

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2026

Clarice Harris-Recreation Therapist

3

2:00- Bingo With Dan

4

9:00-Fresh Air Walk with Clarice
10:30-Color Me Cups with Clarice
1:30-Bible Study with Lance
2:00-Just Jenny Live in Concert

5

9:30-Exercise with Clarice
11:00-Pretty Nails by Clarice
12:30-Planting with Clarice
2:00-Cinco de Mayo Party with Clarice

6

10:00-Wheelchair, Walker & Cane wash
1:00-Walking Club with Clarice
2:00-Afternoon Social with Clarice

7

10:00-Communion with Deacon Steve
10:30-Front Porch Chat with Clarice
12:30-Jumbo Connect Four
2:00-Bingo with Clarice

8

Mother's Day Breakfast
7:30 & 8:30
*Toast, Fried Egg, Sausage with Fresh Homemade Fruit Parfait

9

8:00-Walking Club with Clarice
9:00-Crafty Corner with Clarice
10:00-Bingo for Prizes with Clarice

Where are these steps located?

10

Mother's Day
National Skilled Nursing Care Week

11

9:00-Fresh Air Walk - Clarice
10:30-Abstract Art with Clarice
1:30-Bible Study with Lance
2:00-Bowling & Beverages-Clarice

12

9:30-Exercise with Clarice
11:00-Pretty Nails by Clarice
12:30-Tissue Paper Crafts with Clarice
2:00-Fresh Fruit Social with Clarice

13

8:30-Fresh Air Walk-C
10:00-Team Volleyball Outdoors with Clarice
12:30-Think Fast with Clarice
2:00-Lori W. Live in Concert

14

10:00-Communion with Deacon Steve
12:30-Tie Dye with Clarice
2:00-Bingo with Clarice

15

9:30-Punching Bag Workout with Clarice
10:30-I Spy Walking Club with Clarice
11:30-Cute Nails with Clarice
2:00-Cold Drinks & Music in the Gazebo-C

16

8:00-Walking Club with Clarice
9:00-Arts & Crafts with Clarice
10:00-Early Bird Happy Hour with Clarice

17

2:00- Bingo With Dan

18

9:00-Fresh Air Walk with Clarice
10:30-Karaoke w/Clarice
1:30-Bible Study with Lance
2:00-Blair on Guitar
Victoria Day (Canada)

19

9:30-Exercise with Clarice
11:00-Pretty Nails with Clarice
12:30-Straw Painting with Clarice
2:00-Cold, Cold, Cold Social with Clarice

20

8:30-Fresh Air Walk-C
10:00-Water Balloon Fun with Clarice
2:00-Resident Council Meeting with Dan
2:30-Resident Birthday Bash with Clarice

21

10:00-Communion with Deacon Steve
12:30-Birthday Hat with Cotton Ball, hot balloon painting with Clarice
2:00-Bingo with Clarice
Shavuot Begins

22

9:30-Waterballoon Exercise with Clarice
10:30-Fill in The Blank-C
12:30-Cute Nails-Clarice
2:00-Red, White & Blue Party in the Gazebo with Clarice

23

Name this place?

24

2:00- Bingo With Dan

25

Memorial Day

26

9:30-Exercise with Clarice
11:00-Pretty Nails with Clarice
12:30-Push & pull with Clarice
2:00-Ice Pop Social with Clarice

27

10:00-Howie B, Live in Concert
12:30-Calendar Meeting with Clarice
2:00-Banana Split with Clarice

28

10:00-Communion with Deacon Steve
10:30-Front Porch Chat with Clarice
12:30-Candy Matching Gam w/Clarice
2:00-Bingo with Clarice

29

9:30-Parachute Exercise with Clarice
10:30-Whats Missing with Clarice
12:30-Cute Nails-Clarice
2:00-Yard Games in the Gazebo with Clarice

30

Name this famous Dog?

31

2:00-Bingo with Dan

Older Americans Month
Sedgwick Heights

All programs are subject to change. Please refer to the activity boards located on each unit for any changes.