

Assisted Living Residence Weekly Telegraph

April 7th – April 13th



The Nottingham Channel 1340









A publication for Residents and Employees

- Calendar of Events
- Coming Attractions
- Special Announcements
- Birthdays










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MONDAY, April 7th, 2025

8:00 AM		Breakfast
10:00 AM		Exercise with Abby in the Community Room
10:30 AM		BINGO! With Abby in the Community Room
12:00 PM		Lunch
1:30 PM		Cranium Crunches with Abby in the Community Room
2:30 PM		Making Cards For Our Loved Ones with Abby in the Community Room
5:00 PM		Dinner
7:15 PM		Helping Hands with Angelina- Room to Room










TUESDAY, April 8th, 2025

8:00 AM		Breakfast
9:30 AM		Morning Chat with Abby in the Community Room
10:00 AM		Exercise with Abby in the Community Room
10:30 AM		Manicures with Abby in the Community Room
12:00 PM		Lunch
1:30 PM		<u>Ecumenical Services in the IL TV Room-</u> Meet Abby in the Community Room at 1:15 PM
2:30 PM		Scattergories with Abby in the Communtiy Room
5:00 PM		Dinner
7:15 PM		<u>Musical Performance with Little Jazz Trio in IL TV Meeting Room-</u> Meet Kaileigh at 7:00 to attend

WEDNESDAY, April 9th, 2025

8:00 AM		Breakfast
9:30 AM		<u>The Good News with Sarah in the Community Room</u>
10:00 AM		<u>Mindful Movement with Emily in the Community Room</u>
10:30 AM		<u>Select Rehab Presentation on Living Well with Diabetes by Nicole in the Community Room</u>
12:00 PM		Lunch
1:30 PM		<u>Grandparent Program- Students from Parkview Elementary come once a month to do an activity together!</u>
2:30 PM		<u>Writers' Group in the IL T.V. Room</u> Syracuse University Professor Schell and intern Sarah Wells leads an open creative writing group. We invite anyone who likes to write or wants to do more writing. All are welcome!
3:00 PM		<u>Happy Hour in the Clubhouse. Musical Performance with Charolette's Web- Meet Angelina at 2:45 to attend</u>
5:00 PM		Dinner
7:00 PM		Color by Number with Angelina in the Community Room

THURSDAY, April 10th, 2025

8:00 AM		Breakfast
9:30 AM		What's Going on in the News with Angelina in the Community Room
10:00 AM		Exercise with Angelina in the Community Room
10:30 AM		WORDLE with Angelina in the Community Room
11:15 AM		<u>Lunch Outing: The Daily Diner- Meet Angelina at 11:00 in the Lobby</u>
12:00 PM		Lunch
1:00 PM		<u>Massages with Donna in the Arts & Crafts Room</u>
2:30 PM		Outdoor Stroll with Angelina- Weather Permitting: Meet in the Community Room at 2:15
5:00 PM		Dinner

FRIDAY, April 11th , 2025

8:00 AM		Breakfast
10:00 AM		Exercise with Angelina in the Community Room
10:30 AM		Crosswords with Angelina in the Community Room
12:00 PM		Lunch
1:30 PM		<u>Prayer Group with Betsy in the Arts & Crafts Room</u>
2:30 PM		<u>Helping Hounds Dog Visit in the Community Room</u>
3:00 PM		World Tour & Snacks from Around the World with Angelina in the Community Room
5:00 PM		Dinner

SATURDAY, April 12th, 2025

8:00 AM		Breakfast
9:45 AM		Exercise with Abby in the Community Room
10:15 AM		Boggle with Abby in the Community Room
12:00 PM		Lunch
1:30 PM		Spring Watercolor Painting in the Community Room
5:00 PM		Dinner

SUNDAY, April 13th, 2025

8:00 AM		Breakfast
9:45 AM		Exercise with Abby in the Community Room
10:30 AM		<u>Sunday Service with Deacon Ralph in the Community Room</u>
11:00 AM		Catholic Mass with Syracuse Diocese Priests In the IL T.V. Room (must attend independently)
12:00 PM		Lunch
1:30 PM		Weekend BINGO! With Abby in the Community Room
2:30 PM		Movie Matinee in the Community Room-
5:00 PM		Dinner
6:00 PM		News Hour in the Community Room