

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sedgwick Heights
May 2025
Happy Older Americans Month
Clarice Harris-Recreation Therapist

1
 9:30-Toast to Older American Month
 10:00-Communion with Deacon Steve
 11:00-Pretty Nails with Clarice
 2:00-Blair F. on Guitar
 May Day

2
 9:30-Sit & Be Fit with Clarice
 10:30-Sunshine Fun with Clarice
 12:00-Think Fast with Clarice
 2:00-Tattoo Party with Clarice & Staff

3
 10:00-Table Games with Friends
 12:00-Whats On Tv?
 2:00-BINGO with Dan



4
 9:30-Walk with Me-C
 10:30-Arts & Crafts with Clarice
 12:00-Bible Study with Lance (resident)
 12:30-Mind Games-C
 2:00-Cinco de Mayo Party with Clarice
 Cinco de Mayo

5
 7:30-News & Views with Clarice
 9:30-Exercise with Clarice
 11:00-Remember When with Clarice
 2:00-Residents vs Staff Trivia w/Clarice

6
 9:30-Exercise with Clarice
 10:30-Pretty Nails with Clarice
 12:00-Nature Walk with Clarice
 2:00-Karaoke with Clarice

7
 9:30-Nature Walk with Clarice
 10:00-Communion with Deacon Steve
 11:00-Pretty Nails with Clarice
 2:00-Bingo with Clarice

8
 Mother's Day Pancake Breakfast with Clarice
 12:00-Walking Club-C
 2:00-Lori Wilbur Live

9
 10:00-Catching Up with Friends
 12:00-Table Games with Friends
 2:00-BINGO with Dan



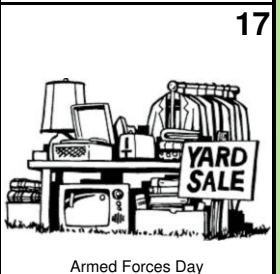
11
 9:30-Jewelry Sale with Clarice
 10:30-Arts & Crafts with Clarice
 12:00-Bible Study with Lance (resident)
 2:00-Dart Competition & Party with Clarice

12
 7:30-Brain Games with Clarice
 9:30-Exercise with Clarice
 11:00-You Be the Judge with Clarice
 2:00-Banana Split Party with Clarice

13
 9:30-Exercise with Clarice
 10:30-Pretty Nails with Clarice
 12:00-Front Porch Chat with Clarice
 2:00-Jerry Cali Live in Concert

14
 9:30-Morning Chats with Clarice
 10:00-Communion with Deacon Steve
 11:00-Pretty Nails with Clarice
 2:00-Bingo with Clarice

15
 9:30-Nature Walk with Clarice
 10:30-Bubble Bubble Bubbles with Clarice
 2:00-Glow Party with Clarice



17
 9:30-Morning Brisk Walk with Clarice
 10:30-Arts & Crafts with Clarice
 12:00-Bible Study with Lance (resident)
 2:00-Name The Celebrity with Clarice
 Victoria Day (Canada)

18
 7:30-Spill the Tea with Clarice
 9:30-Exercise with Clarice
 11:00-Word Game with Clarice
 2:00-Meg Melodies Live

19
 9:30-Exercise with Clarice
 10:30- Pretty Nails with Clarice
 12:00-Ring Toss w/Clarice
 2:00-Resident Council with Dan & Judy
 2:30-Birthday Bash with Clarice

20
 9:30-Morning Stretch
 10:00-Communion with Deacon Steve
 11:00-Pretty Nails with Clarice
 2:00-Bingo with Clarice

21
 Twin Day
 9:30-Stretching with Clarice
 10:30-Out Doors Balloon Fun-Clarice
 12:30-Repeat After Me with Clarice
 2:00-Twin Party with Clarice

22
 10:00-Table Games with Friends
 12:00-T. V. Shows
 2:00-BINGO with Dan



25
 7:30-What Would You Do??? With Clarice
 9:30-Exercise with Clarice
 11:00-What Time Is it??? With Clarice
 2:00-Jeff Clough Live in Concert

26
 9:30-Exercise with Clarice
 10:30-Pretty Nails with Clarice
 12:00- Bowling & Beverages with Clarice

27
 9:30-One Mile Walking Club-Clarice
 10:00-Communion with Deacon Steve
 11:00-New Resident Social with Clarice
 2:00-Bingo with Clarice

28
 Gazebo Party 1:30
 -Music (boom box)
 -Outdoor Zipline
 -Human Slot Machine Fun
 -Yard Games

29
 10:00-Catching Up with Friends
 12:00-Movie with Friends
 2:00-BINGO with Dan

All programs are held on the 1st floor in the recreation room. Please refer to calendars located on each unit for any changes.