

Assisted Living Residence Weekly Telegraph

May 12th- 18th



The Nottingham Channel 1340











A publication for Residents and Employees

- Calendar of Events
- Coming Attractions
- Special Announcements
- Birthdays










Shannon Loughlin, Director of Life Enrichment
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MONDAY, May 12th, 2025

8:00 AM		Breakfast
10:00 AM		Exercise with Shannon in the Community Room
10:30 AM		WHAT AM I? with Shannon in the Community Room
11:00 AM		Poetry Readings in the Community Room
12:00 PM		Lunch
12:30 PM		Jamesville-DeWitt Library Visit in the Family Room With books to loan.
1:30 PM		Looming with Shannon in the Arts & Crafts Room
2:30 PM		Trash to Treasures in the IL T.V. Room All residents welcome to claim donated items in this free exchange of donated goods! (meet Shannon in the Lobby to walk up)
5:00 PM		Dinner
7:00 PM		Comedy Hour with Angelina









TUESDAY, May 13th, 2025

8:00 AM		Breakfast
9:30 AM		Fun Facts Angelina in the Community Room
10:00 AM		Exercise with Angelina in the Community Room
10:30 AM		Music with Blair Frodelius in the Community Room
12:00 PM		Lunch
1:30 PM		Spiritual Services in IL TV Room (meet Angelina at 1:15 in the lobby to attend)
2:30 PM		Karaoke with Angelina in the Community Room
5:00 PM		Dinner
7:15 PM		Classical Music Performance in IL TV Room (meet Kaileigh at 7:00 in the lobby to attend)

WEDNESDAY, May 14th , 2025

8:00 AM		Breakfast
9:30 AM		Morning Chat with Jade in the Community Room
10:00 AM		<u>Mindful Movement with Emily in the Community Room</u>
10:30 AM		Jeopardy with Jade in the Community Room Tidbits of Trivia in the Community Room
11:30 AM		Tidbits of Trivia with Jade in the Community Room
12:00 PM		Lunch
1:30 PM		Grandparents Program with Parkview Elementary Students in the Community Room The grandparent program matches you up with a student to get to know over monthly visits. Participate in a fun activity with your student while getting to know them!
2:30 PM		Writers' Group in the IL T.V. Room Syracuse University Professor Schell leads an open creative writing group. We invite anyone who likes to write or wants to do more writing. All are welcome! (must attend independently)
3:00 PM		Happy Hour with Music by in IL Clubhouse (meet Angelina at 2:45 in the lobby to attend)
5:00 PM		Dinner
7:00 PM		Helping Hands with Angelina in the Community Room

THURSDAY, May 15th , 2025

8:00 AM		Breakfast
9:30 AM		What's new in the news? with Shannon in the Community Room
10:00 AM		Exercise with Shannon in the Community Room
11:00 AM		Catholic Service with Fr. Murray in the Community Room
12:00 PM		May Birthday Luncheon in IL (meet Shannon in the lobby to walk up)
12:00 PM		Lunch
1:30 PM		Nottingham Chorus with Shannon in the Community Room
2:30 PM		Rummikub Tile Game in the Arts & Crafts Room with Shannon
5:00 PM		Dinner






FRIDAY, May 16th, 2025

8:00 AM		Breakfast
10:00 AM		Exercise with Shannon in the Community
10:30 AM		Life Enrichment Committee with Shannon in the Community Room
11:00 PM		BINGO with Shannon in the Community Room
12:00 PM		Lunch
1:30 PM		Celebrating Older Americans Month in the Community Room. Virtual Event with our sister Loretto sites! Join us to play a word ladder game, plus a few minute to win it challenges!
3:00 PM		Afternoon Stretches with Shannon in the Community Room
5:00 PM		Dinner

SATURDAY, May 17th, 2025

8:00 AM		Breakfast
9:45 AM		Exercise with Kaileigh in the Community Room
10:15 AM		Mini Crossword with Kaileigh in the Community Room
12:00 PM		Lunch
1:30 PM		Popsicles on the Patio and Outdoor Walk to MC
5:00 PM		Dinner

SUNDAY, May 18th, 2025

8:00 AM		Breakfast
9:45 AM		Exercise with Kaileigh in the Community Room
10:30 AM		<u>Sunday Service with Deacon Ralph in the Community Room</u>
12:00 PM		Lunch
1:30 PM		Happy Birthday with Kaileigh Perry Como!
2:30 PM		Movie Matinee in the Community Room
5:00 PM		Dinner
6:00 PM		News Hour in the Community Room