

The Nottingham Assisted Living Residence



Weekly Telegraph
July 6th - 12th, 2026



Shannon Loughlin, Director of Life Enrichment

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Abigail Loiselle, Recreation Therapist

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Angelina Roberts, Recreation Specialist

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- Calender of Events
- Upcoming Attractions
- Birthdays
- Special Announcements
- Menus

Monday July 6th, 2026	Tuesday July 7th, 2026	Wednesday July 8th, 2026
10:00am Exercise with Angelina CR 10:30am Balloon Tennis CR 2:00pm State Plate Trivia CR 3:00pm Bingo! CR Location Key:	9:30am Daily Chronicle CR 10:00am Exercise with Angelina CR 10:30am Manicures CR 1:30pm <u>Spiritual Services</u> for all IL Interfaith Chapel- D-wing. 2:15pm Name 10 CR 3:30pm <u>Live Music by The Puma's</u> CR ~No Evening Program~	10:00am <u>Mindful Movement with Emily</u> CR 10:30am America Through the Years: America 250 with <u>Abby</u> CR 11:15am Wii Sports CR 2:00pm <u>Pup Visits and Lemonade with Toby and Duchess</u> front benches 3:00pm <u>Happy Hour with music by Blair Frodelius</u> IL Clubhouse 6:15pm Evening Program with Angelina

CR= Community Room
AR= Arts and Crafts Room
SR= Sunroom
IL= Independent Living
Patio

Programs are subject to change. Please see the whiteboard across from the dining room for accurate daily schedules.

Thursday July 9 th , 2026	Friday July 10 th , 2026	Saturday July 11 th , 2026
9:30am What's New in the News? 10:00am Exercise with Angelina CR 10:30am Who, What, Where, Am I? with Angelina CR 12:30pm <u>Jamesville Dewitt Library Visit</u> CR 1:00pm <u>Massages with Donna,</u> LMT SR 1:30pm Bridge Group AR 2:00pm Cornhole with Angelina CR 3:00pm Book Club with Angelina CR 6:15pm Board Games or Patio Chats with Abby	10:00am Exercise with Maddie CR 10:30am Nottingham Choir Practice CR 11:15am Sit and Chat front benches 1:30pm Friday Fun with Tiffany CR 2:15pm Trivia with Maddie CR 3:00pm <u>Helping Hounds Pup Visit</u> CR/front benches	10:00am Exercise with Angelina CR 10:30am Charades CR 1:30pm Group Crossword CR 2:30pm Movie Matinee: <i>The Greatest Game Ever Played</i> CR
		Sunday July 12 th , 2026
		10:00am Exercise with Kaileigh CR 10:30am <u>Communion Service with Eucharistic Minister Mark</u> CR 1:30pm Bingo on the benches 2:30pm Movie Matinee: <i>Overboard</i> CR