

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



May 2021

The Nottingham Memory Care Residence

Green= Cognitive
 Orange= Physical
 Blue= Emotional/Creative
 Pink= Social
 Purple= Spiritual

AM: Coffee and Conversation
 AM: Morning Exercise (LG)
 AM: Prayer Group (FG)
 PM: Music and Mocktails (DR)
 PM: Evening Stroll with Nursing
 PM: Saturday Night Puzzles & Coloring with Nursing (LG)

<p>AM: Coffee and Conversation AM: Morning Exercise (LG) AM: Sunday Sport: Ladder Ball (LG) PM: Pet Therapy Visits PM: Ice Cream "Sunday" Bar (K) PM: Sunday Worship (LG) PM: Sunday Night at The Movies (LG)</p>	<p>AM: Morning Exercise (LG) AM: Memory Lane: May Holidays (LG) PM: Monday Massages and Manicures PM: Monday Music and Movement (LG) PM: 1:1 Visits PM: Evening Stretch with Nursing PM: Music Hour with Nursing</p>	<p>AM: Morning Exercise (LG) AM: Tuesday Toss and Talk (LG) PM: Topic Tuesday: Famous May Birthdays PM: Balloon Volley (LG) PM: Creative Arts: Finger Print Lilacs (LG) PM: Evening Stroll with Nursing PM: Tuesday Night Trivia & Tea (DR)</p>	<p>AM: Morning Exercise (LG) AM: Name 5 (LG) PM: Wellness Wednesday: Seated Yoga PM: Culinary Creations: 7 Layer Taco Dip (K) PM: Cinco de Mayo Fiesta and Zoom Concert with Blair Frodelius (LG) PM: Cinco de Mayo Target Shoot (LG) Cinco de Mayo</p>	<p>AM: Morning Exercise (LG) AM: Gardening Club (FG) PM: Thinking Thursday: Scattergories (LG) PM: Theater Thursday (LG) PM: BINGO (LG)</p>	<p>AM: Morning Exercise (LG) AM: Name That Tune (LG) PM: 1:1 Visits PM: Find Your Rhythm Friday (LG) PM: Famous Couples (LG) PM: Evening Stretch with Nursing PM: Music Hour with Nursing</p>	<p>AM: Coffee and Conversation AM: Morning Exercise (LG) AM: Mother's Day Communion Service (FG) PM: Nails and Massage (LG) PM: Evening Stroll with Nursing PM: Saturday Night Puzzles & Coloring with Nursing (LG)</p>
<p>AM: Coffee and Conversation AM: Morning Exercise (LG) AM: Mother's Day Discussion (LG) PM: Pet Therapy Visits PM: Ice Cream "Sunday" Bar (K) PM: Sunday Worship (LG) PM: Sunday Night at The Movies (LG) Mother's Day</p>	<p>AM: Morning Exercise (LG) AM: Memory Lane: Mother's Day (LG) PM: Monday Massages and Manicures PM: Mother's Day Celebration (LG) PM: 1:1 Visits PM: Evening Stretch with Nursing PM: Music Hour with Nursing</p>	<p>AM: Morning Exercise (LG) AM: Tuesday Toss and Talk (LG) PM: Topic Tuesday: Hostess Cupcake Day (K) PM: Bowling (LG) PM: Creative Arts: Adult Coloring Pages (LG) PM: Evening Stroll with Nursing PM: Tuesday Night Trivia & Tea (DR)</p>	<p>AM: Morning Exercise (LG) AM: Travelogue (LG) PM: Wellness Wednesday: Reiki PM: Culinary Creations: Blueberry Cheesecake Shakes (K) PM: Blueberry Cheesecake Shake Social (DR) PM: Walking Club Wednesday PM: Card Games (LG)</p>	<p>AM: Morning Exercise (LG) AM: Gardening Club (FG) PM: Thinking Thursday: Wheel of Fortune (LG) PM: Theater Thursday (LG) PM: BINGO (LG)</p>	<p>AM: Morning Exercise (LG) AM: Drawing Lilacs (LG) PM: 1:1 Visits PM: Lilac Sashes (LG) PM: Evening Stretch with Nursing PM: Music Hour with Nursing</p>	<p>AM: Coffee and Conversation AM: Morning Exercise (LG) AM: Prayer Group (FG) PM: Serenity Stones (FG) PM: Evening Stroll with Nursing PM: Saturday Night Puzzles & Coloring with Nursing (LG)</p>
<p>AM: Coffee and Conversation AM: Morning Exercise (LG) AM: Sunday Sport: Horse Shoes (LG) PM: Pet Therapy Visits PM: Ice Cream "Sunday" Bar (K) PM: Sunday Worship (LG) PM: Sunday Night at The Movies (LG) Shavuot Begins</p>	<p>AM: Morning Exercise (LG) AM: Memory Lane: Matching Mania (LG) PM: Monday Massages and Manicures PM: Monday Music and Movement (LG) PM: 1:1 Visits PM: Evening Stretch with Nursing PM: Music Hour with Nursing</p>	<p>AM: Morning Exercise (LG) AM: Tuesday Toss and Talk (LG) PM: Topic Tuesday: Flower Superstitions PM: Poker Pitch (LG) PM: Creative Arts: Hand Print Tulips (LG) PM: Evening Stroll with Nursing PM: Tuesday Night Trivia & Tea (DR)</p>	<p>AM: Morning Exercise (LG) AM: Morning Sing-A-Long (LG) PM: Wellness Wednesday: Meditation PM: Culinary Creations: Strawberry Shortcake PM: Strawberry Shortcake Social (DR) PM: Walking Club Wednesday PM: Category Puzzle (LG)</p>	<p>AM: Morning Exercise (LG) AM: Gardening Club (FG) PM: Thinking Thursday: Family Feud (LG) PM: Theater Thursday (LG) PM: BINGO (LG)</p>	<p>AM: Morning Exercise (LG) AM: Dandelion Craft (LG) PM: 1:1 Visits PM: Find Your Rhythm Friday (LG) PM: Afternoon Tea (LG) PM: Evening Stretch with Nursing PM: Music Hour with Nursing</p>	<p>AM: Coffee and Conversation AM: Morning Exercise (LG) AM: Prayer Group (FG) PM: May Day Baskets (LG) PM: Evening Stroll with Nursing PM: Saturday Night Puzzles & Coloring with Nursing (LG)</p>
<p>AM: Coffee and Conversation AM: Morning Exercise (LG) AM: Sunday Sport: Corn Hole (LG) PM: Pet Therapy Visits PM: Ice Cream "Sunday" Bar (K) PM: Sunday Worship (LG) PM: Sunday Night at The Movies (LG)</p>	<p>AM: Morning Exercise (LG) AM: Memory Lane: Name That Tune (LG) PM: Monday Massages and Manicures PM: Monday Mind Joggers (LG) PM: 1:1 Visits PM: Evening Stretch with Nursing PM: Music Hour with Nursing Victoria Day (Canada)</p>	<p>AM: Morning Exercise (LG) AM: Tuesday Toss and Talk (LG) PM: Topic Tuesday: May Flowers (LG) PM: Lucky Dice (LG) PM: Creative Arts: May Flower Craft (LG) PM: Evening Stroll with Nursing PM: Tuesday Night Trivia & Tea (DR)</p>	<p>AM: Morning Exercise (LG) AM: Catch Phrase (LG) PM: Wellness Wednesday: Seated Yoga PM: Culinary Creations: Cupcakes (K) PM: Cupcake Decorating and Social (DR) PM: Walking Club Wednesday PM: Table Games (LG)</p>	<p>AM: Morning Exercise (LG) AM: Gardening Club (FG) PM: Thinking Thursday: Music Trivia (LG) PM: Theater Thursday (LG) PM: BINGO (LG)</p>	<p>AM: Morning Exercise (LG) AM: Word Games (LG) PM: 1:1 Visits PM: Seated Yoga (LG) PM: Name That Tune (LG) PM: Evening Stretch with Nursing PM: Music Hour with Nursing</p>	<p>AM: Coffee and Conversation AM: Morning Exercise (LG) AM: Prayer Group (FG) PM: Plastic Egg Maracas (LG) PM: Evening Stroll with Nursing PM: Saturday Night Puzzles & Coloring with Nursing (LG)</p>
<p>AM: Coffee and Conversation AM: Morning Exercise (LG) AM: Sunday Sport: Noodle Ball (LG) PM: Pet Therapy Visits PM: Ice Cream "Sunday" Bar (K) PM: Sunday Worship (LG) PM: Sunday Night at The Movies (LG)</p>	<p>AM: Morning Exercise (LG) AM: Memory Lane: Memorial Day (LG) PM: Monday Massages and Manicures PM: Memorial Day Social (LG) PM: 1:1 Visits PM: Evening Stretch with Nursing PM: Music Hour with Nursing Memorial Day</p>	<p>Our person-centered philosophy in TR emphasizes the importance of the rhythm of our residents' daily routines. AM and PM programming allows us to provide services that best fit this way of scheduling, rather than set times throughout each day.</p> <p>All programs will be provided by Therapeutic Recreation staff unless otherwise noted. Programs are subject to be changed or cancelled if necessary.</p> <p>Please contact Kayla Clink at 315-413-3946 or Andrea Canale 315-413-3596 with any questions or concerns.</p>				