

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

M=Margaret K=Kim C=Charlie Recreation Tel.315-413-3044

May 2025

The Heritage 750 East Brighton Ave. Syracuse, NY. 13205

				<p>(A) 10:30 Bake With Us: Vanilla Pudding Cookies 1:30 Chapel Service 2:30 Cookie Social with Doo Wop 3:00 Plant Appreciation: Indoor Grow Bed 3:30 Craft Corner – Jiffy Maraca May Day</p>	<p>(K)(C) 2 10:30 Yoga Shuffle 11:00 May IQ 12:30 – 1:30 Floor by Floor: Small Groups 2:00 – 4:30 Outing</p> 	<p>(M) 3 10:30 Saturday Mass 11:00 “Run for the Roses” 2:00 – 3:00 BINGO 3:00 Art & Craft Corner- Fancy Hat 3:30 Rummy Club</p>
<p>Unit Activity</p>	<p>4 (A) Happy B’d day Sue S! 10:30 Balloon Volleyball 11:00 Cinco de Mayo: Match the Clues 1:30 Small Group Activity 3:00 Crochet Club 2:00- 4:00 Outing</p> <p>Cinco de Mayo</p>	<p>5 (A) 10:30 – 11:30 BINGO 2:00 Entertainment: Jenifer Horstman 3:00 National Teacher Day - 25 Inspirational Quotes for Teachers</p> 	<p>6 (A) Happy B’d day Mary M! 10:30 Chair Fitness 11:00 Random Trivia 1:30 Nail Spa Day 2:00 Heart Warming Funny Movie 3:00 Chocolate Chip Cookie for All</p>	<p>7 (A) 10:30 Coca-Cola’s Coolest Experiments 11:00 Mom-a-Day Jokes 1:30 Chapel Service 2:30 Doris Day Show 3:00 Craft Corner - Pretty Paper Roses</p>	<p>8 (M)(K) 9 10:30 Moving to the Oldies 11:00 Monthly Gazette 2:00 Entertainer: Greg Hoover 3:00 Chocolate Parfait 3:30 Craft Corner: Tissue Paper Catch All Trays</p> 	<p>10 (C) 10:30 Saturday Mass 2:00 – 3:00 BINGO 3:00 Mother’s Day Social with Music</p>
<p>Happy B’d day Rubie S! & Daon M!</p>  <p>Happy Mother’s Day!</p> <p>Mother’s Day National Skill Nursing Care Week</p>	<p>11 (A) 10:30 Musical Stretches 11:00 Name That Song 1:30 Small Group Activity 2:30 Music Hour 2:00-4:00 Outing</p> 	<p>12 (A) 10:30 – 11:30 BINGO 2:00 Entertainer: Deb & John Puma 3:00 Chip & Dip Social 3:30 Color Relaxation & Rummy Club</p>	<p>13 (A) 10:30 Move with Me 11:00 May Trivia 1:30 Smile! It’s Photo Month 2:00 Strike a Pose: Funny Photos 3:30 Laugh with Lucille Ball Show</p> 	<p>14 (A) 10:30 – 11:30 Celebrate Salad Month – Making the Perfect Salad 1:30 Chapel Service 2:30 Social Hour with Music 3:00 Art Club – Butterfly Painting</p>	<p>15 (C)(M) 16 10:30 Yoga Dance 11:00 Jam Band 2:00 Entertainment: Lori Ann Wilber 3:30 Crochet & Knitting Club</p>	<p>17 (K) 10:30 Saturday Mass 11:00 Would You Rather? 2:00 – 3:00 BINGO 3:30 Tea & Cookies Social 4:00 Color Relaxation & Puzzle Mania</p> <p>Armed Forces Day</p>
<p>Unit Activity</p>	<p>18 (A) 10:30 Yoga Flex 11:00 Resident Council Minutes 2:00 Entertainer: Howie Bartolo 3:00 Stimulate Your Senses 3:30 Rummy Club</p> <p>Victoria Day (Canada)</p>	<p>19 (A) 10:30 – 11:30 BINGO 1:30 Small Group Activity 2:30 Sweet Treat 3:30 Crochet Club 2:00-4:00 Outing</p> 	<p>20 (A) 10:30 Moving & Grooving 11 :00 Random Trivia 2:00 Entertainer: John Vona 3:00 Strawberry Parfait 3:30 Paint Me Pretty</p> 	<p>21 (A) Happy B’d day Jill Z! 10:30 Summer Garden Salad on the Patio 1:30 Chapel Service 2:00 Relax & Refresh: Summer Garden Salad 3:00 Art Corner – Coloring Flowers</p>	<p>22 (K)(C) 23 10:30 Gentle Flow Movement 11:00 Name That Song 1:30 Ice Cream Sundaes 2:00 Movie Matinee: Singing in the Rain 2:30-4:30 Craft Corner: Stained Glass Window Art</p>	<p>24 (M) Happy B’d day Madeline! 10:30 Saturday Mass 11:00 Barbecue & Backyard Games Trivia 2:00 – 3:00 BINGO 3:00 Social Hour with Music</p>
<p>Unit Activity</p>  <p>MEMORIAL DAY</p> <p>REMEMBER AND HONOR</p> <p>Memorial Day</p>	<p>25 (A) 10:30 BINGO 1:30 Small Group Patio Relaxation 2:30 Ice Cream Social 2:00-4:00 Outing</p> 	<p>26 (A) 10:30 Patio Exercise 11:00 Relax with Music 2:00 Entertainer: Jerry Cali 3:00 Donut Hole Snack Hour 3:30 Name that City</p>	<p>27 (A) 10:30 -11:30 Garden Walk & Patio Relaxation 1:30 Chapel Service 2:30 Monthly Birthday Party with Music 3:30 Crochet Club/Art Corner -Bracelet</p>	<p>28 (M)(K) 29 Happy B’d day Milton N! 10:30 Sit and Be Fit 11:00 Trivia Fun 2:00Entertainer: Terry Mulhauser 3:00 Cheese & Crackers 3:30 One-On-One Visits</p>	<p>30 (C) 10:30 Saturday Mass 2:00 BINGO 3:00 Doggie Day Care</p> 	

Activity Are Subject to Change