

Assisted Living Residence Weekly Telegraph

July 14th- 20th, 2025











The Nottingham Channel 1340

A publication for Residents and
Employees










- Calendar of Events
- Coming Attractions
- Special Announcements
- Birthdays

Shannon Loughlin, Director of Life Enrichment	315-413-3903
Abigail Loiselle, Recreation Therapist	315-413-3596
Angelina Roberts, Recreation Specialist	315-413-3127




MONDAY, July 14th, 2025

8:00 AM		Breakfast
10:00 AM		Exercise with Abby in the Community Room
10:30 AM		Word Ladder Game with Abby in the Community Room
12:00 PM		Lunch
1:30 PM		Bingo! with Abby in the Community Room
3:00 PM		Rememberance Service in IL TV Room Meet Abby at 2:30 to attend
5:00 PM		Dinner
7:00 PM		Guess the Picture with Angelina in the Community Room










TUESDAY, July 15th , 2025

8:00 AM		Breakfast
9:30 AM		Morning Chat with Abby in the Community Room
10:00 AM		Exercise with Abby in the Community Room
10:30 AM		Manicures with Abby in the Family Room
12:00 PM		Lunch
1:30 PM		<u>Spiritual Services in IL TV Room</u> (meet Abby at 1:15 to attend)
3:30 PM		<u>Live Music with the Little Jazz Trio in the Community Room</u>
5:00 PM		Dinner
7:00 PM		Black Jack Card Game with Angelina in the Community Room






WEDNESDAY, July 16th , 2025

8:00 AM		Breakfast
10:00 AM		<u>Mindful Movement with Emily in the Community Room</u>
10:30 AM		Chick Meet and Greet! Hold a chick and take a photo!
11:30 AM		Lunch Outing to Heid's in Liverpool Meet Abby at 11am in the front lobby
12:00 PM		Lunch
3:00 PM		<u>Happy Hour with Music by Jason Jeffers in the IL Clubhouse</u> (meet Angelina at 2:45 to attend)
5:00 PM		Dinner
7:00 PM		Helping Hands with Angelina in the Community Room




THURSDAY, July 17th , 2025

8:00 AM		Breakfast
9:30 AM		Morning Chat with Abby
10:00 AM		Exercise with Abby in the Community Room
10:30 AM		Corn Hole with Abby in the Community Room
12:00 PM		Lunch
12:00 PM		July Birthday Luncheon in the IL Clubhouse
1:30 PM		Let's Make our own Ice Cream in a bag!
2:30 PM		Enjoy our Ice Cream on the Patio!
5:00 PM		Dinner

FRIDAY, July 18th 2025

8:00 AM		Breakfast
10:00 AM		Exercise with Abby in the Community Room
10:30 AM		Nottingham Choir Practice with Abby in the Community Room
12:00 PM		Lunch
1:30 PM		Betsy's Prayer Group in the Arts & Crafts Room
3:00 PM		Luau Hawaiian Social! Enjoy a treat, listen to music, and play some games with your neighbors!
5:00 PM		Dinner

SATURDAY, July 19th , 2025

8:00 AM		Breakfast
		No Recreation Programs Independent activities such as word games, coloring, puzzles, etc. will be available in the Community Room
12:00 PM		Lunch
		No Recreation Programs Independent activities such as word games, coloring, puzzles, etc. will be available in the Community Room
5:00PM		Dinner

SUNDAY, July 20th , 2025

8:00 AM		Breakfast
9:45 AM		Exercise with Angelina in the Community Room
10:30 AM		<u>Sunday Service with Deacon Ralph in the Community Room</u>
12:00 PM		Lunch
1:30 PM		Ice Cream Social and Charades on the Patio
2:30 PM		Movie Matinee in the Community Room
5:00 PM		Dinner
6:00 PM		News Hour in the Community Room