

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

December 2021

Sedgwick Heights

Clarice Mackey-Recreation Supervisor-cmackey@lorettosystem.org
Amy Gannon-CTRS Recreation Therapist-agannon@lorettosystem.org

1
9:00-10:30-Sedgwick Store will be open.
11:00-Deck the Halls with Clarice & Amy-1st Floor
12:00-Deck the Halls with Clarice & Amy-2nd Floor
1:00-Deck the Halls with Clarice & Amy-3rd Floor
2:30-Zoom(private)/Clarice


2
10:30-Communion with Deacon Steve
11:30-Manicures w/Clarice
12:00-One on One with Clarice & Amy
2:00-BINGO for Prizes with Clarice & Amy
5:00-Cards with Friends

3
9:00-10:30-Sedgwick Store will be open
10:00-FaceTime-Clarice
11:00-Holiday Crafts/ Amy
11:30-Scrabble with Ron & Clarice
12:30-Table Games-Friends
2:00-Happy Hour with Clarice & Amy

4
10:00-Scrabble with Friends
2:00-Milk & Cookies with Telisa 


5
Let's Help Our Community December 1st -20th
*Drop Off (8am-3pm)at Sedgwick Heights
1100 James Street
Att: Recreation

6
9:00-10:30-Sedgwick Store will be open
10:30-Coffee & News-Amy
11:00-Manicures w/Clarice
12:00-Rummy with Roslyn
2:00-HighStakes Bingo (5 games at \$1 per card)-Clarice
2:00-Zoom (private)w-Amy

7
10:00-Exercise with Clarice
11:00-Tic Tac Toe with Amy
12:00-Table Games-Friends
1:00-Chatting with Amy
2:00-Zoom (private)-Clarice
2:00-Hot Cocoa with Clarice & Amy 

8
9:00-10:30-Sedgwick Store will be open
11:30-Zoom(private) w/Amy
12:30-Table Games with Friends
1:00-Connect Four-Clarice
2:00-Matching Game-Amy
2:30-Zoom (private)-Clarice
6:00-Puzzle with Friends

9
10:30-Communion with Deacon Steve
11:30-Manicures w/Clarice
12:00-One on One with Clarice & Amy
2:00-BINGO -with Clarice & Amy
5:00-Cards with Friends

10
9:00-10:30-Sedgwick Store will be open
10:00-FaceTime-Clarice
11:00-Holiday Crafts/ Amy
11:30-Scrabble- Ron & Clarice
12:30-Cards-Friends
2:00-Happy Hour with Clarice & Amy

11
10:00-Rummy with Friends
2:00-Trivia & Treat with Donna


12
10:00-Rummy with Friends
2:00-Puzzles with Friends

13
9:00-10:30-Sedgwick Store will be open
10:30-Coffee & News-Amy
11:00-Manicures w/Clarice
12:00-Rummy with Roslyn
2:00-Zoom (private)w-Amy
2:00-Live Entertainment by: Blair 

14
10:00-Exercise with Amy
11:00-Dominoes Game with Joe & Clarice
12:00-Table Games-Friends
1:00-Chatting with Amy
2:00-Zoom (private)-Clarice
2:00- S'mores Social with Clarice & Amy 

15
9:00-10:30-Sedgwick Store will be open
11:30-Zoom(private) w/Amy
12:30-Scrabble with Clarice
1:00-Table Games with Friends
2:00-Matching Game-Amy
2:30-Zoom (private)-Clarice
6:00-Puzzle with Friends

16
10:30-Communion with Deacon Steve
11:30-Manicures w/Clarice
12:00-One on One with Clarice & Amy
2:00-BINGO with Clarice & Amy
5:00-Cards with Friends

17
9:00-10:30-Sedgwick Store will be open
10:00-FaceTime-Clarice
11:00-Holiday Crafts/ Amy
11:30-Scrabble- Ron & Clarice
12:30-Cards-Friends
2:00-Happy Hour with Clarice & Amy

18
10:00-Puzzles with Friends
2:00-Hot Cocoa with Telisa


19
10:00-Coloring with Friends
2:00-Table Games with Friends

20
9:00-10:30-Sedgwick Store will be open
10:30-Coffee & News-Amy
11:00-Manicures w/Clarice
12:00-Rummy with Roslyn
2:00-Decorating Our Ugly Sweater (Bring your own Sweater)
2:00-Zoom (private)w-Amy

21
10:00-Exercise with Clarice
11:00-Truth or Dare with Amy
12:00-Table Games-Friends
1:00-Chatting with Amy
2:00-Zoom (private)-Clarice
2:00-Winter in Wonderland Party  C & A
Winter Begins



22
Ugly Sweater Contest – Residents,Staff Christmas Dinner
11:30 & 1:00
-Pineapple Glazed Ham
-Cornish Hen
-Grilled Asparagus
-Chunky Roasted Potatoes
-Cranberry Sauce
- Cheese Cake


23
10:30-Communion with Deacon Steve
11:30-Manicures w/Clarice
12:00-One on One with Clarice & Amy
2:00-BINGO with Clarice & Amy
5:00-Cards with Friends

24
5:30am-Santa Helpers-Clarice

9:00am-Santa Helpers Delivering Gifts-Clarice


25
2:00-Christmas Music & Treats with Donna
Christmas


26
KWANZAA
Kwanzaa Begins

27
9:00-10:30-Sedgwick Store will be open
11:00-Manicures with Clarice 
2:00-Zoom (private) with Clarice
Amy on Vacation

28
10:00-Exercise with Clarice
11:00-The Price Is Right (t.v) & Hot Tea with Clarice
12:00-Table Games-Friends
2:00-Zoom (private)-Clarice
4:00-Cards with Friends
Amy on Vacation

29
9:00-10:30-Sedgwick Store will be open
11:00-What Would You Do with Clarice
2:00-Table Games-Friends
2:30-Zoom (private)-Clarice
Amy on Vacation

30
10:30-Communion with Deacon Steve
11:30-Manicures w/Clarice
12:00-One on One with Clarice & Amy
2:00-BINGO with Clarice & Amy
Clarice Vacation

31
9:00-10:30-Sedgwick Store will be open
11:30-Scrabble with Ron
2:00-New Year's Eve Celebration with Amy

Clarice Vacation
New Year's Eve

All programs are held on the 1st floor in the recreation room, unless otherwise stated on the daily schedule.