

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

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|  <p>April 2026 The Heritage 750 East Brighton Ave, Syracuse NY 13205</p> | | <p>(A) 1 10:30 Musical Stretches 11:00 April Trivia Fun 2:00 Entertainer: Andy Rudy 2:30 Craft Corner: Blooming Boot Décor 3:30 Miscellaneous Table Games <small>All Fools' Day Passover Begins</small></p> | <p>(A) 2 10:30-11:30 DIY Easter Cookie Decoration 1:30 Chapel Service 2:30 Friendship Café with Music 3:30 Nail Art</p>  | <p>(M) 3 Happy Holiday!  Good Friday</p> | <p>(M) 4 Happy B'day Judith M! 10:30 Chapel Service 11:00 Easter Tradition - Reminiscence 2:00-3:00 BINGO 3:30 Easter Social Hour with Music</p> |
| <p>Unit Activity 5  Easter Sunday</p> | <p>(A) 6 10:30 Moving & Grooving 11:00 Tartan Day: Scottish Trivia 1:30 Craft Corner: Scottish Knit Décor 2:30 Scottish Dessert: Scones 3:00 Scottish Bagpipes and Dancing</p> | <p>(A) 7 10:30-11:00 BINGO 1:00 Boutique Walk & Shop 2:00 Men's Club: Darts and Billiards 2:30 Elvis Greatest Performances 3:00 Crochet/Kitting Club</p> | <p>(A) 8 10:30 Gentle Stretches 11:00 April IQ 2:00 Entertainer: Blair Frodelius 3:00 Italian Cookies 3:30 Craft Corner -Spring Flower Paintings</p> | <p>(A) 9 10:30 Morning Bake Shop: Lemon Blueberry Yogurt Quick Bread 1:30 Chapel Service 2:30 "Breaking Bread" Social Hour 3:00 Rummy Club</p> | <p>(M) 10 10:30 Yoga Vista 11:00 Doo-Wop Jam Band 2:00 Entertainer: Gary LaVancher 3:00 Afternoon Tea 3:30 Puzzle & Crochet Club</p>  |
| <p>Unit Activity 12</p> | <p>(A) 13 Happy B'day Fred W! 10:30 Stretch with Me 11:00 Guess the Song Sing-along 2:00 Happy 104th Birthday Fred W. 3:30 Table Games</p> | <p>(A) 14 10:30-11:00 BINGO 1:00 Small Group Rock & Stroll 2:00 Entertainer: Deb & John Puma 3:00 Fruit Parfaits 3:30 Complete the Story: Day at the Vintage Market</p> | <p>(A) 15 10:30 Volleyball Bop 11:00 Relax & Refresh 2:00 Fruit Smoothies 3:00-4:00 Arcade Games Hour</p>  | <p>(A) 16 10:30 Morning Bake Shop: Marble Cake 1:30 Chapel Service 2:30 Showtime: My Fair Lady 3:00 Marble Cake & Coffee 3:30 Miscellaneous Arts and Crafts</p> | <p>(K) 17 10:30-11:30 Indoor Bowling League 2:00 Entertainer: Bob Lyna 2:30 Cookies & Milk 3:00-4:00 iN2L: Family Feud</p>  |
| <p>Unit Activity 19</p> | <p>(A) 20 10:30 Seated Chair Exercises 11:00 Random Trivia 2:00 Entertainer: Terry Mulhauser 3:00-4:00 iN2L Trivia Games</p> | <p>(A) 21 10:30-11:00 BINGO 1:00 Walking & Talking 2:00 Craft Corner: Floral Facades Window Garden 2:30-4:30 Nail Spa Day</p>  | <p>(A) 22 10:30 Easy Yoga for Seniors 11:00 Earth Day Facts 1:30 Earth Day: Pinecone Bird Feeders 3:00 Courtyard Bird Feeder Stroll</p> <p><small>Earth Day Administrative Professionals Day</small></p> | <p>(A) 23 10:30 – 11:30 Grilled Cheese Sandwich Day: Rainbow Grilled Cheese 1:30 Chapel Service 2:30 Monthly Birthday Party with Music 3:30 Rummy Club</p> | <p>(M) 24 10:30 Armchair Fitness 11:00 Who Am I? Occupational Riddles 2:00 Entertainer: John Vona 3:00 Sweet Treat Social 3:30 Assorted Games & Puzzles</p> <p><small>Arbor Day</small></p>  |
| <p>Unit Activity 26</p> | <p>(A) 27 10:30 Easy Movement 11:00 Resident Council Meeting 2:00 Entertainer: Lori Ann Wiber 3:30 Small Group Story Hour</p> | <p>(A) 28 10:30-11:00 BINGO 1:30 Courtyard Walk 2:00 Gardening Club: Garden Clean up 2:30 Lemonade on the Patio 3:00 Patio Relaxation with Music</p> | <p>(A) 29 10:30-11:30 Indoor Bowling League 1:30 Craft Corner: Rock Painting 2:30 Crochet Club 3:30 Small Group Shuffleboard</p> | <p>(A) 30 Happy B'day Therese M! 10:30 – 11:00 Plant Appreciation Day 1:30 Chapel Service 2:30 Friendship Café 3:30 Show Time/Small Group Activity</p> | <p>M=Margaret K=Kim A=All Therapists</p> <p>Recreation Department Tel.315-413-3044</p>  |

Activity Are Subject to Change * All Beverages Are Non-Alcoholic