

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# October 2022

9:45 Exercise with Jade in the Community Room 1:30 Air hockey with Jade in the community Room 2:30 Movie Matinee in the Community Room						
11:00 <b>Catholic Mass</b> 2 (meet at 10:30 in the ALR TV Room to walk over if interested) 1:30 Exercise with Jade in the Community Room 2:30 Movie Matinee	10:00 Exercise with Andrew in the Community Room 10:30 Southern Road Trip Travelogue with Andrew 2:30 Mini Golf with Andrew in the Sun Room 3:30 Bingo with Andrew in the Sun Room 7:15 Tea, Talking & Cookies with Cammy in the Family Room	10:00 <b>Qigong with Katrin in the Community Room</b> 4 10:30 Fall Poems with Andrew in the Community Room 1:30 <b>Ecumenical Service in IL TV Room</b> 3:30 <b>Blair Frodelius Vocal Performance in the Community Room</b> 7:15 <b>Piano Concert in IL</b>  Yom Kippur Begins	10:00 <b>Mindful Movement with Emily in the Community Room</b> 5 Exercise with Andrew in the Community Room 10:30 Sing-a-long with Andrew in the TV Room 2:30 Penny Pitch with Andrew in the Sun Room 3:30 Mad Libs and Short Stories with Andrew in the Sun Room 7:15 Black Jack with Andrew in the Arts & Crafts Room	10:00 Exercise with Shannon in the Community Room 10:30 Ladder Ball with Shannon in the Community Room 2:30 Word Games with Shannon in the Community Room 3:30 Stretch & Talk with Shannon in the Sun Room	10:00 Exercise with Shannon 10:30 Famous October Birthday's with Shannon 2:30 October Birthday Social with Shannon	9:45 Exercise with Andrew in the Community Room 1:15 Balloon Table Tennis with Andrew in the community Room 2:30 <b>Love Letters Presentation in IL TV Room</b>
11:00 <b>Catholic Mass</b> 9 (meet at 10:30 in the ALR TV Room to walk over if interested) 1:30 Exercise with Andrew in the Community Room 2:30 Movie Matinee Sukkot Begins	10:00 Exercise with Cammy in the Community Room 10:30 Columbus Day History and Indigenous Peoples Day True or False with Cammy in the Community Room 2:30 Horseshoes with Cammy in the Sun Room 3:30 Where was Cammy? with Cammy in the Community Room 7:15 Tea, Talking & Cookies with Cammy in the Family Room  Columbus Day (US) Indigenous Peoples' Day Thanksgiving Day (Canada)	10:00 <b>Qi Gong with Katrin in the Community Room</b> 11 10:30 <b>Massages with Cammy &amp; Donna-Massage Therapist</b> 1:30 <b>Ecumenical Service in IL TV Room</b> 2:30 Picking Pumpkins in the Nottingham Pumpkin Patch with Cammy 3:00 <b>Mike Burns in the Community Room</b> 7:15 <b>Concert; 4 Hand Piano in IL</b>	10:00 <b>Mindful Movement with Emily in the Community Room</b> 12 10:30 <b>Posture &amp; Lower Back Pain Presentation with Prashant in the Community Room</b> 2:00 Scarecrow Creation with Cammy in the Sun Room 3:00 Pumpkin Painting with Cammy in the Sun Room 7:15 Word Games with Andrew in the Community room	10:00 Exercise with Andrew in the Community Room 10:30 Football Trivia and Reminiscing with Andrew in the Community Room 11:00 <b>Jamesville Dewitt Library with in the Family Room</b> 2:00 Baseball with Andrew in the Sun Room 3:30 Yahtzee With Andrew in the arts and Crafts Room	10:00 Exercise with Andrew 10:30 Sing-A-Long with Andrew in the Community Room 2:00 <b>Helping Hounds (Meet in the Sun Room at 1:45)</b> 3:00 Fall Coloring Pages with Andrew in the Arts and Crafts room	9:45 Exercise with Cammy in the Community Room 1:30 Basketball with Cammy in the Sun Room 2:30 Movie Matinee in the Community Room
11:00 <b>Catholic Mass</b> 16 (meet at 10:30 in the ALR TV Room to walk over if interested) 1:30 Exercise with Cammy in the Community Room 2:30 Movie Matinee	10:00 Exercise with Andrew in the Community Room 10:30 Ghoulishly Funny Riddles and Remembering the Pumpkin patch with Andrew in the Community Room 2:30 Baseball with Andrew in the Sun Room 3:30 Boo! Word Mining with Andrew in the Arts and Crafts Room 7:15 Tea, Talking & Cookies with Cammy in the Family Room  Simchat Torah Begins	10:00 <b>Qigong with Katrin in the Community Room</b> 18 10:30 Remembering Autumn Leaves with Cammy in the Community Room 11:30 <b>Texas Road House Lunch Outing</b> 1:30 <b>Ecumenical Service in IL TV Room</b> 2:30 Boggle with Cammy in the Community Room 3:30 Guided Meditation with Cammy in the Arts & Crafts Room 7:15 <b>Little Jazz Trio in IL</b>	10:00 <b>Mindful Movement with Emily in the Community Room</b> 19 10:00 <b>Maple Presentation with Dutch Hill Maple in MC</b> 2:30 <b>Resident Council in the Community Room</b> 3:30 Bingo with Cammy in the Community Room 7:15 Snakes and ladders with Andrew in the Sun Room	10:00 Exercise with Cammy in the Community Room 10:30 Begins with Word Game with Cammy in the Arts & Crafts Room 1:45 <b>Drum Circle with Jimbo in the Sun Room</b> 3:30 Ghost Shoot with Cammy in the Community Room	10:00 Exercise with Cammy in the Community Room 10:30 Soccer Bowling in the Community Room with Cammy 2:30 Fall Social with Cammy in the Community room	9:45 Exercise with Jade in the Community Room 1:30 Skee Ball with Jade in the Community Room 2:30 Movie Matinee in the Community Room
11:00 <b>Catholic Mass</b> 23 (meet at 10:30 in the ALR TV Room to walk over if interested) 1:30 Exercise with Jade in the Community Room 2:30 Movie Matinee	10:00 Exercise with Andrew in the Community Room 10:30 Halloween Trivia with Andrew in the Community Room 2:30 Spooky Story Writing with Andrew in the Arts and Crafts Room 3:30 Pokeno with Andrew in the Arts and Crafts Room Diwali (Hindi)	10:00 <b>Qigong with Katrin in the Community Room</b> 25 10:30 "Which Singer is it? With Cammy in the Community Room 1:30 <b>Ecumenical Service in IL TV Room</b> 2:30 Name that Famous Logo with Cammy in the Community Room 3:30 Putt Putt with Cammy in the Community Room 7:15 Nails with Jade in the Family Room	10:00 <b>Mindful Movement with Emily in the Community Room</b> 26 10:30 The Boo Word Game with Cammy in the Community Room 2:30 Scattergories with Cammy in the Community Room 3:30 Corn Hole with Cammy in the Community room 7:00 <b>Trick or Treating in the Sun Room with Trick or Treaters!</b>	10:00 Exercise with Cammy in the Community Room 10:30 *Pumpkin Flower Pot Painting with Cammy in the Community Room 2:30 Bowling with Cammy in the Community Room 3:30 Pling Plong with Cammy in the Sun Room	10:00 Exercise with Cammy in the Community Room 10:30 The History of Classic Monster Movies with Cammy in the Community Room 2:30 Question Ball with Cammy in the Community Room 3:30 Bocce Ball with Cammy in the Sun Room	9:45 Exercise with Andrew in the Community Room 2:00 Balloon Volley with Andrew in Community Room in the Community Room
11:00 <b>Catholic Mass</b> 30 (meet at 10:30 in the ALR TV Room to walk over if interested) 1:30 Exercise with Andrew in the Community Room 2:30 Movie Matinee	10:00 Exercise with Andrew in the Community Room 10:30 Halloween party Decorations with Andrew in the Arts and Crafts Room 2:00 <b>Halloween Games with Andrew and Cammy in the Community Room</b> 3:30 <b>Halloween Party with Jerry Cali in the Community Room</b> 7:15 Spooky Tea, Coffee & Cookies with Cammy in the Family Room Halloween	Please contact Cammy at 315-413-3127 with any questions, comments or concerns. Daily changes will be written on the white board located outside the dining room!				

Type the name, address, and other information about your community/company here.