

Assisted Living Residence Weekly Telegraph

February 3rd – February 9th



Please note change in program start times, as well as the addition of morning programs Tuesday, Wednesday, and Thursday










The Nottingham Channel 1340
A publication for Residents and Employees

- Calendar of Events
- Coming Attractions
- Special Announcements
- Birthdays










Shannon Loughlin, Director of Life Enrichment
Sarah Bogacz, Recreation Specialist
Angelina Roberts, Recreation Specialist

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MONDAY, February 3rd, 2025

8:00 AM		Breakfast
10:00 AM		Exercise with Sarah in the Community Room
10:30 AM		Family Feud in the Community Room
12:00 PM		Lunch
1:30 PM		Air Bowling with Sarah in the Community Room
2:30 PM		<u>BINGO! With Sarah in the Community Room</u>
5:00 PM		Dinner
7:00 PM		Chicken Soup for the Mother's Soul in the Sun Room
8:00 PM		Monday topic on Channel 1340: What happened to Sears Catalog Homes? Sold between 1908 and 1940, they were revolutionary in American homebuilding. These kit homes were ordered and shipped by train to buyers across the U.S., complete with pre-cut materials and instructions. Offering over 400 designs at affordable prices, they allowed middle-class families to achieve homeownership during a time of rapid urbanization and economic growth. However, the Great Depression and World War II eventually led to their decline, as Sears exited the home-building business. Today, these homes are nostalgic symbols of early 20th-century innovation. Runtime: 18 minutes

TUESDAY, February 4th, 2025

8:00 AM		Breakfast
9:30 AM		Tuesday Trivia with Sarah in the Fish Room
10:00 AM		Exercise with Sarah in the Community Room
11:15 AM		<u>Lunch Outing: The Cracker Barrel</u> - Meet Sarah at 11 AM in the Lobby
12:00 PM		Lunch
3:00 PM		<u>Musical Performance with Deb & John Puma in the Community Room</u>
5:00 PM		Dinner
7:15 PM		<u>Classical Musical Performance with Syracuse University – With cellist Brian Gadbow and Ida Tili-Trebicka on Piano</u> Meet Kaileigh in the Community Room at 7:00
8:00 PM		Tuesday Topic on Channel 1340: Was Italy's \$1 Home Scheme Worth It? The \$1 property scheme attracted people from all over the world to buy old homes in dying Italian towns. But did it work — and how much did they really spend? Runtime: 14 Minutes









WEDNESDAY, February 5th, 2025

8:00 AM		Breakfast
9:30 AM		What's in the News? with Sarah in the Community Room
10:00 AM		<u>Mindful Movement with Emily in the Community Room</u>
10:30 AM		Boggle with Sarah in the Community Room
12:00 PM		Lunch
1:30 PM		Quick Trivia with Angelina in the Community Room
2:00 PM		Resident Council in the Community Room- Come Join to hear about updates from each department
2:30 PM		Writers' Group in the T.V. Room Syracuse University Professor Schell leads an open creative writing group. We invite anyone who likes to write or wants to do more writing. Must Attend Independently
3:00 PM		<u>Happy Hour with Music from Jerry Cali in the Club House-</u> Meet Angelina at 2:45 in the Community Room
5:00 PM		Dinner
7:00 PM		Visits with Angelina- Room to Room
7:00 PM		Syracuse Vs. Duke Basketball Game on Channel 25
8:00 PM		Late Night Stories with Angelina in the Community Room

THURSDAY, February 6th, 2025

8:00 AM		Breakfast
9:30 AM		Morning Chat Sarah in the Community Room
10:00 AM		Exercise with Sarah in the Community Room
10:30 AM		Celebrating Black History Month- Who Am I? with Sarah in the Community Room
12:00 PM		Lunch
1:30 PM		Air Hockey with Sarah in the Community Room
2:30 PM		Coloring with Sarah in the Community Room
5:00 PM		Dinner
8:00 PM		Thursday topic on channel 1340: In 2017, the Magnetic North Pole was just 240 miles from the Geographic North Pole...Each year its movement increases and it's heading South. What causes this movement? Or more importantly, why is it speeding up? Runtime: 10 Minutes










FRIDAY, February 7th, 2025

8:00 AM		Breakfast
10:00 AM		Exercise with Angelina in the Community Room
10:30 AM		Scattergories with Angelina in the Community Room
12:00 PM		Lunch
1:30 PM		The Nottingham Puzzle Competition- Meet Angelina at 1:15 to Attend
2:30 PM		Nerf Gun Practice with Angelina in the Community Room
5:00 PM		Dinner
8:00 PM		Friday on Channel 1340: A review of Good News in January you might have missed. Runtime: 12 Minutes

SATURDAY, February 8th, 2025

8:00 AM		Breakfast
9:45 AM		Exercise with Sarah in the Community Room
10:15 AM		Fill in the Blank with Sarah in the Community Room
12:00 PM		Lunch
1:30 PM		What is this? With Sarah in the Community Room
3:15 PM		SU Basketball Game Vs. Boston College on Channel 6
6:00 PM		News Hour in the Community Room

SUNDAY, February 9th, 2025

8:00 AM		Breakfast
9:45 AM		Exercise with Angelina in the Community Room
10:30 AM		<u>Sunday Service with Deacon Ralph in the Community Room</u>
12:00 PM		Lunch
1:30 PM		Would You Rather? With Angelina in the Community Room
2:30 PM		Movie Matinee in the Community Room
5:00 PM		Dinner
6:00 PM		Super Bowl LIX Pregame Party with Life Enrichment in the T.V. Room! Come watch the Kansas City Chiefs take on the Philadelphia Eagles! Meet Abby at 6:00
6:00 PM		News Hour in the Community Room