

October 2021



Green=Cognitive
Orange=Physical
Pink=Social
Blue=Emotional/
Expressive/Creative
Purple=Spiritual

The Borer Memory Life
Community
All-House Calendar

Andrea Canale, CTRS:
315-413-3946
Andrew Katko, CTRS:
315-413-3596

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1 AM: Guided Tai Chi AM: October I.Q. PM: Rosary Group PM: Cider and Donuts Social PM: Word Games PM: Musical Moments with Nursing	2 AM: Get Up and Go AM: Hymn Sing-a-Long PM: Manicure Station PM: Scategories PM: Evening Stroll with Nursing	3 AM: Coffee and Chats AM: Sunday Catholic Service at 10:45am (FG) PM: Sunday Sports PM: Compassionate Care 1:1 Visits PM: Sorting Groups with Nursing Staff
4 AM: Move-n-Groove AM: Sensory 1:1 AM: All-House Balloon Volley PM: SUNY ESF Club PM: Massages and Manicures with Cammy	5 AM: Morning Stretch AM: Breathing Exercise AM: All-House Singing PM: Resident Council PM: Piano with Dan at 3:00pm PM: Unwind with Tea PM: LIVE ZOOM PRESENTATION FOR FAMILIES	6 AM: Stretch-n-Flex AM: Oh, The Places You'll Go! PM: Wellness with Jess PM: Oktoberfest Social PM: Flower Arranging PM: Evening with Andrew	7 AM: Seated Yoga AM: Famous Faces PM: Color Therapy PM: Music with Tommy Barr at 3:45pm PM: Evening Stretch with Nursing	8 AM: Guided Tai Chi AM: Chevy Chase Favorites PM: Meet and Greet with Hadar PM: Bowling PM: Musical Moments with Nursing	9 AM: Get Up and Go AM: Hymn Sing-a-Long PM: Manicure Station PM: October Word Mining PM: Evening Stroll with Nursing	10 AM: Coffee and Chats AM: Sunday Catholic Service at 10:45am (FG) PM: Sunday Sports PM: Compassionate Care 1:1 Visits PM: Sorting Groups with Nursing Staff
11 AM: Move-n-Groove AM: Columbus Day Trivia PM: Sensory Stations PM: Healthy Movement with Jess PM: Massages and Manicures with Cammy	12 AM: Morning Stretch AM: Fall Leaves Print PM: Name That Pasta PM: Mediation Group PM: Flu Clinic and Movie Matinee	13 AM: Stretch-n-Flex AM: History of the Teddy Bear PM: Adaptive Sports PM: Flower Arranging PM: Evening with Andrew	14 AM: Seated Yoga AM: Short Stories PM: Paint-By-Number PM: Theater Thursday Matinee PM: Evening Stretch with Nursing	15 AM: Guided Tai Chi AM: Name-10 PM: Friday Top 5 Songs PM: Balloon Games PM: Winds Quartet at 4:00pm PM: Musical Moments with Nursing	16 AM: Get Up and Go AM: Hymn Sing-a-Long PM: Trivia Club PM: Jerry Cali Performance at 3:30pm PM: Evening Stroll with Nursing	17 AM: Coffee and Chats AM: Sunday Catholic Service at 10:45am (FG) PM: Sunday Sports PM: Compassionate Care 1:1 Visits PM: Sorting Groups with Nursing Staff
18 AM: Move-n-Groove AM: Puzzles and Cards PM: Sensory Stations PM: Finding Balance with Jess PM: Massages and Manicures with Cammy	19 AM: Morning Stretch AM: Creative Corner PM: BINGO PM: Calm Corner PM: Music with "Little Jazz Trio" at 3:30pm	20 AM: Stretch-n-Flex AM: Today in History PM: "Bubble-Mania" at 1:30pm PM: Wellness Wednesday with Jess PM: Flower Arranging PM: Evening with Andrew	21 AM: Seated Yoga AM: DrumQuest with Jimbo at 11:00am PM: Guess That Fall Scent PM: Types of Reptiles PM: Evening Stretch with Nursing	22 AM: Guided Tai Chi AM: Fall Poetry PM: Horticulture Therapy with Hadar PM: Move-n-Groove PM: Musical Moments with Nursing	23 AM: Get Up and Go AM: Hymn Sing-a-Long PM: Manicure Station PM: Evening Stroll with Nursing PM: **Symphoria Performance on Channel 1340 at 7:15pm	24 AM: Coffee and Chats AM: Sunday Catholic Service at 10:45am (FG) PM: Sunday Sports PM: Compassionate Care 1:1 Visits PM: Sorting Groups with Nursing Staff
25 AM: Move-n-Groove AM: Old Maid PM: Sensory Stations PM: Be Your Best Self with Jess PM: Massages and Manicures with Cammy	26 AM: Morning Stretch AM: Mask Decorating PM: Uno! PM: Breath of Peace PM: Movie Matinee	27 AM: Stretch-n-Flex AM: Scrabble PM: Wellness Wednesday with Jess PM: Flower Arranging PM: Evening with Andrew	28 AM: Seated Yoga AM: Short Stories PM: Music with Paul Val at 3:45pm PM: Halloween Party PM: Evening Stretch with Nursing	29 AM: Guided Tai Chi AM: Hangman PM: Friday Top-5 Songs PM: Cornhole PM: Musical Moments with Nursing	30 AM: Get Up and Go AM: Hymn Sing-a-Long PM: Manicure Station PM: Highland Winds Clarinet Quartet at 1:30PM PM: Name That Flower PM: Evening Stroll with Nursing	31 AM: Coffee and Chats AM: Sunday Catholic Service at 10:45am (FG) PM: Sunday Sports PM: Halloween Music PM: Sorting Groups with Nursing Staff

Beyond the Calendar: Programs that are more individualized that may occur daily include: folding laundry, sorting, matching, newspapers, magazines, card-playing, tending to chores, visiting with friends, helping staff with errands, relaxing, enjoying old-time television favorites, use of project baskets, staff talking with residents about their memories, 1:1 exercise, and listening to music. "AM" and "PM" program times are intended to meet the natural rhythm of our residents' days. Programs may be rescheduled or cancelled.

10/5: Live Zoom Presentation for Families 6:00pm to 7:00pm

10/7: Performance by Tommy Barr at 3:45pm

10/19: Performance by Harvey Nusbaum and "Little Jazz Trio" at 3:30pm

10/21: Drum Group with Jimbo Talbot at 11:00am

10/28: Performance by Paul Val at 3:45pm