

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00-12:00 Friendly Dog Visit Shavuot Begins	1 (A) 10:30 Dance Along Gal 11:00 June Monthly Gazette 2:00 Entertainer: Blaire Frodelius 3:30 Rocky Road Day: DIY Rocky Road Ice Cream Social	2 (A) 10:30-11:30 BINGO 1:30 Small Groups & One-on-One 2:30 Patio Relaxation w/Music 2:00 – 4:00 Outing 	3 (A) 10:30 – 11:30 Tending Our Garden Stroll with Music 1:30 Small Groups 2:30 Entertainer: Oak Grove United Methodist Choir 3:30 Small Talk	4 (A) 10:30 “Elvis the Pelvis” Day - Slide Show 11:00 Elvis Songs 1:30 Chapel Service 2:30 Craft Corner: Paint your own “Suncatchers” 3:30 Pictures with Elvis at The Heritage	5 (C)(M) 10:30 Sun & Fun 11:00 June IQ 2:00 Entertainer: Megan’s Melodies 3:00 Sweet Treat 3:30 Rummy Club 	6 (K) 10:30 Chapel Service 11:00 “I Am Thankful For” Tea and Talk 2:00-3:00 BINGO 3:15 Tabletop Puzzles and Games 3:30 Chips & Dip Social Hour
Unit Activity	8 (A) 10:30 Sensory Garden Exercise 11:00 June Trivia Fun 1:30 Small Groups & One-on-One 2:30 Garden Walk: Name That Flower 2:00 – 4:00 Outing	9 (A) 10:30-11:30 BINGO 2:00 Entertainer: Deb & John Puma 3:00 Cucumber Tea Sandwiches 3:30 Men’s Club Billiards/Women’s Shuffleboard Club	10 (A) Happy B’day Gracie A! 10:30 Rock & Walk 11:00 This & That: Days of June 2:00 Grace 100 Birthday Party w/Larry Serafini 3:30 Crochet Club	11 (A) 10:30 – 11:00 Bake with Us: Peanut Butter Cookie 1:30 Chapel Service 2:30 Cookie Social w/Music 3:30 Craft Corner: Gnome Sweet Gnome Door Decor	12 (K)(C) 10:30-11:00 Walking on Sunshine Courtyard Walk 1:30 Basketball, Shuffleboard, and Air Hockey! Oh My!! 2:30 Pick Your Flavor Cotton Candy	13 (M) 10:30 Chapel Service 11:00 Flag Day True or False? 2:00-3:00 BINGO 3:30 Father’s Day Ice Cream Social with Music Flag Day (U.S.)
15  Father’s Day	16 (A) 10:30 Music & Movement 11:00 Mind Stretchers 2:00 Entertainer: Gary LaVancher 3:00 Sweet Treat 3:30 Colorful Nails 	17 (A) 10:30-11:30 BINGO 2:00 Around the Campfire: Team Campfire Cookoff 3:00 Cookoff Contest 3:30 Campfire Music and Relaxation	18 (A) 10:30 Noodle Balloon 11:00 What’s Wrong Here? 2:00 Entertainer: John Vona 3:00 Wacky French Fry Social: DIY Chili Cheese or Taco Fries 3:30 Secret Rose Quote	19 (A)  Juneteenth	20 (K)(M) Happy B’day Joyce G! 10:30 Moving to the Oldies 11:00 Summer Songs 1:30 Let’s Reminisce! Tending Flowers 2:30 Make Your Own Ice Cream Sundae 3:30 Stained Glass Activity Summer Begins	21 (C) 10:30 Chapel Service 11:00 Bridging Memories Trivia 2:00-3:00 BINGO 3:30 Doggie Day Care 
Unit Activity	22 (A) 10:30 Fit & Trim 11:00 Resident Council Minutes 2:00 Entertainer: Bob Lyna 3:00 Mixing Up Fruit Parfaits 3:30 Rummy Club/Puzzle Mania	23 (A) 10:30-11:30 BINGO 1:30 Small Groups & One-on-One 2:00 – 4:00 Outing 	24 (A) 10:30 Mindful Movement 11:00 Do You Know These Abbreviations? Game 1:30 Craft Corner: Woodland Garden Stakes 2:30 Weather Month: “Chasing Rainbows” Grilled Cheese 3:30 TV Show Time	25 (A) 10:30 Patio Beach Ball 11:00 Relax with Music 1:30 Chapel Service 2:30 Monthly Birthday Party with Music 3:30 Courtyard “Dog Park” Walk with Loki	26 (C)(M) 10:30 Easy Patio Stretches 11:00 Onion Day- a- Peeling Layers: Onions IQ 2:00 Entertainer: Lori Ann Wilber 3:00 Chips & Onion Dip 	27 (K) 10:30 Chapel Service 11:00 Coffee & Conversation 2:00-3:00 BINGO 3:15 Blind Taste Test Sensory Activity 3:30 Color Me Relaxed: Coloring & Painting
Unit Activity	29 (A) 10:30 Gentle Stretches 11:00 Associations 2:00 Entertainer: Terry Mulhauser 3:00 “Skewer A Fruit” Kabobs 	30 (A) 10:30 Gentle Stretches 11:00 Associations 2:00 Entertainer: Terry Mulhauser 3:00 “Skewer A Fruit” Kabobs 	M-Margaret K-Kim C-Charlie A-All Therapists <h1>June 2025</h1> The Heritage 750 East Brighton Ave., Syracuse, NY. 13205 Recreation Telephone Number 315-413-3044			

Activities Are Subject to Change