

Assisted Living Residence Weekly Telegraph

April 14th – April 20th












The Nottingham Channel 1340
A publication for Residents and Employees

- Calendar of Events
- Coming Attractions
- Special Announcements
- Birthdays











Shannon Loughlin, Director of Life Enrichment
Angelina Roberts, Recreation Specialist
Abigail Loiselle, Recreation Intern

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MONDAY, April 14th, 2025

8:00 AM		Breakfast
10:00 AM		Exercise with Abby in the Community Room
10:30 AM		BINGO! With Abby in the Community Room
12:00 PM		Lunch
1:30 PM		Chair Yoga with Abby in the Community Room
2:00 PM		Take a Wild Guess Day! How many M&M's are in the jar? In the Community Room
3:00 PM		<u>History of the Syracuse Nationals with Bob Searing in IL- Meet Abby in the Community Room at 2:45</u>
5:00 PM		Dinner
7:15 PM		Helping Hands with Angelina- Room to Room










TUESDAY, April 15th, 2025

8:00 AM		Breakfast
9:30 AM		Morning Chat with Abby in the Community Room
10:00 AM		Exercise with Abby in the Community Room
10:30 AM		<u>Singing Hymns and Visits with Chaplain Mary Colleen in the Community Room</u>
12:00 PM		Lunch
1:30 PM		<u>Ecumenical Services in the IL TV Room-</u> Meet Abby in the Community Room at 1:15 PM
3:00 PM		Taste Testing Different Flavors of Peeps with Abby in the Community Room
3:30 PM		<u>Piano Music with Austin Scharf in the Community Room</u>
5:00 PM		Dinner
7:15 PM		<u>Musical Performance with CNY Flute Chior in IL TV Meeting Room-</u> Meet Kaileigh at 7:00 to attend










WEDNESDAY, April 16th, 2025

8:00 AM		Breakfast
9:30 AM		The Good News with Abby in the Community Room
10:00 AM		<u>Mindful Movement with Emily in the Community Room</u>
10:30 AM		Jeopardy with Abby in the Community Room
12:00 PM		Lunch
1:30 PM		<u>Afternoon Stretches with Angelina in the Community Room</u>
2:00 PM		<u>Easter Craft with Angelina in the Community Room</u>
2:30 PM		Writer's Group in the IL T.V. Room Syracuse University Professor Schell and intern Sarah Wells leads an open creative writing group. We invite anyone who likes to write or wants to do more writing. All are welcome!
3:00 PM		<u>Easter Happy Hour in the Clubhouse. Musical Performance with Brass Act-</u> Meet Angelina at 2:45 to attend
5:00 PM		Dinner
7:00 PM		No Evening Program

THURSDAY, April 17th, 2025

8:00 AM		Breakfast
9:45 AM		Exercise with Abby in the Community Room
10:15 AM		True or False with Abby in the Community Room
11:00 AM		<u>The Mass of the Last Supper with Syracuse Diocese in IL TV Room</u> Meet Abby at 10:45 to attend
12:00 PM		<u>April Birthday Luncheon in IL Clubhouse-</u> sign up with Abby. Meet Abby at 11:45 to attend
12:00 PM		Lunch
2:00 PM		Hangman with Abby in the Community Room
2:30 PM		Movie Matinee in the Community Room
5:00 PM		Dinner

FRIDAY, April 18th , 2025

8:00 AM		Breakfast
9:45 AM		Exercise with Abby in the Community Room
10:15 AM		True or False with Abby in the Community Room
11:00 AM		<u>Good Friday Service with Syracuse Diocese Priests in IL TV Room</u> - Meet Abby at 10:45 to attend
12:00 PM		Lunch
1:30 PM		<u>Prayer Group with Betsy in the Arts & Crafts Room</u>
1:30 PM		Name that Tune with Abby on the Front Benches (Weather Permitting)
2:30 PM		Movie Matinee in the Community Room
5:00 PM		Dinner

SATURDAY, April 19th, 2025

8:00 AM		Breakfast
9:45 AM		Exercise with Kaileigh in the Community Room
10:15 AM		Name 10 with Kaleigh in the Community Room
12:00 PM		Lunch
1:30 PM		Flower Arranging Daffodils & Tulips with Kaileigh in the Community Room
5:00 PM		Dinner

SUNDAY, April 20th, 2025

8:00 AM		Breakfast
9:45 AM		Exercise with Abby in the Community Room
10:30 AM		<u>Sunday Service with Deacon Ralph in the Community Room</u>
11:00 AM		Catholic Mass with Syracuse Diocese Priests In the IL T.V. Room (must attend independently)
12:00 PM		Lunch
1:30 PM		Weekend BINGO! With Kaileigh in the Community Room
2:30 PM		Movie Matinee in the Community Room
5:00 PM		Dinner
6:00 PM		News Hour in the Community Room