

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2025

The Heritage 750 East Brighton Ave. Syracuse NY. 13205

(M) **Happy B'day Barbara F!**
10:30 Saturday Mass
2:00 BINGO
 3:00 Friendship Café
 3:30 Craft Corner – Yarn
 Dog Activity

<p>Happy B'day Joyce U! 2 (C)(M) Unit Activity 10:30 Easy Stretching 11:00 March IQ 2:00 Entertainer – Greg Hoover 3:30 Arcade Game Hour: Shoot Some Hoops</p>	<p>3 (C)(M) Happy B'day Rose C! 10:30 BINGO 2:00 Fat Tuesday Mardi Gras Game 2:30 Mardi Gras Party 3:30 Table Game Mardi Gras</p>	<p>4 (C)(M) Happy B'day Tom S! 10:30 Easy Yoga 11:00 March Trivia Fun 1:30 Chapel Service 2:30 "I love Lucy" Show 3:30 Crochet Club/ Rummy Club</p>	<p>5 (A) 10:30 Food for Thought – The Oreo Cookies 11:00 Interesting Tidbits about Oreos 1:30 Oreo & Coffee 2:30 Craft Corner – Hieroglyphic Name Plate</p>	<p>6 (K)(M) 10:30 Armchair Fitness 11:00 Sing Along 2:00 Entertainer – Jennifer Horstman 3:00 Ice Cream for All 3:30 Crochet Club/ Rummy Club</p>	<p>7 (C) 8 10:30 Saturday Mass 11:00 March Trivia 2:00 BINGO 3:00 Doggie Day Care 3:30 Sweet Treat </p>
<p>9 (A) Unit Activity 10:30 Moving & Grooving 11:00 Brain Crunches 1:30 Book Nook Book Club 2:30 iN2L Games and Trivia Hour 3:00 Relax and Refresh Daylight Saving Time Begins</p>	<p>10 (A) 11 Happy B'day Rosalie S! 10:30 BINGO 2:00 Entertainer – Deb & John Puma 3:30 Food & Geography </p>	<p>12 (A) Happy B'day Bonnie H! 10:30 Balloon Volleyball 11:00 Random Trivia 2:00 Entertainer - Blair Frodelius 3:30 Crochet Club/Rummy Club</p>	<p>13 (A) 14 10:30 Bake with Us- Jello Cookies 1:30 Chapel Service 2:30 Happy Birthday, Neil Sedaka – Name That Song 3:00 Craft Corner- Butterfly Catch All <small>Purim Begins</small></p>	<p>15 (M)(C) 16 Happy B'day Diane J! 10:30 Easy Stretches 11:00 Jam Band Musical Instruments 1:30 Craft Corner – Garland O' Shamrocks</p>	<p>17 (K) 18 10:30 Saturday Mass 11:00 "Thankful" Prayer 2:00-3:00 BINGO 3:00 Mindful Music & Relaxation 3:30 Paws for Positivity</p>
<p>19 (A) 20 Happy B'day Kathleen D. 10:30 Resistance Fitness 11:00 Truth or Blarney 2:00 Entertainer- John Vona 3:00 Crunchy Rolo Treats St. Patrick's Day</p>	<p>21 (A) 22 10:30 BINGO 1:30 Do You Remember Tom Jones? 2:00-3:00 Craft Corner – Bluebird Door Décor 3:00 Ice Cream Sundae Social</p>	<p>23 (A) 24 10:30 Chair Yoga Dancing 11:00 Springtime Secret Message 2:00 Entertainer- Jerry Cali 3:30 Name That American City</p>	<p>25 (A) 26 10:30-11:00 Helping Hands – Spring Cleaning 1:30 Chapel Service 2:30 Spring Manicure Day 3:30 Crochet Club/ Rummy Club <small>Spring Begins</small></p>	<p>27 (K)(C) 28 29 10:30 Easy Movement 11:00 Fact of Fake 1:30 "Melts in Your Mouth, Not in Your Hand" Day 2:30 M&M commercials 3:30 Tabletop Games</p>	<p>30 (M) 31 Happy B'day Barbara C! 10:30 Yoga Flexibility 11:00 Flex Your Brain 2:00 Entertainer- Howie Bartollo 3:30 World of Opposites Trivia Game</p>
<p>32 (A) 33 Happy B'day Barbara C! 10:30 Yoga Flexibility 11:00 Flex Your Brain 2:00 Entertainer- Howie Bartollo 3:30 World of Opposites Trivia Game</p>	<p>34 (A) 35 10:30 BINGO 1:30 Showtime: Doris Day Show 2:00-3:00 Craft Corner – Scrap Booking Cookbook 3:15 Crochet Club/ Rummy Club</p>	<p>36 (A) 37 10:30 Armchair Fitness 11:00 Resident Council Minutes 2:00 Entertainer- Lori Ann Wilber 3:30 Do You Know? Color Appreciation</p>	<p>38 (A) 39 10:30 Bake with Us – Pineapple Upside Down Cake 1:30 Chapel Service 2:30 Monthly Birthday Party with Music 3:30 Crochet Club/Puzzle</p>	<p>40 (M)(K) 41 42 Happy B'day Donna L! 10:30 Gentle Stretch 11:00 Modern Jeopardy 1:30 Happy Birthday Reba McEntire Playlist 2:00 Reba's Favorite Dessert Social</p>	<p>43 (C) 44 10:30 Saturday Mass 11:00 Let's Talk – Walmart Day 2:00 BINGO 3:00 Doris Day – Show Time 3:30 Rummy Club</p>
<p>45 (A) 46 Happy B'day Hankie D! 10:30 Balloon Bop 11:00 Sing and Relax 2:00 Entertainer- Terry Mulhauser 3:30 Test Your Knowledge State Abbreviations</p>	<p> M= Margaret K= Kim C= Charlie A= All Therapists Recreation Department Tel. 315-413-3044</p>				<p> St. Patrick's Day</p>

Activities Are Subject to Change