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<p>Our person-centered philosophy in TR emphasizes the importance of the rhythm of our residents' daily routines. AM and PM programming allows us to provide services that best fit this way of scheduling, rather than set times throughout each day.</p> <p>Green=Cognitive, Orange=Physical, Pink=Social, Blue=Emotional/Creative, Purple=Spiritual</p>						
<p>6</p> <p>AM: Coffee and Conversation AM: Morning Exercise (LG) AM: Sunday Sport: Horseshoes (LG) PM: National "Applesauce Cake Day" (K) PM: Applesauce Cake Social (DR) PM: Pet Visits PM: Sunday Night at The Movies (LG)</p> 	<p>7</p> <p>AM: Morning Exercise (LG) AM: Memory Lane: Matching Mania (LG) PM: Monday Massages and Manicures PM: Monday Music and Movement (LG) PM: 1:1 Visits PM: Evening Stretch with Nursing PM: Music Hour with Nursing</p> 	<p>8</p> <p>AM: Morning Exercise (LG) AM: Music Trivia (LG) PM: Flute Performance by Howie Bartolo @ 2:00 on the Patio! PM: Poker Pitch (LG) PM: Evening Stroll with Nursing PM: Music Hour with Nursing</p> 	<p>9</p> <p>AM: Morning Exercise (LG) AM: Jamaica Travelogue (LG) PM: Wellness Wednesday: Meditation (LG) PM: Culinary Creations: Making Waldorf Salad (K) PM: Walking Club Wednesday PM: Table Games (LG)</p> 	<p>10</p> <p>AM: Morning Exercise (LG) AM: Gardening Club (FG) PM: Thinking Thursday: Wheel of Fortune PM: Theater Thursday: Judy in celebration of Judy Garland's Birthday! PM: Kayla's Last Day: Social and Final Goodbye</p> 	<p>11</p> <p>AM: Morning Exercise (LG) AM: Famous June Birthdays (LG) PM: Sing-A-Long (LG) PM: You Be the Judge (LG) PM: 1:1 Visits PM: Evening Stretch with Nursing PM: Music Hour with Nursing</p> 	<p>12</p> <p>AM: Coffee and Conversation AM: Morning Exercise (LG) AM: Prayer Group (FG) PM: Happy Hour (DR) PM: Evening Stroll with Nursing PM: Saturday Night Puzzles & Coloring with Nursing (LG)</p> 
<p>13</p> <p>AM: Coffee and Conversation AM: Morning Exercise (LG) AM: Sunday Sport: Ladder Ball (LG) PM: Ice Cream "Sunday" Bar (K) PM: Men's Club (LG) PM: 1:1 Visits PM: Sunday Night at The Movies (LG)</p> 	<p>14</p> <p>AM: Morning Exercise (LG) AM: Memory Lane: Flag Day Trivia (LG) PM: Monday Massages and Manicures PM: Monday Movie Matinee (LG) PM: Evening Stretch with Nursing PM: Music Hour with Nursing</p> <p>Flag Day (US)</p> 	<p>15</p> <p>AM: Morning Exercise (LG) AM: Wacky Wordies (LG) PM: Virtual Performance by George Mann @ 2:00 in the Large Activity Room! PM: Noodle Ball (LG) PM: Creative Arts: Adult Coloring Pages (LG) PM: Evening Stroll with Nursing PM: Tuesday Night Trivia & Tea (DR)</p> 	<p>16</p> <p>AM: Morning Exercise (LG) AM: Name 5 (LG) PM: Wellness Wednesday: Reiki (LG) PM: 1:1 Visits PM: "National Cracker Jacks Day" Social (DR) PM: Walking Club Wednesday PM: Charades (LG)</p> 	<p>17</p> <p>AM: Morning Exercise (LG) AM: Gardening Club (FG) PM: Thinking Thursday: Catch Phrase PM: Mini Golf (LG) PM: U.S. Open Golf Championship (LG) PM: BINGO (LG)</p> 	<p>18</p> <p>AM: Morning Exercise (LG) AM: Finish the Phrase (LG) PM: Balloon Volley (LG) PM: Cards and Snacks (LG) PM: Cranium Crunches (LG) PM: Evening Stretch with Nursing PM: Music Hour with Nursing</p> 	<p>19</p> <p>AM: Coffee and Conversation AM: Morning Exercise (LG) AM: Sunny Saturday on the Patio! PM: Happy Hour (DR) PM: Evening Stroll with Nursing PM: Saturday Night Puzzles & Coloring with Nursing (LG)</p> 
<p>20</p> <p>AM: Coffee and Conversation AM: Morning Exercise (LG) AM: Sunday Sport: Bowling (LG) PM: Father's Day Ice Cream Soda Social (DR) PM: Men's Club (LG) PM: 1:1 Visits</p> <p>Happy Father's Day! Summer Begins Father's Day</p> 	<p>21</p> <p>AM: Morning Exercise (LG) AM: Memory Lane: Reminiscing (LG) PM: Monday Massages and Manicures PM: "International Day of Yoga" Seated Yoga PM: 1:1 Visits PM: Evening Stretch with Nursing PM: Music Hour with Nursing</p> 	<p>22</p> <p>AM: Morning Exercise (LG) AM: Famous Duos (LG) PM: Would You Rather (LG) PM: Beach Ball Soccer (LG) PM: Creative Arts: "Blue Butterfly Day" Craft PM: Evening Stroll with Nursing PM: Tuesday Night Trivia & Tea (DR)</p> 	<p>23</p> <p>AM: Morning Exercise (LG) AM: Scattergories (LG) PM: Wellness Wednesday: Hand and Shoulder Massages PM: Culinary Creations: Making Cheesecake Bites PM: Cheesecake Bite Social (DR) PM: Walking Club Wednesday PM: Taboo (LG)</p> 	<p>24</p> <p>AM: Morning Exercise (LG) AM: Gardening Club (FG) PM: Thinking Thursday: Name That Tune PM: Theater Thursday (LG) PM: BINGO (LG)</p> 	<p>25</p> <p>AM: Morning Exercise (LG) AM: Happy Birthday Basketball Ball! PM: Acrylic Painting (LG) PM: Music Trivia (LG) PM: 1:1 Visits PM: Evening Stretch with Nursing PM: Music Hour with Nursing</p> 	<p>26</p> <p>AM: Coffee and Conversation AM: Morning Exercise (LG) AM: Sunny Saturday on the Patio! PM: Happy Hour (DR) PM: Evening Stroll with Nursing PM: Saturday Night Puzzles & Coloring with Nursing (LG)</p> 
<p>27</p> <p>AM: Coffee and Conversation AM: Morning Exercise (LG) AM: Sunday Sport: Cornhole (LG) PM: Ice Cream "Sunday" Bar (K) PM: Men's Club (LG) PM: 1:1 Visits PM: Sunday Night at The Movies (LG)</p> 	<p>28</p> <p>AM: Morning Exercise (LG) AM: Memory Lane: "Summer Camp Memories Day" Discussion Group (LG) PM: Monday Massages and Manicures PM: Monday Movie Matinee (LG) PM: Evening Stretch with Nursing PM: Music Hour with Nursing</p> 	<p>29</p> <p>AM: Morning Exercise (LG) AM: What Would You Do? PM: Topic Tuesday: Summer PM: Lucky Dice (LG) PM: Creative Arts: Watercolors (LG) PM: Evening Stroll with Nursing PM: Tuesday Night Trivia & Tea (DR)</p> 	<p>30</p> <p>AM: Morning Exercise (LG) AM: Wheel of Fortune (LG) PM: Wellness Wednesday: Seated Yoga (LG) PM: Culinary Creations: Making Banana Bread (K) PM: Banana Bread Social (DR) PM: Walking Club Wednesday PM: Cards (LG)</p> 	<p>June 2021</p> <p>The Nottingham Memory Care Residence</p> 		

All programs are provided by Therapeutic Recreation staff unless otherwise noted, and are subject to be changed or cancelled if necessary. Please contact Andrea Canale at 315-413-3946 with any questions or concerns.