

The Nottingham Assisted Living Residence



Weekly Telegraph
October 12th- 18th, 2026

Shannon Loughlin, Director of Life Enrichment

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Abigail Loiselle, Recreation Therapist

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Angelina Roberts, Recreation Specialist

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- Calendar of Events
- Upcoming Attractions
- Birthdays
- Special Announcements
- Menus

Monday October 12th, 2026	Tuesday October 13th, 2026	Wednesday October 14th, 2026
10:00am Exercise with Abby CR 10:30am Lifelong Learning: <i>History Revisited: Columbus Day and Indigenous People's Day</i> 2:00pm Bingo! CR 3:00pm <u>Pumpkin Craft with Jamesville-Dewitt High School Students</u> CR Location Key: CR= Community Room AR= Arts and Crafts Room SR= Sunroom IL= Independent Living	10:00am Exercise with Shannon CR 10:30am Manicures with a showing of Ariel America: Michigan <i>Named after the Native American term for "big lake," Michigan is defined not only by the Great Lakes that shape it, but how its residents shaped America. Discover its diverse history and its visionaries who built empires, started unions, and helped win a World War.</i> CR 1:30pm <u>Spiritual Services in IL Interfaith Chapel *meet Shannon to attend*</u> 2:30pm <u>Meet-n-Greet Democratic Candidates in IL</u> *attend independently* 3:00pm <u>Live Music by Jill Minye</u> CR 6:15pm Evening Program with Kaileigh	10:00am <u>Mindful Movement with Emily</u> CR 10:30am <u>Po-Ke-No with Abby and Zach</u> CR 2:00pm <u>Pup Visits with Duchess</u> CR 2:30pm Cornhole with Abby and Zach CR 2:30pm <u>Writer's Group with Professor Schell in IL TV Room</u> 3:30pm <u>Happy Hour with Music by John Vona IL Clubhouse</u> 6:15pm Evening Program with Angelina

Programs are subject to change. Please see the whiteboard across from the dining room for accurate daily schedules.

Thursday October 15 th , 2026	Friday October 16 th , 2026	Saturday October 17 th , 2026
10:00am Exercise with Angelina CR 11:00am <u>Lunch Outing to Saki Bomb with Angelina</u> 12:00pm <u>October Birthday Luncheon IL Clubhouse</u> <u>*meet Abby to attend*</u> 3:00pm October Trivia with Angelina CR 6:15pm Evening with Abby	10:00am Exercise with Abby CR 10:30am Dessert Hangman A-Z CR 11:15am Yoga with Tiffany CR 1:30pm Pumpkin Toss with Tiffany CR 2:15pm <u>Nottingham Pumpkin Patch! Decorate your own pumpkin. Enjoy apple cider donuts and apple cider</u>	10:00am Exercise with Angelina CR 10:30am Halloween Rhyme Time 1:30pm Songs of the Scouts 2:30pm Movie Matinee: <i>October Sky</i> CR
		Sunday October 18 th , 2026
		10:00am Exercise with Angelina CR 10:30am <u>Communion Service with Eucharistic Minister Mark</u> CR 1:30pm Cranium Crunches CR 2:30pm Movie Matinee: <i>The Nightmare before Christmas</i>

	Monday 10/12	Tuesday 10/13	Wednesday 10/14	Thursday 10/15	Friday 10/16	Saturday 10/17	Sunday 10/18
DAILY SOUP	Three Sister Soup	French Onion Soup	Fresh Tomato	Chilled Cream of Cucumber and Tomato	New England Clam Chowder	Chicken Noodle	Shrimp Bisque
DAILY SALAD	Wild Greens and Berry Salad	Napa Cabbage with Soy Dressing	Strawberry Walnut	Greek Couscous	Broccoli Slaw	Chickpea Salad	Tossed Garden Salad
ENTREE	Poached Salmon with Wild Herbs	St. Louis Ribs	Grilled Beef Tacos	Spaghetti and Meatballs	Drunken Pork	Chicken Wings (BBQ or Buffalo Sauce)	Eggs and Omelets Cook to Order
ENTREE	Fire-Roasted Chicken with Juniper & Sage	Chicken Cacciatore	Chef's Special	Marinated Flounder	Warm Shrimp Salad with Honeydew	Fire Roasted Peppers & Shrimp	Rack of Lamb with Red Onion Chutney
VEGETABLE	Roasted Squash with Maple Glaze	Chef's Choice	Garlic Roasted Brussel Sprout	Chef's Choice	Peas and Pearl Onion	Diced Beets	Roasted Turnips
DESSERT	Frybread with Honey & Berries	Bread Pudding	Strawberry Mousse	Tapioca Pudding	Chef's Choice	Spice Cake	Chef's Choice
Bistro Dinner Special (Also in main dining room)							
ENTREE	Braised Pork with Hominy & Chiles	Baked Shrimp and Scallops Florentine	Mediterranean Beef & Veggie Skillet	Chicken and Biscuits	Fried Haddock	Tomato Glazed Meatloaf	Belgian Waffles with Sausage Patty
STARCH	Wild Rice Pilaf with Cranberries & Pecans	Linguini	Yellow Rice	Spaghetti with Marinara	Sweet Potato Wedges	Curly Fries	Hash Browns
VEGETABLE	Sauteed Wild Mushrooms and Greens	Roasted Asparagus	Refried Beans	Fried Green Tomatoes	Fire Roasted Corn	Snow Peas	Sautéed Spinach