abby 10:30 Manicures 1:15 Women's Rights Park Ranger Talk 1:30 Spiritual Service in IL 2:30 Afternoon Exercise 3:30 Music Performance by The Puma's | 10:00 Mindful Movement with Emily 10:30 Resident Council 11:00 Po-ke-No 2:00 Afternoon Workout 3:00 Happy Hour with Dennis Goettel in IL 7:00 Irish Step Dancers with McDonald School of Irish Dance | 10:00 Exercise with Abby 10:30 5 to 1 Dice Game 11:15 Protestant Service in IL 12:00 Pizza Party with MC in the garden 1:30 Bridge Group 3:00 Prayer Group | 10:00 Exercise with Abby 10:30 Bowling Tournament 1:30 Sit and Stand Stronger with Tiffany 2:30 The Great Oreo Taste Test Challenge | 9:45 Exercise with Angelina 10:15 Group crossword 1:30 Sing-a-long choir practice |
| 10:00 Exercise with Angelina 10:30 Communion Service with Eucharistic Minister Mark 1:30 Detective puzzles 2:30 Movie Matinee <small>Daylight Saving Time Begins</small> | 10:00 Exercise with Shannon 10:30 All about women trivia! 1:30 5 to 1 Dice Game 2:30 Women's March in IL- wear purple! | 10:00 Exercise with Shannon 10:30 Manicures with Shannon 1:30 Spiritual Service in IL 3:30 Music Performance by Jerry Cali | 10:00 Exercise with Emily 10:30 Healthy Living Series with Nicole from Select Rehab 11:00 Virtual tour of the Galapagos Islands 2:00 Exercise with Angelina 3:00 Happy Hour with Syracuse Irish Session in IL | 10:00 Exercise with Angelina 10:30 Make bird seed ornaments 12:30 Dewitt Library Visit 1:00 Messages with Donna 1:30 Bridge Group 3:00 Prayer Group | 10:00 Exercise with Angelina 10:30 Four leaf button craft 1:30 Exercise with Tiffany 2:15 Helping Hounds Dog Visits 3:00 Short stories and ponderings | 9:45 Exercise with Abby 10:15 Hangman 1:30 Weekend Bingo! |
| 10:00 Exercise with Abby 10:30 Communion Service with Eucharistic Minister Mark 1:30 "I Got it" Card Game 2:30 Movie Matinee: "The Life and Times of Hank Greenberg" 3:00 Mending Melodies in MC Garden | 10:00 Exercise with Abby 10:30 St. Patty's Hangman 2:00 St. Patrick's Trivia 2:30 Special Prize Bingo! | 10:00 Exercise with Abby 10:30 St. Patrick's Day Shenanigans 1:30 Spiritual Services in IL 2:00 Luck of the Irish Casino Day <small>St. Patrick's Day</small> | 10:00 Mindful Movement with Emily 10:30 Manicures 2:00 Let's Have a Ball! Workout 3:00 Happy Hour with Anthony Perra in IL | 10:00 Exercise with Abby 10:30 Spring Craft 12:00 March Birthday Luncheon 1:30 Bridge Group 2:00 Welcome New Residents Housewarming 3:30 Music Performance by Blair Frodelius | 10:00 Exercise with Abby 10:30 Plant seeds for our garden 1:30 Exercise with Tiffany 3:00 First Day of Spring Social! <small>Spring Begins</small> | 9:45 Exercise with Kaileigh 10:15 Daily Chronicle with Kaileigh 1:30 Weekend Bingo! With Kaileigh |
| 10:00 Exercise with Kaileigh 10:30 Communion with Minister Mark 1:30 Got it! Card Game with Kaileigh 2:30 Movie Matinee | 10:00 Exercise with Abby 10:30 Boggle 2:00 Walk Through Our Art Gallery 3:00 Bingo! | 10:00 Exercise with Abby 10:30 Manicures 11:00 Lunch Outing: Coleman's 1:30 Spiritual Service in IL 3:30 Music Performance by Geoff Clough | 10:00 Mindful Movement with Emily 10:30 UNO Card Game 2:00 Harry Potter Trivia 3:00 Harry Potter Themed Happy Hour Baseball Opening Day | 10:00 Exercise with Abby 10:30 Karaoke 1:30 Bridge Group 2:00 "I Got it" Card Game 3:00 Prayer Group | 10:00 Exercise with Barb or Sally 10:30 Bingo with Barb or Sally 2:30 Afternoon Matinee | 2:30 Movie Matinee |
| 10:00 Exercise with Shannon 10:30 Communion with Eucharistic Minister Mark 1:30 Trivia & Indoor Walk 2:30 Movie Matinee <small>Palm Sunday</small> | 10:00 Exercise with Abby 10:30 Cornhole Tournament 1:30 Rummikub Tile Game 2:45 Bingo! | 10:00 Exercise with Abby 10:30 Manicures 1:30 Spiritual Services in IL 2:30 Afternoon Movement 3:30 Music Performance by Dennis McGuire | <h1>March 2026</h1> <p>The Nottingham Assisted Living Residence</p> | | | |

Questions or suggestions? Contact Abby Loiselle, Recreation Therapist, (315) 413- 3596 or aloiselle@lorettosystem.org