Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **Fall back** Standard time begins at 2 a.m. Sunday. Turn clocks back one hour. Daylight saving time returns the second Sunday in March. Daylight Saving Time Ends	**2** Sedgwick Heights FLU CLINIC	**3** **Election Day** 9:30-Exercise with Weights-Clarice 10:30-Pretty Nails 12:30-Fresh Air Walk with Clarice 2:00-Mystery Auction with Clarice	**4** 9:00-Flavored Coffee with Clarice 10:30-Autumn Trivia with Clarice 12:30-One on One with Clarice 2:00-Something Special with Clarice	**5** 10:00-Communion with Deacon Steve 10:30-Veteran Club with Clarice 2:00-BINGO with Clarice	**6** 9:30-Exercise with Clarice 10:30- Baking with Clarice 12:30-Think Fast with Clarice 2:00-Happy Hour with Clarice	**7** **Which U.S. president made Thanksgiving a national holiday in 1863?**
8 **2:00- Bingo With Dan** Diwali (Hindi)	**9** 10:00-Crafts with Clarice 11:30-Think Fast-Clarice 12:30-Did You Know?? With Clarice 1:30-Bible Study-Lance 2:00-Bowling & Beverages with Clarice	**10** 9:30-Ball Exercise with Clarice 10:30-Pretty Nails by Clarice 12:30-Hot Tea with Clarice **2:00-Mike R. Live in Concert**	**11** 10:00-Honoring Our Veterans-Clarice 11:30-Veterans Luncheon with Clarice 2:00-Movie & Treats with Clarice Veterans Day Remembrance Day (Canada)	**12** 10:00-Communion with Deacon Steve 10:30-Card Club with Clarice 12:30-Fresh Air Walk with Clarice 2:00-BINGO with Clarice	**13** 9:30-Exercise with Clarice 10:30-Greeting Cards with Clarice 12:30- Let's Make a Deal with Clarice 2:00-Happy Hour with Clarice	**14**
15 **2:00- Bingo With Dan**	**16** 10:00-Cooking Class with Clarice 11:30-Million-Dollar Question with Clarice 12:30-Fresh Air-Clarice 1:30-Bible Study-Lance 2:00-Afternoon Social-C	**17** 9:30-Exercise with Clarice 10:30-Pretty Nails with Clarice 12:30-Mobile Tic Tac Toe Game with Clarice 2:00-Karaoke with Clarice	**18** **10:00-Sounds & Wellness** 2:00-Resident Council Meeting with Dan 2:30-Resident Birthday Bash with Clarice	**19** 10:00-Communion with Deacon Steve 10:30-Calendar Meeting-Clarice 2:00-BINGO with Clarice	**20** 9:30-Exercise with Clarice 11:00-Take Out for Lunch **(please see Clarice by 11/18 to place your order)** 2:00-Happy Hour with Clarice	**21** 8:00-Hot Chocolate & Marshmallows with Clarice 9:00-Fall Trivia with Clarice 10:00-Pokeno for Candy with Clarice
22 **2:00- Bingo With Dan**	**23** 10:00-Paint & Sip with Clarice 11:30-Brain Games with Clarice 1:30-Bible Study-Lance 2:00-Monday Madness with Clarice	**24** 9:30-Exercise w/ Clarice 10:30-Pretty Nails with Clarice 12:30-Hot Chocolate with Clarice **2:00-Lori W. Live in Concert**	**25** 9:00-Flavored Coffee with Clarice **10:30-Come Join the holiday Chorus** *Clarice in Meeting all Afternoon	**26** **Happy Thanksgiving** 6:30-Coffee Club-Clarice 8:00-Morning News-C 9:30-What are we thankful for? Clarice 11:00-Crafts with Clarice **1:00-BINGO for Prizes with Clarice** Thanksgiving Day (U.S.)	**27** 10:00-Black Friday Sale with Clarice 12:30-Fresh Air Walk with Clarice 2:00-Pie Social with Clarice	**28** **What is the zodiac sign for people born from November 22nd through December 21st?**
29 **All programs are subject to change. Please refer to the activity boards located on each unit for any changes**	**30** 10:00-Places We traveled & want to go 11:30-Never Would I Ever with Clarice 1:30-Bible Study-Lance 2:00-Holiday Movie & Treats with Clarice					