

The Nottingham Assisted Living Residence



Weekly Telegraph
August 31st-Sept 6th, 2026



Shannon Loughlin, Director of Life Enrichment
Abigail Loiselle, Recreation Therapist
Angelina Roberts, Recreation Specialist

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- Calendar of Events
- Upcoming Attractions
- Birthdays
- Special Announcements
- Menus

Save the Date!!!

SEPTEMBER *Outings*

The Nottingham Assisted Living

Thursday September 3rd

The Great NYS Fair

Departure at 9:30am

*free for seniors, please bring money for lunch and other
purchases

Thursday September 17th

Picnic at Jamesville Beach

Departure at 11:00am

(In case of inclement weather we will go to Tully's)

Wednesday September 30th

Lunch at Vito's Italian Restaurant

Departure at 11:00am

Families: Please ensure your loved one has sufficient funds for outings
of choice.

To sign up, drop off money, or with any questions please contact Abby
Loiselle aloiselle@lorettosystem.org (315)413-3596

SUMMER

Send Off!

S'MORES- MUSIC- FUN

Featuring: Live Music

by The Puma's!



THURSDAY

10

SEPTEMBER

ALR PARKING LOT

6:30PM

Monday August 31st, 2026	Tuesday September 1st, 2026	Wednesday September 2nd, 2026
10:00am Exercise with Abby CR 10:30am Pling Pong Toss CR 11:15am Guess How Many Candies CR 2:00pm Making our own pickles! CR 3:00pm Bingo! CR Location Key: CR= Community Room AR= Arts and Crafts Room SR= Sunroom IL= Independent Living Patio	10:00am Exercise with Abby CR 10:30am Manicures 1:30pm <u>Spiritual Services in IL Interfaith Chapel *meet Abby to attend*</u> 2:15pm Lucky Duck Races 3:30pm <u>Live Music by Jerry Cali</u> CR 6:15 Evening Program with Kaileigh	10:00am Mindful Movement with Emily CR 10:30am <u>Resident Council Meeting</u> CR 11:15am NYS Fair Jeopardy Trivia CR 1:30pm Uno Card Game CR 2:30pm Pickles on the patio! 2:30pm <u>Writer's Group with Professor Schell IL TV Room</u> 3:00pm <u>Happy Hour with music by Charlotte's Web IL Clubhouse</u> 6:15pm Evening Program with Angelina

Programs are subject to change. Please see the whiteboard across from the dining room for accurate daily schedules.

Thursday September 3 rd , 2026	Friday September 4 th , 2026	Saturday September 5 th , 2026
9:30am Departure to the Great NYS Fair!  10:00am Exercise with Barb 11:15am <u>Protestant Service</u> in IL *attend independently* 2:00pm Bingo with Sally CR	10:00am Exercise with Maddie CR 10:30am “I Got It” Card Game CR 11:15am Yoga with Tiffany CR 1:30pm Friday Fun with Tiffany! CR 2:00pm Color by Numbers CR 3:00pm Trivia and Treats on the front benches	10:00am Exercise with Abby CR 10:30am Daily Chronicle 12:00 Syracuse Football Game *Wear you blue and orange! * 1:30pm Go Orange! Social 2:30pm Movie Matinee: <i>Rear Window</i> CR
		Sunday September 6th, 2026 10:00am Exercise with Abby CR 10:30am <u>Communion Service with Eucharistic Minister Mark</u> CR 1:30pm Back to School Trivia CR 2:30pm Movie Matinee: <i>Adaptation</i> CR

		Monday 8/31	Tuesday 9/1	Wednesday 9/2	Thursday 9/3	Friday 9/4	Saturday 9/5	Sunday 9/6
DAILY SOUP		Butternut Squash Bisque	Turkey Noodle	Chilled Melon, Cucumber, and Mint	Tuscan Shrimp and White Bean	New England Clam Chowder	Split Pea	Chicken Noodle
DAILY SALAD		Spinach w/ Raspberry Vinaigrette	Crudit�	Waldorf Salad	Lemony Caesar Salad	Creamy Coleslaw	Three Bean Salad	Garden Salad
ENTREE		Shrimp Scampi In Skewers	Sweet and Sour Tofu	Corned Beef	Eggplant Parmesan	Boneless Pork Chops with Applesauce	Meatloaf	Eggs and Omelets Cook o Order
ENTREE		Chicken Cacciatore	Poach Salmon with Ginger Shitake Glaze	Chef's Special	Lentil Gumbo Scallops with Orange Butter Sauce	Linguini with White Clam Sauce	Fried Clam Roll	Yankee Pot Roast
BISTRO DINNER SPECIAL 4:00 PM	ENTREE	Veal Parmigiana	Shepards Pie	Grilled Boneless Chicken with Tomato Corn Salsa	Beef Tenderloin with Bordelaise Sauce	Fried Haddock	Quiche Lorraine	Strawberry and whipped cream Topped French Toast
	STARCH	Linguini	Red Rice Pilaf	Boiled Potatoes	Spaghetti with Butter Sauce	Steak Fries	Herb Couscous	Home fries
	VEGETABLES	Power Blend	Tri-Colored Cauliflower	Steamed Baby Carrots	Spaghetti Squash	Corn on the Cob	Brussel Sprouts	Acorn Squash
VEGETABLE		Broccoli	Chef's Choice	Steamed Green Cabbage	Chef's Choice Vegetable	Steamed Green Beans	Tri-Colored Carrots	Asparagus
DESSERT		Chocolate Mousse	Strawberry Rhubarb Pie	Greek Yogurt Parfait	Carrot Cake	Chef's Choice	Peach Cobbler	Chef's Choice