

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2022

Daily updated programs will be posted on the whiteboard by the dining room.

Happy New Years!! 1
No in person recreation programs offered

New Year's Day

11:00 Catholic Mass in the Independent Living TV Meeting Room with the Catholic Diocese Priests
1:15 Games with Andrew
2:00 Movie Matinee

9:15 Holy Rosary with Joe
10:00 Exercise with Cammy in the Community Room
10:30 Bocce with Cammy
2:00 Adult Coloring with Cammy
3:00 Jilassa Vellake Performance
7:00 Movie showing

10:00 Exercise with Cammy
10:30 Cranium Trivia with Cammy
1:30 Ecumenical Services in the IL TV Meeting Room
3:00 Pictionary with Cammy
6:15 Snakes & Ladders with Shannon

9:15 Holy Rosary with Joe
10:00 Exercise with Cammy in the Community Room
10:30 Morning Massages & Piano Notes with Cammy & Donna
1:30 Wellness Wednesday: Ladder Ball
3:00 Flower Arranging
3:15 Walk, Stretch & Balance

10:00 Exercise with Cammy in the Community Room
10:30 What does your Zodiac sign say about you? with Cammy
2:30 *Putting the Past in order with Cammy
3:30 Farmers Almac & Home Remedies with Cammy

10:00 Exercise with Cammy in the Community Room
10:30 Fun with Cammy
2:30 January Birthday Celebration in the Community Room

9:45 Exercise with Shannon
1:15 Reverse Charades with Shannon

11:00 Catholic Mass in the Independent Living TV Meeting Room with the Catholic Diocese Priests
1:15 Games with Andrew
2:00 Movie Matinee
3:00 Symphoria in the IL

9:15 Holy Rosary with Joe
10:00 Exercise with Cammy in the Community Room
10:30 Bucket Ball with Cammy
2:30 Winter Happy Hour with Cammy
7:00 Movie Showing

10:00 Exercise with Cammy in the Community Room
10:30 Jeopardy with Cammy
1:30 Ecumenical Services in the IL TV Meeting Room
3:00 Listening to Old Elvis Songs
6:15 Get to Know Jade with Jade & Shannon
7:00 Mike Romano & Friends Concert in the IL

9:15 Holy Rosary with Joe
10:00 Exercise with Cammy in the Community Room
10:30 Dining Committee Meeting
1:30 Wellness Wednesday: Balloon Volley
3:00 Flower Arranging with Cammy
3:15 Walk, Stretch & Balance with Cammy

10:00 Exercise with Andrew in the Community Room
10:30 Boggle with Andrew
11:00 James Dewitt Library Visit
2:30 Arm Chair Travels to Lisbon with Kara
3:30 Penny Pitch with Andrew

10:00 Exercise with Andrew in the Community Room
10:30 Trivia with Andrew
2:30 Balloon Tennis with Andrew
3:30 Bingo with Andrew

9:45 Exercise with Cammy

11:00 Catholic Mass in the Independent Living TV Meeting Room with the Catholic Diocese Priests
1:15 Lucky Hoops with Cammy
2:00 Movie Matinee

9:15 Holy Rosary with Joe
10:00 Exercise with Cammy in the Community Room
10:30 Honoring Martin Luther King Jr with Cammy
2:30 Blaire Frodelius Concert
3:30 Winter Craft with Cammy
7:00 Selma Movie in the TV Room

Martin Luther King Jr. Day

10:00 Exercise with Cammy in the Community Room
10:30 Can you Picture this? With Cammy
1:30 Ecumenical Services in the IL TV Meeting Room
3:30 Adult Coloring Pages with Cammy
6:15 Knock Out with Shannon
7:00 History & Cultural Presentation in the IL

9:15 Holy Rosary with Joe
10:00 Exercise with Cammy in the Community Room
10:30 Morning Manicures & Piano Notes with Cammy & Donna
1:30 Wellness Wednesday: Corn Hole
2:30 Resident Council Meeting
3:30 Flower Arranging with Cammy
3:45 Walk, Stretch & Balance with Cammy

10:00 Exercise with Cammy
10:30 Reminiscing with Cammy
2:00 Drums with Jimbo in the Sun Room
3:30 Bingo with Cammy

10:00 Exercise with Cammy in the Community Room
10:30 Wheel of fortune with Cammy
1:30 Buffalo Chips Acapella in the MC
2:30 Happiest of Hours Social with Cammy in the Community Room

9:45 Exercise with Andrew
1:15 Poker with Andrew

11:00 Catholic Mass in the Independent Living TV Meeting Room with the Catholic Diocese Priests
1:15 Games with Andrew
2:00 Movie Matinee

Activity Professionals Week

Welcome Becky!
10:00 Exercise with Cammy in the Community Room
10:30 Mini Golf with Cammy
2:30 Winter Word Mining
3:30 Guided meditation with Cammy
7:00 Movie Showing

10:00 Exercise with Cammy in the Community Room
10:30 Zambarian Safari Travelogue with Cammy
1:30 Ecumenical Services in the IL TV Meeting Room
3:00 Tom Reitano Piano Concert
6:15 Roulette with Shannon

9:15 Holy Rosary with Joe
10:00 Exercise with Cammy in the Community Room
10:30 Morning Massages & Piano Notes with Cammy & Donna
1:30 Wellness Wednesday: Golf
3:00 Flower Arranging with Cammy
3:15 Walk, Stretch & Balance with Cammy

Australia Day (observed)

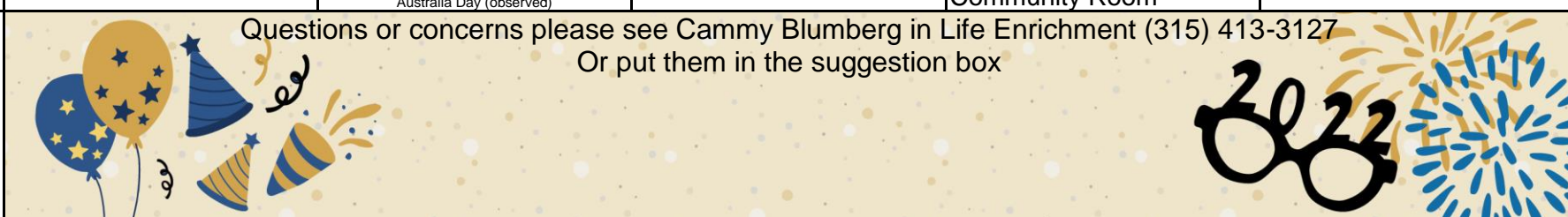
10:00 Exercise with Cammy in the Community Room
10:30 Famous Faces with Cammy
2:00 Museum of Science Presentation: Tales & Tails with Matt
3:30 Lifestories with Cammy

10:00 Exercise with Cammy in the Community Room
10:30 Taboo with Cammy
2:30 Happiest of Hours Social with Cammy in the Community Room

9:45 Exercise with Shannon & Jade
1:15 Fun with Shannon & Jade

11:00 Catholic Mass in the Independent Living TV Meeting Room with the Catholic Diocese Priests
1:15 Games with Andrew
2:00 Movie Matinee

10:00 Exercise with Cammy in the Community Room
10:30 Bowling with Cammy
2:30 Boggle with Cammy
3:30 Pass the Drawing with Cammy
7:00 Movie Showing



Questions or concerns please see Cammy Blumberg in Life Enrichment (315) 413-3127
Or put them in the suggestion box