

The Nottingham Assisted Living Residence



HAPPY HALLOWEEN



Weekly Telegraph

October 26th- November 1st, 2026

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- Calendar of Events
- Upcoming Attractions
- Birthdays
- Special Announcements
- Menus

Monday October 26 th , 2026	Tuesday October 27 th , 2026	Wednesday October 28 th , 2026
10:00am Exercise with Abby CR 10:30am Lifelong Learning: Halloween History 11:00am Halloween Coloring and Card Making AR 2:00pm Indoor Walk to Vote for Staff Pumpkin Contest CR 3:00pm Bingo! CR	10:00am Exercise with Abby CR 10:30am Manicures with Abby 1:00pm Visits with volunteer Able 1:30pm <u>Spiritual Services</u> in IL Interfaith Chapel *attend with Able* 2:30pm Trivia and Treats Social 3:30pm <u>Live Music by Dennis McGuire</u> CR 6:15pm Evening Program with Kaileigh	10:00am <u>Mindful Movement with Emily</u> CR 10:30am Pumpkin Toss 11:15am Halloween Short Stories 1:30-4:30pm <u>Flu and Covid Shot Clinic in the Fish Room</u> 2:30 <u>Writer's Group with Professor Schell in IL TV Room</u> 3:30pm <u>Halloween Happy Hour with Music by The Puma's IL Clubhouse</u> ~No Evening Program~

Location Key:

CR= Community Room

AR= Arts and Crafts Room

SR= Sunroom

IL= Independent Living

*Programs are subject to change. Please see the whiteboard
across from the dining room for accurate daily schedules.*

Thursday October 29 th , 2026	Friday October 30 th , 2026	Saturday October 31 st , 2026
10:30am Exercise with Abby CR 10:30am Halloween Candy Left, Center, Right CR 1:30pm <u>Ghost Ships Presentation with Gary Emerson</u>. <i>This talk will present the little-known story of the prison ships, and how men struggled to survive on them.</i> CR 2:30pm Pony Bead Pumpkin Craft AR 3:30pm Halloween Word Games and Puzzles CR ~No Evening Program~	10:00am Exercise with Abby CR 10:30am The History of Classic Monster Movies CR 11:15am Yoga with Tiffany CR 2:00pm Halloween Whodunit Skit?! There's a mystery among us! Join us for a Halloween whodunit and help uncover the clues and figure out who the culprit is! CR	10:00am Exercise with Kaileigh CR 10:30am Spooky Silly Riddles 12:00 SU Football vs. SMU Mustangs. Ch. 388 ACC 1:30pm Monster Mash Halloween Social 2:30pm Movie Matinee: <i>Hocus Pocus</i> CR
		Sunday November 1 st , 2026
		10:00am Exercise with Kaileigh CR 10:30am <u>Communion Service with Eucharistic Minister Mark</u> CR 1:30pm Fall Jeopardy CR 2:30pm Movie Matinee: <i>Sweet November</i>

	Monday 10/26	Tuesday 10/27	Wednesday 10/28	Thursday 10/29	Friday 10/30	Saturday 10/31	Sunday 11/01
DAILY SOUP	Butternut Squash Bisque	Turkey Noodle	French Lentil Soup	Tuscan Shrimp and White Bean	New England Clam Chowder	Witch's Cauldron Soup (Butternut Squash Soup)	Chicken Noodle
DAILY SALAD	Spinach w/ Raspberry Vinaigrette	Crudité	Classic French Salad	Lemony Caesar Salad	Creamy Coleslaw	Haunted Harvest Salad (Mixed Greens, Feta & Apples)	Garden Salad
ENTREE	Shrimp Scampi In Skewers	Sweet and Sour Tofu	Beef Bourguignon	Beef Tenderloin with Bordelaise Sauce	Fried Haddock	Mummy Meatloaf	Eggs and Omelets Cook to Order
ENTREE	Chicken Cacciatore	Poach Salmon with Ginger Shitake Glaze	Baked Cod Provencal	Lentil Gumbo Scallops with Orange Butter Sauce	Linguini with White Clam Sauce	Vampire's Garlic Chicken	Yankee Pot Roast
VEGETABLE	Power Blend	Chef's Choice	Honey Glazed Carrots	Chef's Choice Vegetable	Steamed Green Beans	Witch's Fingers Green Beans	Acorn Squash
DESSERT	Chocolate Mousse	Strawberry Rhubarb Pie	Crème Brûlée	Carrot Cake	Chef's Choice	Graveyard Chocolate Pudding Cups	Chef's Choice
Bistro Dinner Special (Also in main dining room)							
ENTREE	Veal Parmigiana	Shepards Pie	Chicken Breast with Tarragon Cream Sauce	Eggplant Parmesan	Boneless Pork Chops with Applesauce	Black Magic Fish	Teriyaki Chicken Breast
STARCH	Linguini	Red Rice Pilaf	Creamy Garlic Potato Gratin	Spaghetti with Butter Sauce	Mashed Potatoes	Harvest Moon Rice	Onion Rings
VEGETABLE	Broccoli	Blistered Tomato Medley	French Green Beans	Steamed Peas	Corn on the Cob	Jack-o'-Lantern Carrots	Grilled Zucchini