

Sunday

Monday

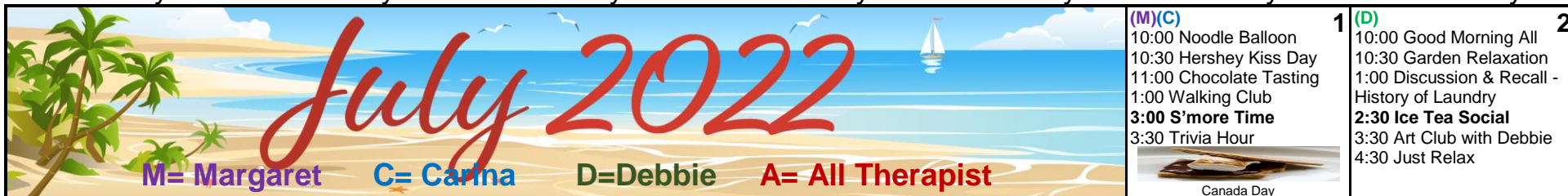
Tuesday

Wednesday


Thursday

Friday

Saturday



(D) 3
Happy B'day John W!
10:00 News & Views
10:30 Patio Relaxation
1:00 Mystery Thing – What Am I?
2:30 Sweet Treat
3:30 Art with Debbie
4:30 Friendly Talk

(M)(C) 4
10:00 Yoga with Carina
11:00 Patriotic Trivia
2:00 Entertainment:
Lori Ann Wilber
3:00 Festive Treat
3:30 Firework Art

Independence Day (US)

(A) 5
10:00 Oldies but Goodies
10:30 Carnival Bingo
1:00 Courtyard Walk
2:30 Peachy Keen Day
3:00 James and the Giant Peach Movie
4:30 Relax with Music

(A) 6
10:00 Chair Dancing
11:00 Drum Circle Music
1:00 Sing Along
2:00 Entertainment:
Larry Serafini
3:00 Can You Guess – Who Am I?
4:00 Walking & Talking

(A) 7
10:00 Lucky 7 Day
10:30 Facts about the Number 7
11:00 Our Favorite Songs
1:30 Catholic Chapel Service
2:30 Courtyard Chat – Moon Garden

(D) 8
10:00 Balloon Volleyball
11:00 July IQ
1:00 One-On-One Visits
2:00 Ice Cream for All
3:00 Patio Relaxation
4:30 Music Appreciation


(M)(C) 9
10:00 Good Morning All
10:30 Flag Ceremony with Legion Riders from Cicero
1:00 Walking & Talking
2:00 Entertainment:
Greg Hoover
3:30 Rock Around the Clock Party

(M)(C) 10
10:00 Don't Step on a Bee
10:30 Bee-Friendly Flowers
11:00 Facts about Honeybees
1:30 Patio Fun Games
3:00 Friendship Café
3:30 Show Time
4:30 Friendly Talk

(D) 11
10:00 Patio Easy Exercise
11:00 Our Favorite Songs
1:00 Remembering Lemonade Stands -All Floors
2:30 Iced Tea for All
3:30 One-On-One Visits
4:30 Music for All

(A) 12
10:00 The Best of 70's
10:30 Carnival Bingo
1:00 Visit Our Chicken
2:30 Family Feud Day
3:30 Summer Songs - Dance Along
4:30 Just Relax


(A) 13
10:00 Balloon Volleyball
10:30 Full Buck Moon
11:00 Moon Dancing
2:00 Entertainment:
Dan Cleveland
3:00 Super Moon Pie
3:30 Rummy Club


(A) 14
10:00 Face on Mars Day
10:30 Solve the NASA Puzzle
1:30 Catholic Chapel Service
2:30 White Chocolate Red Velvet Cookies Social
3:30 Color by Number

(M)(C) 15
Happy B'day Paula M!
10:00 Balloon Baseball
10:30 57 Baseball Players
11:00 Take Me Out to the Ball Game
1:30 Patio Relaxation
2:30 Christmas in July Day-Discussion

(D) 16
10:00 Morning Visits
10:30 Garden Relaxation
11:00 Our Songs
1:00 Tell Me a Story – All Floors
2:30 Sweet Treat
3:30 One-On-One Visits
4:30 Relax with Music

(D) 17
10:00 Trivia Ball
11:00 Favorite 50's
1:00 Table Games – All Floors
2:30 Friendship Café
3:30 Craft Club w/Debbie


(M)(C) 18
10:00 Yoga with Carina
10:30 National Zookeeper Week
11:00 Take a Trip to Zoo
1:00 Afternoon Stroll
2:00 Entertainment:
Greg Jenkins
4:00 Lucky Animal for You

(A) 19
Happy B'day Elaine F!
10:00 Best of Dean Martin
10:30 Carnival Bingo
1:00 Walk & Talk
2:00 Entertainment:
Bruce On Piano
3:30 Foreign Language Day
4:00 Small Visits


(A) 20
10:00 Armchair Fitness
11:00 Hot Dog Facts
BBQ Day at Heritage with Fun & Games

(A) 21
10:00 Robin Williams Trivia
11:00 Name That Tune
1:30 Catholic Chapel Service
2:30 Movie Matinee – "Mrs. Doubtfire"
3:30 Heritage Puzzle Mania
4:30 Relax with Music

(M)(D) 22
10:00 Morning Warm-Up
10:30 Health Benefits of Garlic
11:00 Sing with Me
1:00 Small Talk
2:00 Entertainment:
Terry Mulhauser
3:30 Mind Stretchers

(C) 23
10:00 Lighthouse Facts
10:30 Color the Lighthouse
11:00 Favorite Music Videos
1:00 Make Some Noise
1:30 Movie Time
3:00 Sharing Memories
3:30 Relax and Unwind

(C) 24
10:00 Morning Meditation
10:30 Name 10
11:30 Best of Elvis
1:00 Courtyard Garden
1:30 Self-Care Talk
2:00 Getting to Know You
3:00 Social Hour with Games

(M)(D) 25
10:00 Gentle Stretches
10:30 Blue Expressions
11:00 7 Delicious Blue Fruits
2:00 Entertainment:
Blair Frodelius
3:00 Martin and Lewis Day
4:00 Walk and Talk

(A) 26
10:30 Carnival Bingo
11:00 Resident Council Minutes
1:00 Afternoon Stroll
2:00 Courtyard Trivia Fun
3:00 Men's Club with Brian, Josh & James
3:30 Table Games

(A) 27
10:00 Noodle Balloon
11:00 Potato Facts and Trivia
1:00 Small Visits
2:00 Entertainment:
Lori Ann Wilber
3:00 Potato Chips Tasting
3:30 Brain Drain

(A) 28
10:00 National Chocolate Milk Day
10:30 Facts and Trivia
11:00 Sing with Me
1:30 Catholic Chapel Service
2:30 July Birthday Party
3:30 Rummy Club

(C)(D) 29
10:00 Yoga with Carina
11:00 Jeopardy Time
1:00 Just Relax
2:00 Entertainment:
Bob Lyna
3:00 Joggin' Your Noggin'
3:30 Small Group - Paper Flowers Craft

(M) 30
10:00 The Daily Chronicle
10:30 Happy Birthday Paul Anka
11:00 Facts About Paul
1:00 Afternoon Relax
2:00 Entertainment
Steve Banyas
3:30 Travel to Bulgaria

(M) 31
10:00 Toss & Catch
10:30 Mitch Miller History
11:00 Sing Along w/ Mitch Miller
1:00 Walking Club
2:30 Afternoon Social with Music
3:30 Pretty Nails



Activities Are Subject to Change