

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

The Heritage

750 East Brighton Ave.
Syracuse, NY.13205

Happy B'day Evelyn L! 6

Unit Activity



Labor Day

(M)
Happy B'day Nancy J!
10:30 BINGO
2:00 Entertainer:
Deb & John Puma
3:00 Friendship Café
3:30 Crochet & Art Club



(M) 2
10:30 Patio Plate Dancing
11:00 Monthly Gazette
2:00 Entertainer:
Jasiu Kloczek
3:00 Cheese, Pepperoni &
Crackers
3:30 Jewelry Making Club

(M) 3
**Happy B'day Rose C! &
Martha H!**
10:30 Lazy Day of Summer
11:00 Back to School
Trivia
1:30 Chapel Service
2:30 Red, White, and
Blueberry Fruit Salad
3:30 Vase Painting

(M) 4
10:30 Chapel Service
11:00 What Job Is It?
2:00 BINGO
3:00 Saturday Social Hour
3:30 Art Corner: Felt Mum



Happy B'day Evelyn L! 6

Unit Activity



Labor Day

(M) 7
10:30 Celebrating
"Heritage 100
Anniversary" – Live
Stream Mass – 2nd floor
1:30 BINGO
2:30 100 Anniversary
Party
3:30 Table Game

(M) 9
10:30 Rock & Stroll
11:00 Secret Breakfast
Quote
2:00 Entertainer:
Howie Bartolo
3:00 Cookie Time
3:30 Lawrence Welk Show

(M) 10
10:30 Patio Beach Ball
1:30 Chapel Service
2:00 Movie Matinee
3:00 Colorful Nail Art
3:30 Small Group Puzzle



(M) 11
10:30 Yoga Stretches
11:00 Resident Jam Band
2:00 Entertainer:
John Vona
3:00 Sweet Treat
3:30 Do You Know the
Nursery Rhyme Lines

Rosh Hashanah Begins

Happy B'day Tony S! 12

Unit Activity
"Unless noted-all
activities will take
place in 2nd floor
activity room"

13

Unit Activity

(M)
10:30 Balloon Boop
11:00 Mind Stretches
2:00 Entertainer:
Greg Hoover
3:00 Sweet Treat
3:30 Crochet Club



Grandparents Day

14

(M) 15
10:30 BINGO
1:30 EZ Short Story Cherry
Pie with a Twist
2:30 Cherry Pie Social
with Music
3:30 Color by Number



(M) 16
10:30 Armchair Fitness
11:00 Name 10
1:30 Remembering Pet
Cats and Dogs - slideshow
2:30 Hand Spa Day with
Music
3:30 Puzzle Mania

(M) 17
Happy B'day Phyliss S!
10:30 Art Corner: Doggy
Bags and Kitties -
Centerpiece
1:30 Chapel Service
2:30 Entertainer:
Bob Lyna
3:30 Cookies and Milk

(M) 18
Happy B'day Carol T!
Unit Activity
"Unless noted-all
activities will take
place in 2nd floor
activity room"

(M) 19
10:30 Chapel Service
11:00 Oktoberfest Trivia
2:00 BINGO
3:00 Friendship Café
with Music
3:30 One-On-One Activity



Oktoberfest Begins

20

Unit Activity

(M)
Happy B'day Luella L!
10:30 Dance with Me
11:00 Making Our Own
Music
2:00 Entertainer:
Terry Mulhauser
3:00 Donuts Social
3:30 Show Time – Dean
Martin

Yom Kippur Begins

21

(M) 22
10:30 BINGO
1:30 Fascinated by Fall -
slideshow
2:30 Craft Corner -Fall
Tomato Cage Tree
3:30 Friendship Café



Autumn Begins

(M) 23
Happy B'day Colleen L!
10:30 Chair Yoga
11:00 Musical Hangman
1:30 – 2:30 Karaoke Club
Hour
3:00 Men's Club; Make
Your Own Sub
3:30 One-On-One Activity

(M) 24
10:30 Apple Appreciation
Day- Apple Fritters
1:30 Chapel Service
2:30 Monthly Birthday
Party w/Music
3:30 Rummy Club/Small
Table Talk

(M) 25
10:30 Indoor Bowling
11:00 iN2L Trivia
2:00 Entertainer:
Lori Ann Wilber
3:00 Buffalo Chicken Dip
with Crackers
3:30 Finish the Lyrics

Sukkot Begins

26

Unit Activity
"Unless noted-all
activities will take
place in 2nd floor
activity room"

27

Unit Activity

(M)
10:30 Moving to the Oldies
11:00 Resident Council
Minute
2:00 Heritage Fashion
Show



28

(M) 29
10:30 BINGO
2:00 Entertainer:
Jerry Cali
3:00 Cupcake for You
3:30 Rummy Club/ Small
Table Talk

(M) 30
10:30 Sit and Be Fit
11:00 German Jeopardy
Trivia
2:00 Entertainer:
Gary LaVancher
3:00 Chip & Dip
3:30 Art Club; Yarn
Angles

M=Margaret

September 2026

Recreation Department Tel. 315-413-3044

*Outdoor Activity Are Weather Permitting * Activities Are Subject to Change* All Beverages Are NON-ALCOHOLIC*