Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 11:15 **Communion Service with Eucharistic Minister Mark** 2:45 Monthly Gazette with Kaileigh Daylight Saving Time Ends	**2** 9:30 Morning Chats with Kaileigh 10:00 Exercise with Kaileigh 10:30 Daily Chronicle 11:00 Coffee Bean Mug Craft with Kaileigh 11:30 Independent Puzzles and Coloring 2:00 **Musical Performance by Blair Frodelius!** 3:00 Balloon Volley 3:30 Test your General Knowledge Trivia	**3** 9:30 Tea and Tunes with Angelina 10:00 Exercise with Angelina 10:00 **Outing to Biscotti's** 3:00 Virtual Tour: The Louvre 4:00 Music Trivia with Kaileigh	**4** 9:30 Music in the Mornin' 10:00 Exercise with Kaileigh 10:30 Daily Chronicle 11:00 Message in the Sky altered Photo Project 2:00 Work out Wednesday with Tiffany 3:00 Painting Tutorial – Follow Along	**5** 9:30 Think about it! Thursdays! 10:00 Sip n' Sing a Long with Kaileigh 10:30 Daily Chronicle & Crossword Puzzle 11:00 Bingo! 2:00 Afternoon Move & Groove with Kaileigh 2:30 Coffee Bean Craft 3:00 Finish The Line 4:00 Evening Chats with Abby	**6** 9:30 Funny Friday 10:00 Exercise with Kaileigh 10:30 Daily Chronicle 11:00 Creating our "What fills your plate?" Board 1:30 Exercise with Pilates Balls 2:00 Watercolor Painting 3:00 Music & Manicures	**7** 10:45 Exercise with Abby 11:15 IN2L Games 2:45 Coloring and Independent Puzzles **Happy Birthday Arlene!**
8 11:15 **Communion Service with Eucharistic Minister Mark** 2:45 Afternoon Walks and Chats with Abby Diwali (Hindi)	**9** 9:30 Monday Morning Weekly Review with Kaileigh 10:00 Exercise with Kaileigh 10:30 Daily Chronicle 11:00 Let's Bake! Pumpkin Spice Snickerdoodles 2:00 **Musical Performance by The Little Jazz Trio!** 3:00 Snicker Doodle Social 3:30 November Trivia	**10** 9:30 Tea and Tunes with Angelina 10:00 Exercise with Angelina 11:00 **Music Therapy w/ Kate** 2:00 Group Crossword 3:00 BINGO 4:00 Apple Cider Social with Kaileigh **Happy Birthday Judy!**	**11** 9:30 Mornin' Music 10:00 Exercise with Kaileigh 10:30 Daily Chronicle & Veterans Day Discussion 11:00 Who Am I? Rosie the Riveter 1:00 **Veterans Day Service in IL** 2:00 Work out Wednesday with Tiffany 2:30 The Write Word Game – Veterans Day Edition 3:00 Veterans Day Coffee Hour 3:30 Veterans Day Sing A Long Veterans Day Remembrance Day (Canada)	**12** 9:30 Think about it! Thursdays! 10:00 Sip n' Sing a Long with Kaileigh 10:30 Daily Chronicle 11:00 Cranium Crunches! 11:30 Bake Birthday Cake & Sign Birthday Cards 2:00 **November Birthday Party!!** 3:00 Bingo 4:00 Evening Walks with Abby	**13** 9:30 Funny Friday 10:00 Exercise with Kaileigh 10:30 Easy Short Story: Tiny House, Giant Plans 11:00 **Drumming with Jimbo** 1:30 Q+A Ball 2:15 **Helping Hounds Dog Visits** 3:00 EZ Short Story: Unexpected Blessings 3:30 Music and Manicures	**14** 10:45 Exercise with Angelina 11:15 Make a Thankful Turkey Craft 2:45 Afternoon Move and Groove
15 11:15 **Communion Service with Eucharistic Minister Mark** 2:45 Zumba with Angelina	**16** 9:30 Monday Morning Weekly Review with Kaileigh 10:00 Exercise with Kaileigh 10:30 Daily Chronicle 11:00 White Board Quiz! 1:00 **Massages with Donna, LMT** 2:00 Afternoon Stretch 2:30 Afternoon Snack Social 3:00 General Knowledge Group Quiz!	**17** 9:30 Tea and Tunes with Angelina 10:00 Exercise with Angelina 10:30 **Outing: Yellow Brick Casino** 2:00 **Musical Performance by The Pumas!** 3:00 Magazine Scavenger Hunt 4:00 Word Wheel with Kaileigh	**18** 9:30 Music in the Mornin' 10:00 Exercise with Kaileigh 10:30 Daily Chronicle 11:00 Creating A Clothespin Sunflower 2:00 Work out Wednesday with Tiffany 3:00 Leaf Press Painting	**19** 9:30 Think about it! Thursdays! 10:00 Sip n' Sing a Long with Kaileigh 10:30 Daily Chronicle & Crossword Puzzle 12:00 **November Birthday Luncheon** 2:00 Afternoon Move & Groove with Kaileigh 2:30 White Board Question Game! 3:00 Bingo 4:00 Evening Chats with Abby	**20** 9:30 Funny Friday 10:00 Exercise with Angelina 10:30 UNO 2:00 Knockout 3:00 Flip it!	**21** 10:45 Exercise with Kaileigh 11:00 **Salt Lake Ukulele Group Performance in the Garden** 2:45 Tea, Coffee & Chats with Kaileigh
22 11:15 **Communion Service with Eucharistic Minister Mark** 2:45 Afternoon Move & Groove with Kaileigh	**23** 9:30 Morning Chats with Angelina 10:00 Exercise with Angelina 10:30 Prep Our "Turkey" 2:00 Make Thanksgiving Side Dishes 3:00 Bake Pies For Our Potluck	**24** 9:30 Tea and Tunes with Angelina 10:00 Last Minute FriendsGiving Preparations with Angelina and Kaileigh 10:30 Getting Dolled Up in the Salon! 12:00 **Thanksgiving Potluck with ALR** 2:00 **Musical Performance by Jerry Cali!** 3:00 **Movie Matinee: Planes, Trains and Automobiles** 4:00 Hot Chocolate Social with Kaileigh	**25** 9:30 Music in the Mornin' 10:00 Exercise with Kaileigh 10:30 Daily Chronicle 11:00 What Am I? Macy's Thanksgiving Day Parade 11:30 Watching the Best and Worst of Past Parades 2:00 Work out Wednesday with Tiffany 3:00 Creating Hand Turkeys! 4:00 Evening with Angelina	**26** **Happy Thanksgiving!** **No Recreation Activities** Thanksgiving Day (U.S.)	**27** 9:30 Funny Friday 10:00 Exercise with Kaileigh 10:30 Daily Chronicle 11:00 Wacky Wordies & Concentration Puzzles 1:30 Let's Have A Ball! Exercise with Kaileigh 2:00 Bake with Kaileigh 3:00 Detective Puzzles 3:30 Baked Good Social 3:30 Music and Manicures	**28** 10:45 Exercise with Abby 11:15 Daily Chronicle and Sing Along 2:45 Tea, Coffee, Chat with Abby
29 11:15 **Communion Service with Eucharistic Minister Mark** 2:45 Afternoon Stretches with Abby	**30** 9:30 Monday Morning Weekly Review with Kaileigh 10:00 Exercise with Kaileigh 10:30 Daily Chronicle 11:00 **Music Therapy w/ Kate** 2:00 Decorate our Christmas Tree 2:30 Christmas Music- Finish the Line 3:00 Holiday Sing A Long					

November 2026

Borer Memory Life Community

Friends & Family Always Welcome to Join in Programs! Kaileigh Roy, Recreation Specialist: (315)413-3946 or kroy@lorettosystem.org