

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

M = Margaret

K = Kim

C = Charlie

A = All Therapists

(K) Happy B'day Marion G!

(C) 10:30 BINGO



November 2024

The Heritage

750 East Brighton Ave. Syracuse NY.13205 Tel. 315-413-3044

<p>(C) 3 10:30 Sunday Mass 11:00 Monthly Gazette 1:30 Daylight Saving Time: Why We "Fall Back" 2:30-3:30 Bowling League 3:30 Soft Pretzels & Cheese Daylight Saving Time Ends</p>	<p>(M)(K) 4 10:30 Balloon Volleyball 11:00 November Trivia 1:30 Rock & Roll Elvis Style 2:00 Craft Corner: Glass-ic Rock Shades 3:00 Heritage Puzzle Mania</p>	<p>(A) 5 10:30 BINGO 1:30 Small Talk 2:00 Movie Matinee – All Floors </p>	<p>(A) 6 10:30 Yogi Yoga 11:00 Brain Crunches 1:30 Friendly Talk 2:00 Entertainer: Howie Bartolo 3:30 Artful Nails </p>	<p>(A) 7 Happy B'day Bernice M! & Ed M! 10:30 Cook with Me – Cinnamon Apple 11:00 "Seven" Trivia 1:30 Chapel Service 2:30 Ice Cream & Cinnamon Apple Social 3:00 Art Club</p>	<p>(C)(M) 8 10:30 Sit and be Fit 11:00 It's All Cliché 1:30 Mindful Relaxation 2:00 Entertainer: Steve Banyas 3:00 Music in the Halls- Rock and Walk</p>	<p>(K) 9 10:30 BINGO 1:30 Book-Nook Walk 2:00-3:00 Paperclip Day: Silly Paperclip Bookmarks 3:30 Book Club </p>
<p>(K) 10 10:30 Sunday Mass 11:00 Coffee and Trivia 2:00-3:00 Craft Corner: Sensory-Enriching Sachet 3:00 Smell and Memory Activity 3:30 Tabletop Games</p>	<p>(M)(C) 11 10:30 Moving to the Oldies 11:00 Patriotic Sing Along 1:30 How Much Do You Know About Veterans 2:00 Honoring Our Veterans Social Hour 3:00 Book Club Veterans Day Remembrance Day (Canada)</p>	<p>(A) 12 10:30 BINGO 1:30 Walking and Talking 2:00 Entertainer: Jerry Cali 3:00 National French Dip Day: Chips & Dip </p>	<p>(A) 13 10:30 Chair Dance Yoga 11:00 Making Our own Music 1:30 Heritage Nail Spa Day 2:30 That's Entertainment 3:00 French Beignets 3:30 Rummy Club</p>	<p>(A) 14 10:30-11:30 Bake with Me: Chocolate Chip Cookies 1:30 Chapel Service 2:30 Fall Photo Booth Party 3:30 Chocolate Chip Cookie Social</p>	<p>(K)(C) 15 10:30 Leg Day: Easy Movement 11:00 Brain Crunches 2:00 Entertainer: Terry Mulhauser 2:30-3:30 Craft Corner: Note-Worthy Pendants</p>	<p>(M) 16 10:30 BINGO 1:30 Name that Tune – Karaoke 2:30 Cookie for All 3:00 Craft Club - Button & Burlap Napkin Rings </p>
<p>(M) 17 Happy B'day Arthur B! 10:30 Sunday Mass 11:00 Bread Categories 2:00 Homemade Bread Day Celebration - Pumpkin Raisin Bread Party 3:00 Rummy Club </p>	<p>(C)(K) 18 Happy B'day Maria C! 10:30 Sit & be Fit 11:00 Brain Flex Trivia 2:00 Show Time - All Floors </p>	<p>(A) 19 Happy B'day Nancy C! 10:30 BINGO 1:30 Walk with Me 2:00 Entertainer: Deb & John Puma 3:00 Name 5 Game</p>	<p>(A) 20 Happy B'day Bill E! 10:30 Moving & Grooving 11:00 Breathing Cool Down/Brain Crunch 1:30-2:30 Karaoke Party Hour 3:00 Say Cheese Day: Cheese Doodle Party</p>	<p>(A) 21 10:30 Book Walk 11:00 Library Short Story Talk 1:30 Chapel Service 2:30 Heritage Monthly Birthday Party w/Music 3:30 Crochet Club</p>	<p>(K)(M) 22 10:30 Chair Dance Yoga 11:00 If Memory Serves Me- Music Hour 2:00 Entertainer: John Vona 3:00 Family Feud Marathon</p>	<p>(C) 23 10:30 BINGO 1:30 Balloon Volleyball 2:30 Art and Crafts 3:30 Our Favorite Show 4:00 Walking Up & Down </p>
<p>(C) 24 10:30 Sunday Mass 11:00 Trivia Fun 1:30 Dad Jokes 2:00 Sunday Coffee & Hot Coco Social with Music </p>	<p>(M)(K) 25 10:30 Easy Movement 11:00 Happy Birthday Joe DiMaggio! Who Am I? 1:30 Surprising Vegan Foods 2:00 Try Something Vegan Day: Peanut Butter Apples 3:00 Crochet Club</p>	<p>(A) 26 10:30 BINGO 2:00 Music for All – All Floors </p>	<p>(A) 27 10:30 Balloon Volleyball 11:00 Thanksgiving Chapel Service 1:30 Walking and Talking 2:00 Entertainer: "The Magical Smile Maker"</p>	<p>28  Thanksgiving Day (US)</p>	<p>(M)(C) 29 10:30 Chair Yoga Stretch 11:00 Resident Council Minutes 2:00 Entertainer: Lori Ann Wilber 3:30 Treasures from the Attic Day</p>	<p>(K) 30 10:30 BINGO 1:30 Notable Quotable Day: Happy Birthday Mark Twain - Famous Quotes 2:00 Walking with Words 3:00 Book Club – Read and Write Poetry Hour 3:30 Popcorn Social</p>

Activity Are Subject to Change