

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Recreation Department Tel. 315-413-3044 	(A) 10:30 Music and Movement 11:00 Monthly Gazette 1:30 Craft Corner: Cupcake Liners in Bloom 3:00 Cupcake Social with Music 3:30 Shuffleboard	(A) 11:00 VA Centenarian Program Honor Fred Wheeler 2:00 Entertainer: John Vona 3:00 Italian Day: Spumoni & Italian Cookies 3:30 Fun Facts About Italy	(A) 10:30 -11:30 BINGO 1:30 Garden Club 2:30 Craft Corner: Easy Towel Origami 3:30 Engelbert Humperdinck "King of Romance" 4:00 One-On-One Visits	(A) 10:30 - 11:30 Bake Shop: Warm Blueberry Cheesecake Dip 1:30 Chapel Service 2:30 Blueberry Cheesecake Dip Social 3:00 - Entertainer: Howie Bartolo	(M) 10:30 Yoga Dance 11:00 Where Am I? 2:00 - Entertainer: Greg Hoover 3:00 Donut Day: Cinnamon Sugar Donut Holes 3:30 Crochet Club/Table Games	(K) (10am - 3pm) 10:30 Chapel Service 11:00 Do You Know the Spiritual Songs & Hymns 1:30-2:30 BINGO 
7 Unit Activity	(A) 10:30 Fit and Trim 11:00 Musical Hangman 1:30-3:00 Unit Activities 3:00-4:30 Small Group Activities with Refreshments	(A) 10:30 -11:00 BINGO 1:00 Rock & Stroll 2:00 - Entertainer: Deb & John Puma 3:00 "Think About It" Cranium Crunches 3:30 Lemonade Social	(A) 10:30 Noodle Balloon 11:00 Random Trivia 1:00-3:00 ReUnited Volunteer Activities - Ice Cream Bar: Make Your Own Sundae - Table Top Games & Crafts	(A) Happy B'day Grace A! 10:30 - 11:30 Patio Relaxation & Garden Walk 1:30 Chapel Service 2:30 Happy 101st Birthday GRACE 3:30 Relax with Music & Table Game	(K) 10:30 Easy Yoga 11:00 World Red Rose Day: Rose Facts Galore 2:00 - Entertainer: Larry Serafini and Son 3:00 Spring into Summer: Summer Fruit Un-Kabobs	(M) 10:30 Chapel Service 11:00 Sing with Me 1:00-2:00 Patio Relaxation 2:30-3:30 BINGO 4:00 Small Group Activity 
14 Unit Activity <small>Flag Day (U.S.)</small>	(A) 10:30 Gentle Flow Movement 11:00 Name That Song 2:00 - Entertainer: Bob Lyna 3:30 Rummy Club/Colorful Nails	(A) 10:30-11:00 BINGO 1:30-3:00 Unit Activities 3:00-4:30 Crochet Club & Miscellaneous Activity Hour 	(A) 10:30 "Campground" Set Up 1:30-2:30 National Camping Month: Campfire Songs 3:00 S'mores Galore Social Hour 3:30 Camping Essentials - Do's and Don'ts	(A) 10:30-11:30 Bake Shop: Applesauce Snack Cake 1:30 Chapel Service 2:30 Courtyard Garden Stroll 3:00 Patio Picnic: Applesauce Cake A la mode	(M)  Juneteenth	(K) 10:30 Chapel Service 11:00 "I Am Thankful" Reflection Prayer 2:00-3:00 BINGO 3:30 Father's Day Celebration: Chocolate & Caramel Beignets 4:00 Puzzles & Tabletop Activities
21 Unit Activity  <small>Father's Day Summer Begins</small>	(A) 10:30 Chair Fitness 11:00 Mind Stretchers 2:00 - Entertainer: Blair Frodelius 3:00 Chips & Dip 3:30 Craft Corner - Flower Door Decoration 	(A) 10:30 -11:00 BINGO 1:30 Outdoor Gardening and Patio Relaxation 3:00 Iced Tea Social 3:30 Art & Aromatherapy: Calm Coloring and Peaceful Painting	(A) 10:30 Easy Yoga Stretches 11:00 Do You Know These Abbreviations? Game 2:00 - Entertainer: Gary LaVancher 3:00 Jell-O Fruit Fluff Salad 3:30 Puzzle Mania	(A) 10:30 Patio Balloon Bop 11:00 Resident Council Meeting 1:30 - Chapel Service 2:30 - Monthly Birthday Party with Music 3:30 Paint by Number	(K) 10:30 Yoga Vista 11:00 Finish the Lyrics 2:00 - Entertainer: Terry Mulhauser 3:00 Tea & Cookies Social Hour 3:30 iN2L Family Feud	(M) 10:30 Chapel Service 11:00 Hangman 1:00-2:00 Patio Relaxation 2:30-3:30 BINGO 4:00 Table Talk 
Happy B'day Jim H! 28 Unit Activity 	(A) 10:30 Chair Dancing 11:00 Singers Note 2:00 - Entertainer: Lori Ann Wilber 3:00 Cookie Time 3:30 Crochet Club	(A) 10:30-11:00 BINGO 1:30-3:00 Unit Activities 3:30- 4:30 Small Group Activity with Sweet Treat 	M= Margaret K= Kim A= All Therapists <h1>June 2026</h1> The Heritage 750 East Brighton Ave. Syracuse NY. 12305 			

***Outdoor Activities Are Weather Permitting * Activities Are Subject to Change * All Beverages Are Non- Alcoholic ***

