

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2025

The Heritage 750 East Brighton Ave. Syracuse NY.13205

**(K)** **1**  
**10:30 BINGO**  
 1:30-3:30 Decorating with Candy Day: Candy Cupcakes  
 3:30 Tabletop Games



**(K)** **2**  
**10:30 Sunday Mass**  
 11:00 February Gazette & Trivia  
 1:30 Honoring WWII Veterans Day  
 2:00 Red White & Blue Parfaits  
 3:00 Patriotic Paintings  
 Groundhog Day

**(M)(C)** **3**  
 10:30 Simple Brain Boosting Exercises  
 11:00 February IQ  
**2:00 Entertainer – Meg’s Melodies**  
 3:30 Puzzles, Cards & Coloring Hour

**(A)** **4**  
**10:30 BINGO**  
 1:30 Rosa Parks Facts and Quotes  
 2:00 Movie and Popcorn – “The Help”  
 4:00 Walking and Talking

**(A)** **5**  
 10:30 Balloon Volleyball  
 11:00 Sing with Me  
**1:30 Spa Day**  
 2:30 Doo Wop 50’s  
 3:00 We All Scream for Ice Cream  
 3:30 Sensory Relaxation

**(A)** **6**  
 10:30-11:30 iN2L Family Feud  
**1:30 Chapel Service**  
 2:30 Friendship Café  
 3:00 Color by Number / Rummy Club  
 3:30 One-On-One Visits

**(K)(C)** **7**  
 10:30 Chair Dancing Yoga  
 11:00 Brain Crunches  
 1:30 Little House Day: Little House on The Prairie  
**2:00 Entertainer – Bob Lyna & Friend**  
 3:00 Little House Molasses Cookies

**(M)** **8**  
**10:30 BINGO**  
 1:30 The Amazing Potato Fun Facts  
**2:00 Baked Potato Social**  
 3:00 Craft Corner – Potato Stamps



**(M)** **9**  
**10:30 Sunday Mass**  
 11:00 Sing-along  
 1:30 Super Bowl Sunday  
 2:00 Football Fever Word Match  
 2:30 Super Bowl Social – Chips & Dip

**(C)(K)** **10**  
**Happy B’day Lorraie S!**  
 10:30 Easy Chair Yoga  
 11:00 Flex Your Brain  
**2:00 Entertainer – Twin Magicians**  
 3:30 Refresh Social Hour

**(A)** **11**  
**10:30 BINGO**  
 1:30 Salt Dough Valentine’s Ornaments  
 2:30 Arcade Game Hour  
 3:00 Cookie Social with Music



**(A)** **12**  
 10:30 Armchair Exercise  
 11:00 Category Trivia  
**2:00 Entertainer – John Vona**  
 3:00 Fruit and Yogurt Parfait  
 3:30 Crochet Club

Tu B'Shevat Begins

**(A)** **13**  
**10:30 – 11:30 Bake with Us: Breakfast Coffee Cookies**  
**1:30 Chapel Service**  
 2:30 Coffee Cookies Social  
 3:00 Show Time - “I Love Lucy”

**(M)(K)** **14**  
 10:30 Plate, Rattle, & Roll  
 11:00 Valentine’s Day History and Trivia  
**2:00 Cupid Strawberries & Music Social**  
 3:00 Craft Corner: Valentine Bracelet Making

Valentine’s Day

**(C)** **15**  
**10:30 BINGO**  
**2:00 Snack Food Saturday: Banana Yogurt Pops**  
 3:00 Craft Corner: Paper Crafts  
 3:30 Cards and Tabletop Games

**(C)** **16**  
**10:30 Sunday Mass**  
 11:00 “Say A Little Prayer”  
**1:30 Animal Assisted Activities**  
 2:00 Lassie Hour  
 3:00 Craft Corner: Animal Print Art


**(M)(K)** **17**  
**Happy B’day Laura L!**  
 10:30 Dance with Me  
 11:00 Presidents’ Day Guess-a-Letter  
 1:30 Elvis Appreciation Day – Elvis IQ  
 2:00 Life and Music of Elvis Presley

Presidents’ Day (U.S.)

**(A)** **18**  
**10:30 BINGO**  
**2:00 Entertainer – Deb & John Puma**  
 3:00 Cream Puffs for You  
 3:30 Happy Birthday, Vanna White – Fun & Interesting Facts

**(A)** **19**  
 10:30 Yoga Stretches  
 11:00 Happy Birthday Copernicus’: Celestial Trivia  
 1:30 Outta This World Meteorite Candies  
 2:30 Art Corner: Constellation Paintings

**(A)** **20**  
 10:30 Cherries & Pie Trivia Day  
 11:00 Name That Song  
**1:30 Chapel Service**  
 2:30 Cherry Pie Day Social  
 3:30 Table Games



**(M)(C)** **21**  
**Happy B’day Yvonne M!**  
 10:30 Sit and Be Fit  
 11:00 Name 5  
**2:00 Entertainer – Terry Mulhauser**  
 3:00-4:30 One on One Visits

**(K)** **22**  
**10:30 BINGO**  
 1:30 “Would You Rather” Day: 25 Question Game  
 2:00 Ice Cream Sundae Shoppe  
**3:30 Paint the Town Manicure’s**

**(K)** **23**  
**10:30 Sunday Mass**  
 11:00 “I’m Thankful For”  
 1:30 “As Time Goes By” Day: Casablanca Music and Movie  
 2:30 Jelly Donut & Coffee Soire  
 3:00 Knitt Me a Scarf

**(M)(C)** **24**  
 10:30 Dance with Me  
 11:00 The Grimm Brothers Fairy Tales Trivia  
**2:00 Entertainer – Steve Banyas**  
 3:30 Crochet Club

**(A)** **25**  
**Happy B’day Beatrice F. & Melissa B!**  
**10:30 BINGO**  
 1:30-3:00 Heritage Fashion Show  
 3:30 Relax and Refresh Social Hour

**(A)** **26**  
 10:30 Moving & Grooving  
**11:00 Resident Council Minutes Meeting**  
**2:00 Entertainer – Lori Ann Wilber**  
 3:30 Easy Listening and Relaxation Activities

**(A)** **27**  
**Happy B’day Henry E!**  
 10:30 “What You Got Cooking” Waffles & Syrup  
**1:30 Chapel Service**  
**2:30 Monthly Birthday Party with Music**

**(K)(C)** **28**  
 10:30 Mindful Breathing & Easy Stretching  
 11:00 Coffee and Conversation  
 1:30 Wedding Trends Day: Reminisce Your Day  
 2:00 Tie the Knot: Famous Couples Game

Ramadan Begins

**M-Margaret**  
**K-Kim**  
**C-Charlie**  
**A- All Therapists**  
**Tel.315-413-3044**

Activities Are Subject to Change