



The Nottingham Assisted Living Residence

Weekly Telegraph

May 11th - 17th, 2026



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- Calender of Events
- Upcoming Attractions
- Birthdays
- Special Announcements
- Menus

<p style="text-align: center;">Monday May 11, 2026</p>	<p style="text-align: center;">Tuesday May 12, 2026</p>	<p style="text-align: center;">Wednesday May 13, 2026</p>
<p>10am Exercise with Abby CR</p> <p>10:30am Mindfulness and Yoga with Melissa CR</p> <p>1:30pm <u>The Importance of Storytelling by Sean Kirst</u> CR</p> <p>2:15pm Nottingham Better Breathers Club with Tiffany IL TV Room</p> <p>3:00pm Bingo with Abby CR</p> <p>6:15pm Evening Movie: St. Marianne Cope CR</p>	<p>10am Exercise with Abby CR</p> <p>10:30am <u>Outing to St. Marianne Cope Shrine and Museum with Abby</u></p> <p>1:30pm <u>Spiritual Services for all IL Interfaith Chapel-Dwing. Meet Abby to attend</u></p> <p>2:30pm Manicures with Abby and volunteer Abel CR</p> <p>3:30pm <u>Live Music by The Puma's</u> CR</p> <p>6:15pm Evening Visits with Kaileigh CR</p>	<p>10am Mindful Movement with Emily CR</p> <p>10:30am Po-Ke-No with Abby CR</p> <p>1:30pm <u>Nurses Appreciation Social in IL Clubhouse (meet Abby to attend) *for retired nurses*</u></p> <p>2:00pm <u>Puppy Visits with Toby and Dutchess</u> CR</p> <p>3:00pm <u>Happy Hour with music by The Lil' Jazz Trio</u> IL Clubhouse</p> <p>6:15pm Evening Visits with Angelina CR</p> <p style="text-align: center;">~Happy Birthday Anna! ~</p>

Location Key:

CR= Community Room

AR= Arts and Crafts Room

SR= Sunroom

IL= Independent Living

Patio

Programs are subject to change. Please see the whiteboard across from the dining room for accurate daily schedules.

Thursday May 14, 2026	Friday May 15, 2026	Saturday May 16, 2026	
<p>10am Exercise with Abby CR</p> <p>10:30am To a “T” Word Game CR</p> <p>11:15am <u>Mass of the Ascension</u> IL Interfaith Chapel D-Wing</p> <p>12:30pm <u>Jamesville-Dewitt Library Visit</u> CR</p> <p>1:00pm <u>Massages with Donna</u> SR</p>	<p>10am Exercise with Abby CR</p> <p>10:30am Penny-ante CR</p> <p>12:00pm <u>Pizza Party Lunch (indoor/ outdoor weather permitting)</u></p> <p>1:30pm Sit and Stand Stronger Exercise with Tiffany CR</p> <p>2:30pm Name that Tune with Abby CR</p>	<p>10am Exercise with Angelina CR</p> <p>10:15am Left, Right, Center CR</p> <p>1:30pm Ice Cream Social and Trivia CR</p> <p>2:30pm Movie Matinee: Sound of Music CR</p>	
<p>1:30pm Bridge Group AR</p> <p>2:00pm Try-it Tuesday: Yogurt Sundaes CR</p> <p>3:00pm Prayer Group with Betsy AR</p>	<p>3:00pm Rummikub Tile Game with Abby AR</p>	<th data-bbox="1388 862 2053 980"> Sunday May 17, 2026 </th>	Sunday May 17, 2026
		<p>10:00am Exercise with Angelina CR</p> <p>10:30am <u>Communion Service with Eucharistic Minister Mark</u> CR</p> <p>1:30pm Puzzles and Pondering CR</p> <p>2:30pm Movie Matinee: The Lovebug CR</p>	