

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

M = Margaret S = Stephanie D= Debra A = All Therapist

# April 2022

## The Heritage

750 East Brighton Ave. Syracuse NY 13204  
(315)-413-3044

						
<p>(S) 3</p> <p>10:00 Today in History <b>11:00 Sunday Mass</b> 1:00 Walking &amp; Talk <b>2:00 Entertainment:</b> <b>Terry Mulhauser</b> 3:30 Lawrence Welk 4:30 Reflect on the Week</p>	<p>(M) 4</p> <p>10:00 Balloon Volleyball 10:30 Learn About Rainbows 11:00 "Over the Rainbow" 1:00 Afternoon Stroll <b>2:00 Entertainment:</b> <b>Greg Hoover</b> 3:30 Finishing Lyrics 4:30 Friendly Talk</p>	<p>(A) 5</p> <p>10:00 Big Band Hits <b>10:30 Big Prize Bingo</b> 1:00 Walking and Talking 2:00 Health Benefits of Dandelions 3:00 Friendship Café <b>3:00 Men's Club with Brian, Josh &amp; James</b> 3:30 Card Games</p>	<p>(A) 6</p> <p><b>Happy Birthday Rose P!</b> 10:00 Move with Me 10:30 National Walking Day 11:00 Famous Singers 1:00 Let's Walk <b>2:00 Entertainment:</b> <b>Dan Cleveland</b> 3:30 All About Me 4:30 Leisure Time</p>	<p>(A) 7</p> <p>10:00 Billie Holiday' Day 10:30 100 Facts about Billie Holiday's Life 11:00 The Best of Billie <b>1:30 Catholic Chapel Service</b> <b>2:30 Angel Food Cake Social</b> 3:30 Our Best Show 4:30 Music for All</p>	<p>(M) 8</p> <p>10:00 Sit and Be Fit 11:00 Name 10 1:00 Walk with Me 2:00 Armchair Travels - "The Zoo" 3:00 Too Cute 4:30 Relax in Your Nest</p> <p>All Fools' Day</p>	<p>(S) 9</p> <p>10:00 Jukebox Tunes <b>10:30 Weekend Bingo</b> 1:00 Afternoon Stroll 2:00 Lady Liberty Day 3:00 Table Card Games 4:30 Resting Time</p>
<p>(M) 10</p> <p>10:00 Facts About the Number 10 10:30 Let's Talk Palm Sunday <b>11:00 Sunday Mass</b> 1:00 Walk and Talk 2:00 Interesting Facts About Farm Animals 4:30 Music Appreciation Palm Sunday</p>	<p>(S) (D) 11</p> <p><b>Happy Birthday Marion D!</b> 10:00 Balloon Toss 11:00 Finish Lyrics 1:00 Funny Animal Videos 2:00 Small Pet Trivia <b>3:00 Coffee Social</b> 4:30 Relax with Friends</p> 	<p>(A) 12</p> <p>10:00 Music for All <b>10:30 Big Prize Bingo</b> 1:00 Walking Club <b>2:00 Entertainment:</b> <b>Blair Frodelius</b> 3:00 The History of the Grilled Cheese Sandwich 4:30 Restful Respite</p>	<p>(A) 13</p> <p><b>Happy 100th Birthday Fred W</b> 10:00 Chair Movements 11:00 Dime Store Day - Frank Winfield Woolworth 1:00 One-On-One Visits <b>2:00 Entertainment: Larry Serafini</b> 3:00 Too Cute Puppies 4:30 Music Appreciation</p>	<p>(A) 14</p> <p>10:00 Happy 90th Birthday, Loretta Lynne 11:00 Loretta Songs <b>1:30 Catholic Chapel Service</b> <b>2:30 Easter Party</b> 3:30 Checkers Club 4:30 Relaxation Time</p>	<p>(M) 15</p> <p>10:00 Chair Yoga 10:30 Good Friday Traditions from Around the World 11:00 Good Friday Service 1:00 Just Relax <b>2:00 Babka Bread Social</b> 3:30 Table Talk</p> <p>Good Friday Passover Begins</p>	<p>(S) 16</p> <p>10:00 Elvis Music <b>10:30 Easter Bingo</b> 1:00 Sunshine Club <b>2:00 Movie Matinee with Popcorn</b> 4:00 One-On-One Talk 4:30 Relax with Music</p>
<p>(S) 17</p> <p><b>Happy Birthday Bruce W!</b> 10:00 Daily Chronicles <b>11:00 Sunday Mass</b> 1:00 Hand Lotion 1 to 1 2:30 Easter Traditions 3:30 Easter Funnies and Word Games 4:30 Relax and Reflect Easter Sunday</p>	<p>(S) (D) 18</p> <p>10:00 Fit &amp; Trim 10:30 History of the Boston Marathon 11:00 Our Best Songs 1:00 Just Relax <b>2:00 Entertainment:</b> <b>Greg Jenkins</b> 3:30 EZ Does It Trivia 4:30 Music for All</p>	<p>(S) (D) 19</p> <p><b>Happy Birthday Pat LI and Mary W!</b> 10:00 Elvis Hits <b>10:30 Big Prize Bingo</b> 1:00 Sunshine Club 2:00 Amsterdam and The Netherlands 4:30 Small Talk</p>	<p>(M) (D) 20</p> <p>10:00 Armchair Fitness 10:30 Amsterdam &amp; The Netherland 11:00 Singers Note <b>2:00 Entertainment:</b> <b>Steve Banyas</b> 3:30 Name 10 4:30 Music Sensation</p>	<p>(A) 21</p> <p>10:00 Exploring a New Country 11:00 Sing-A-Long <b>1:30 Catholic Chapel Service</b> 2:30 Occupational Trivia <b>3:00 Ice Cream Social</b> 3:30 Table Talk 4:30 Afternoon Relaxation</p>	<p>(M) 22</p> <p><b>Happy Birthday Margaret B!</b> 10:00 Move with Me 11:00 Earth Day Facts 1:00 Singing and Walking 2:00 Un-creepy Crawlers 3:30 Explore the Earth 4:30 Resting in Your Nest</p> <p>Earth Day</p>	<p>(M) (D) 23</p> <p>10:00 Horse Racing 11:00 Good Old Songs 1:00 Courtyard Walk <b>2:30 Saturday Social Hour</b> 3:30 Art Club W/ Margaret 4:30 Small Talk</p> 
<p>(M) (D) 24</p> <p>10:00 Good Morning All 10:30 Breathing Exercise <b>11:00 Sunday Mass</b> 1:00 Relax with Music 2:00 History of Soda Fountain 3:30 Dean Martin Show 4:30 Small Talk</p>	<p>(S) 25</p> <p><b>Happy Birthday Mary D! and Paula H!</b> 10:00 Noodle Balloon 11:00 Short Stories 1:00 Walking Club 2:00 Time Slips Away 3:30 Word Games 4:30 Rest and Reflex</p>	<p>(A) 26</p> <p>10:00 Oldies but Goodies <b>10:30 Big Prize Bingo</b> 1:00 Music and Walking <b>2:00 Entertainment:</b> <b>Lorri Ann Wilber</b> 3:00 Joggin' Your Noggin 4:30 Music Appreciation</p>	<p>(A) 27</p> <p>10:00 Sit and Be Bit <b>11:00 Resident Council Minutes</b> 1:00 Afternoon Stroll <b>2:00 Entertainment:</b> <b>Bob Lyna</b> 3:30 This and That 4:30 Just Relax</p>	<p>(A) 28</p> <p>10:00 Happy Birthday, Maryland State 11:00 Sing with Me <b>1:30 Catholic Chapel Service</b> 2:30 <b>April Birthday Party</b> 3:30 Heritage Puzzle Mania 4:30 Music Time</p> 	<p>(M) (D) 29</p> <p>10:00 Chair Dancing 10:30 Branching out with Tree 11:00 Our Songs <b>2:00 Entertainment:</b> <b>Terry Mulhauser</b> 3:30 Doris Day Show 4:30 Friendly Talk</p> <p>Arbor Day</p>	<p>(S) 30</p> <p><b>Happy Birthday Angela R!</b> 10:00 Jazz Music <b>10:30 Weekend Bingo</b> 1:00 Walking and Talking <b>2:30 Coffee Social with Pastry's</b> 3:30 April Trivia 4:30 Reflex on the New Month</p>

All Activities are Subject to Change