

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>January 2025</h1> <h2>Sedgwick Heights</h2>			 <p><b>Happy New Year 2025</b></p> <p>9:00-Current Events-A 10:00-Baking with Amy 11:00-What's New in 2025? With Amy <b>2:00-New Year Social with Amy</b> New Year's Day</p>	<p>8:30-Around the World-C 8:30-Morning News w/Amy 10:00-Communion with Deacon Steve 11:00-Table Top Volleyball with Clarice 2:00-Bingo with Clarice</p>	<p>9:30-Ball Toss with Clarice 10:30-Matching Game-Amy 11:30-January Trivia-Clarice 12:30-Connect Four Game Competition with Clarice <b>2:00-Winter Wreath Craft with Clarice &amp; Amy</b></p> 	<p>9:00-Frisbee Throw with Amy 10:00-Making Bird Feeders with Amy 11:00-Trivia with Amy 2:00-Bingo for PRIZES with Amy</p>
<p><b>Resident Store Hours</b> Monday &amp; Thursdays 1:00pm-1<sup>st</sup> Floor Recreation Room</p>	<p>8:30-Balloon Exercise-Amy 9:30-Watercolor painting-C 10:30-Name that Tune-Amy 11:30-Wheel of Fortune with Clarice &amp; Amy 12:00-Bible Study w- Lance <b>2:00-Bowling &amp; Beverages with Clarice &amp; Amy</b></p>	<p>7:00-Whats Happening in Our Community-Clarice 8:30-Where Am I?-Amy 9:30-Exercise-Stretch Band Workout with Clarice 10:30-Pet Rocks Craft-Amy 11:30-Word Game-Clarice <b>2:00-Mike Romano</b></p> 	<p>8:30-Who, What, Where, When &amp; Why with Amy 9:30-Baking with Clarice 10:30-Roll The Dice Exercise with Amy 11:30-Build a Word-Clarice 1:00-Amy Says 2:00-Hot fudge Brownie Social-Clarice &amp; Amy</p>	<p>7:00-Classical Sounds-C 8:30-World News with Amy 10:00-Communion with Deacon Steve 11:00-Right Left Game-Amy 11:00-Ring Toss-C 2:00-Bingo with Amy 2:00-Pokeno Games with Clarice</p>	<p>9:30-Waterballoon Exercise with Clarice 10:30-Deal or No Deal-Amy 11:30-Pretty Nails-Clarice 12:00-What Would You do with Amy <b>2:00-Over 21 Club (must show ID) with Clarice</b></p>	<p>7:00-Local &amp; World News with Clarice 8:00-Dough Dough Dough with Clarice 9:00-Jumbo Create a Word with Clarice 10:00-Arts &amp; Crafts with Clarice 2:00-BINGO with Dan</p>
<p>10:00-Christian Fellowship with Reverend Steve Walker</p>	<p>9:30-Country Music Exercise with Clarice 10:30-Pretty Nails-Clarice 12:00-Snowball Fun-Clarice 12:00-Bible Study w- Lance <b>2:00-Ice Cream Social with Clarice</b></p> 	<p>7:00-Good Morning Sedgwick Heights-Clarice 8:30-Exercise Basketball Fun-Clarice 11:00-Winter Crafts-with Clarice 12:30-What Would You Do-Clarice <b>2:00-Jerry Cali</b></p> 	<p>9:30-Exercise with Clarice 12:00-Making someone's Day with Clarice 2:00-Resident Council Meeting with Dan &amp; Judy 2:30-Residents -Clarice</p>	<p>7:00-Guess Who-Clarice 8:30-Exercise -Bean Bag Toss-Clarice 10:00-Communion with Deacon Steve 11:30-Deal or No Deal with Clarice 2:00-Bingo with Clarice</p>	<p>9:30-Exercise with Clarice 10:30-Karaoke with Clarice 12:00-Create a Word with Clarice <b>2:00-Picture Frame Craft with Clarice</b></p>	<p>8:00-No Bake Treats with Clarice 9:00-Scrabble Group with Clarice 10:00-Cover-all Only Bingo (3 games only)</p>
<p>10:00-Christian Fellowship with Reverend Steve Walker</p> <p><small>Activity Professionals Week</small></p>	<p>9:30-Hip Hop Exercise with Clarice 10:30-Martin Luther King Trivia with Clarice 12:00-Bible Study w-Lance 12:00-Pretty Nails-Clarice <b>2:00-Howie B.</b></p>  <p><small>Martin Luther King Jr. Day</small></p>	<p>7:00—Social Media News with Clarice 8:30-Where in the World am I? with Clarice 10:00-Exercise with Clarice 2:00-Sip &amp; Paint with Clarice</p>	<p>10:00-Bowling &amp; Beverages with Clarice &amp; Amy 11:00-Jumbo Connect Four Tournament Res vs Staff 12:00-Trouble-Clarice 1:00-ABC Connection Game with Amy 2:00-Pass or Share Game</p>	<p>7:00-Wake Up to our local news with Clarice 8:30-Think Fast with Amy 10:00-Communion with Deacon Steve 11:30-Hand Massage-C 2:00-Bingo with Amy</p>	<p>9:30-Frisbee Toss w/Clarice 10:30-Connect Four-Amy 11:30-The Price Is Right-C 12:00-Quick Trivia w/Amy 1:00-Indoor Walking Club-C <b>2:00-Over 21 Club with Clarice &amp; Amy</b></p> 	<p>9:00-Exercise with Amy 10:00-Baking Snickerdoodles with Amy 11:00-Memory Game with Amy 1:00-Afternoon Movie &amp; Popcorn with Amy</p>
<p>10:00-Christian Fellowship with Reverend Steve Walker</p> <p><small>Australia Day (Observed)</small></p>	<p>8:30-Local News with Amy 9:30-Kick Ball Exercise-C 10:30-Pretty Nails with Amy 11:30-Poken with Clarice 12:00-Bible Study w-Lance 1:00-Program Ideas w/Amy <b>2:00-Pajama Party with Clarice &amp; Amy</b></p>	<p>7:00-Let Gather around the Table with Clarice 8:30-Hot Topic with Amy 10:00-Exercise with Weights-Amy 12:00-Scrabble with Clarice 2:00-Karaoke with Clarice &amp; Amy</p>	<p>8:30-Morning Social-Amy 9:30-Pull &amp; Push-Clarice 10:30-Baking with Amy 12:00-Horse Racing-Clarice 2:00-Fresh Fruit Social with Clarice &amp; Amy <b>4:30-Chinese Take Out for Dinner with Clarice &amp; Amy</b></p> <p><small>Chinese New Year (Year of the Snake)</small></p>	<p>7:00-Back In The Day with Clarice 8:30-Creating Memories with Amy 10:00-Communion with Deacon Steve 11:00-Winter Carfts with Clarice 2:00-Bingo with Amy</p>	<p><b>Hot Chocolate Day</b> 8:30-Donut &amp; Chat w- Amy 9:30-Stretch Band Workout with Clarice 10:30-Hot Chocolate Bar with Amy 11:30-Brain Game-Clarice <b>2:00-Jewelry Box Craft with Clarice &amp; Amy</b></p>	<p><b>Clarice Harris &amp; Amy Gannon</b></p>

All Programs Are Subject To Change, Please Refer To Activity Boards Located On Each Unit For Any Changes.