

### Welcome Home to Loretto

#### At Loretto, our mission:

### "To be a family of exceptional people who care for and about each other,"

is why so many people choose our Skilled Nursing Program, not just for what we provide, but more importantly, our people. Make Loretto your only choice for skilled nursing and you'll find out why Loretto has the most expansive program in Central New York.

To learn more or to schedule a tour, please contact one of our skilled nursing facilities below:





Decetto Health & Rehabilitation

Loretto Health & Rehabilitation 700 East Brighton Avenue Syracuse, New York 13205 315.413.3401

lorettocny.org



The Commons on St. Anthony 3 St. Anthony Street Auburn, New York 13021 315.282.6849

We accept Medicare, Medicaid, private payment and most managed care plans.

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## Skilled Nursing Your Home Away From Home





# Become Part of the Family

Loretto provides a warm and inviting environment with bright modern rooms where you will sleep restfully. A friendly, family atmosphere cultivated by the kind attention of our expert staff. Our broad range of supportive programs, activities and events that will help create the peace of mind that you are receiving the care you deserve. That's what you'll find right here.

Our compassionate, highly trained staff will guide you and your family through all levels of care, implementing the latest techniques so that we can work together to continue enhancing your physical and emotional well-being, making you feel comfortable, feeling welcome, and feeling at home.

Our individualized Skilled Nursing Program provides a personalized approach when working with you to develop a care plan that addresses all your individual needs, allowing you to live life to the fullest.

### Where You Call Home Matters

Loretto has the most expansive programs and services in the area to help support you or your loved one through any stage of life. Services include:

- Alzheimer's & Dementia Care
- Case Management
- Dental Services
- Diabetes Management
- Financial Counseling
- Medication/Pain Management
- Nutrition
- Palliative Care
- Peritoneal Dialysis at the Bedside
- Personal Care Assistance (such as bathing, dressing, etc.)

- Podiatry
- Psychiatry
- Recreational Activities
- Rehabilitation Therapy: including Physical, Occupational, Speech, Respiratory, Music and Pet Therapy
- Scheduling Medical Appointments and Transportation
- Telehealth Monitoring
- Toileting Assistance



### Where You Spend Your Day Matters and We Offer the Comfort of Feeling at Home

Amenities include:

- The option of a private or semi-private, air conditioned rooms
- Free Wi-Fi and cable TV
- Bedside phone
- Housekeeping
- Recreational activities and outings
- Salon/Barbershop
- Spiritual care and an on-site chapel

- A gift shop with snacks and sundries
- Transportation assistance
- Guest meals for loved ones
- Computer access
- Spacious indoor seating areas
- Outdoor walking trails and gardens with seating
- Free parking for visitors

You can enjoy participating in a wide variety of daily activities designed for socialization and active engagement, whether it's live entertainment, craft projects, interactive games, pet therapy and so much more.

### The Memory Life Community – Providing the Most Advanced Care & Technology

For those in the most advanced stages of dementia, our dedicated Memory Life Community focuses on maintaining our residents' sense of freedom in a safe environment. Each employee is specially trained to ensure every detail of our residents daily life is thoughtful and intentional to support their physical and emotional needs, starting with a personalized approach to learning about past and present life experiences, hobbies and daily routine. This community incorporates innovative technologies and designs representing a cuttingedge approach to memory care including: unique elevators and doors with camouflaged images, specialized flooring to avoid fall risk, calming scent system, mechanized pets, and interactive digital technologies.



#### *Private, Enriched Space to Provide Comfort Care*

We understand the difficulties one goes through when caring for a loved one who is near the end of life. Our Palliative Care Program guides and cares for loved ones and their families by focusing on relieving ones symptoms and improving their quality of life during their final days. Our family-centered program is coordinated by an interdisciplinary team of nurses, social workers, nutritionists, therapeutic recreation and our spiritual care team to create a compassionate and loving environment during the most precious moments.