

# The Nottingham Assisted Living Residence



Hello  
June

Weekly Telegraph  
June 1<sup>st</sup> - 7<sup>th</sup>, 2026

Shannon Loughlin, Director of Life Enrichment

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Abigail Loiselle, Recreation Therapist

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- Calender of Events
- Upcoming Attractions
- Birthdays
- Special Announcements
- Menus

<p align="center"><b>Monday June 1<sup>st</sup>, 2026</b></p>	<p align="center"><b>Tuesday June 2<sup>nd</sup>, 2026</b></p>	<p align="center"><b>Wednesday June 3<sup>rd</sup>, 2026</b></p>
<p><b>10:00am</b> Exercise with Abby <b>CR</b></p> <p><b>10:30am</b> 5 to 1 Dice Game <b>CR</b></p> <p><b>2:00pm</b> Bingo! With Abby <b>CR</b></p> <p><b>3:00pm</b> <u>Clubhouse Kickoff Party with music by Jason Jeffers</u> <b>IL Clubhouse *meet Abby to attend*</b></p> <p align="center"><b>~Welcome Maddie, Recreation Intern!!~</b></p>	<p><b>9:30am</b> June Calendar Review <b>CR</b></p> <p><b>10:00am</b> Exercise with Abby <b>CR</b></p> <p><b>10:30am</b> Manicures with Abby <b>CR</b></p> <p><b>1:30pm</b> <u>Spiritual Services for all</u> <b>IL Interfaith Chapel- D-wing.</b></p> <p><b>2:15pm</b> Hydration Station and Snack Cart, What's in the bag? <b>Front benches</b></p> <p><b>3:00pm</b> <u>Live Music with Jill Minye</u> <b>CR</b></p> <p><b>6:15pm</b> Evening Visits with Kaileigh <b>CR</b></p>	<p><b>10:00am</b> Mindful Movement with Emily <b>CR</b></p> <p><b>10:30am</b> <u>Resident Council</u> <b>CR</b></p> <p><b>11:00am</b> "I Got It" with Abby <b>CR</b></p> <p><b>2:00pm</b> Seated Yoga with Abby <b>CR</b></p> <p><b>3:00pm</b> <u>Happy Hour with music by Greg Hoover</u> <b>IL Clubhouse</b></p> <p align="center"><b>~No Evening Program~</b></p>

**Location Key:**

- CR= Community Room**
- AR= Arts and Crafts Room**
- SR= Sunroom**
- IL= Independent Living**
- Patio**

*Programs are subject to change. Please see the whiteboard across from the dining room for accurate daily schedules.*

<b>Thursday</b> <b>June 4<sup>th</sup>, 2026</b>	<b>Friday</b> <b>June 5<sup>th</sup>, 2026</b>	<b>Saturday</b> <b>June 6<sup>th</sup>, 2026</b>			
<p><b>9:30am</b> What's New in the News with Abby <b>CR</b></p> <p><b>10:00am</b> Exercise with Abby <b>CR</b></p> <p><b>10:30am</b> Gardening Club: Painting Rocks <b>on the dining room patio</b></p> <p><b>11:15am</b> <u>Protestant Service</u> in <b>IL Interfaith Chapel</b></p> <p><b>1:30pm</b> Bridge Group <b>AR</b></p> <p><b>2:15pm</b> Making Rainbow Fruit Kebabs <b>CR</b></p> <p><b>3:00pm</b> Name that Tune and enjoy our fruit kebabs <b>on the front benches</b></p> <p style="text-align: center;"><b>~No Evening Program~</b></p>	<p><b>10:00am</b> Exercise with Abby <b>CR</b></p> <p><b>10:30am</b> I Should Have Known That! <b>CR</b></p> <p><b>1:30pm</b> Friday Fitness with Tiffany <b>CR</b></p> <p><b>2:15pm</b> Nottingham Choir Performance: Patriotic Songs <b>CR</b></p> <p><b>3:00pm</b> Ice Cream Social <b>frontbenches/CR</b> weather permitting</p>	<p><b>10:00am</b> Exercise with Kaileigh <b>CR</b></p> <p><b>10:15am</b> Monthly Gazette <b>CR</b></p> <p><b>1:30pm</b> June Trivia on the <b>front benches</b></p> <p><b>2:30pm</b> Movie Matinee: <i>Better off Dead (Comedy)</i> <b>CR</b></p> <tr> <td colspan="3" data-bbox="1381 792 2058 914" style="text-align: center;"> <b>Sunday</b>  <b>June 7<sup>th</sup>, 2026</b> </td> </tr> <p><b>10:00am</b> Exercise with Kaileigh <b>CR</b></p> <p><b>10:30am</b> <u>Communion Service</u> with Eucharistic Minister Mark <b>CR</b></p> <p><b>11:30am</b> <u>Outing to Syracuse Mets Baseball Game!</u></p> <p><b>2:30pm</b> Movie Matinee: <i>National Lampoon's Vacation</i> <b>CR</b></p>	<b>Sunday</b> <b>June 7<sup>th</sup>, 2026</b>		
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