The Nottingham
A Loretto Community

Independent Living Weekly Telegraph
November 23 - November 29, 2026

Calendar of Events I Birthdays I Menus I Special Announcements



Happy Thanksgiving



Shannon Loughlin, Director of Life Enrichment sloughlin@lorettosystem.org 315-413-3903
Jami Leone, Recreation Specialist jleone@lorettosystem.org 315-413-3171
Tiffany Weiskotten, Fitness and Wellness Coach tweiskotten@lorettosystem.org 315- 413-3817

Follow our YouTube Channel: @NottinghamLifeEnrichment

One Light Day Party

The Voyager 1 spacecraft, traveling for nearly 50 years, will soon cross a mile marker reached by no other human-made object — one light-day away from Earth. That's about 16 billion miles from home.
Join us in the T.V. Room
Tues. Nov. 23 at 2:30 p.m.
to enjoy some 70s themed snacks (when Voyager's journey began..) & watch a short documentary!



Just Joe: A solo musician with 20 plus years of stage, studio and industry experience, featured on MTV shows, a cameo in the Jack Black movie School of Rock, and the current voice of the WWE.
See Joe perform from 3:30 p.m. - 4:30 p.m.
Wed. Nov. 25 for Happy Hour!

Reminder: Please return Resident Forum Feedback Surveys no later than Nov. 24th. The box to return forms is located in the Fireplace Lounge. Thank you!

Christmas Tree Lighting Party
Thurs. Dec 10

Viewable from:
Outside: Front Lobby or A wing balcony
Inside: Memories Lounge, Dining Room windows, or Gathering Lounge
Lighting at 6:00 p.m. followed by carols & cocoa in the Clubhouse! *Families & friends welcome!*



THE NOTTINGHAM
Holiday Craft Fair

FRIDAY, DECEMBER 4 12-4 P.M.
1301 NOTTINGHAM ROAD, JAMESVILLE, NY

OPEN TO THE PUBLIC!

Shop unique, locally made gifts this year!

Homemade Earrings I Soaps
Tallow Balm I Christmas Decor
Craft Kits I Crochet Hats & gifts
& more!

LEMONGRASS SPA PRODUCTS

MARY KAY

SyracuseHoney.com



POMPEY CUSTOM EMBROIDERY

GEORGE "WOOD".. IF HE COULD!
CUSTOM WOODWORKING

Monday November 23, 2026	Tuesday November 24, 2026	Wednesday November 25, 2026
9:00 Tech Help w/ Jami. Use the sign up sheet in the mailroom. **9:00** Aquatics Exercise w/ Tiffany **Pool** **9:45-10:30** Open Swim **Pool** **10:00 – 12:00** Medication and sharps disposal in the Resident Store **10:30** Exercise w/ Tiffany **TR** **10:30** Chair Zumba **TV** **11:00** Yoga w/ Tiffany **TR** **11:00** Chair Yoga **TV** **1:00** Poker **ML** **1:30** Better Bones & Balance w/ Tiffany **TR** **1:30** Exercise video **TV** **2:15** Advanced mahjong **B 2nd Floor Lobby** **3:00** Birding for Beginners presented by Fred Leff, Seneca Meadows Educator **TR** **3:00** Bingo! **CH**	**10:15** Mindful Movements w/ Emily **TR** **10:30** Exercise video **TV** **11:00** Life Enrichment Calendar Review: All welcome for a review of December events & to provide feedback/suggestions **TR** **1:30** Exercise video **TV** **1:30** Spiritual Services w/ Pam Stewart and Fred Fiske **IC** **1:30 – 3:00** Open Swim **Pool** **2:30** Beginner's Mahjong **A wing 2nd Floor lobby** **2:30** Play Pitch **ML** **2:30** "1 Light Day" Party! Enjoy snacks & drinks and watch a short doc on Voyager 1's journey **TR** **4:00** Watercolor painting w/ Jami: Winter Watercolour Mini Scenes **TR** **7:00** Piano performance by Mike Passarelli **CH**	**9:00** Aquatics Exercise w/ Tiffany **Pool** **9:45-10:30** Open Swim **Pool** **10:30** Exercise w/ Tiffany **TR** **10:30** Chair Zumba **TV** **11:00** Yoga w/ Tiffany **TR** **2:30** Writer's Group with Professor Schell **TR** **3:00 – 4:30** Happy Hour in the Clubhouse with a performance by Just Joe on piano from 3:30 – 4:30 p.m.

GC: Glens Comm. Rm.
CR: Conference Room
TV/YT: Channel 1340/YouTube
TR: T.V. Meeting Room
GL: Gathering Lounge
FP: Fireplace Lounge
CH: Clubhouse
IC: Interfaith Chapel
ML: Memories Lounge

Thursday November 26, 2026	Friday November 27, 2026	Saturday November 28, 2026
Happy Thanksgiving! **In person programs limited today due to holiday.** **10:15** Confessions **IC** **10:30** Chair exercise **TV** **11:15** Catholic Thanksgiving Mass **IC** **The dining room is open 11:30 a.m. – 1:00 p.m. for the Thanksgiving meal only. The Bistro is open for dine in or take out 9 a.m. – 7 p.m.** **1:30** Movie*: A Charlie Brown Thanksgiving*. RT 1 hr 15 min **TR** **3:00** Cornhole **TR** **4:00** *The First Official Thanksgiving* PBS documentary: Telling the story of what some historians might call the first "official, English-spealing" Thanksgiving held in the Americas. RT 28 Min **TR**	**9:00** Aquatics Exercise w/ Jami **Pool** **9:45-10:30** Open Swim **Pool** **10:30** Exercise w/ Jami **TR** **11:10** Weekly Wrap Up **TR** **1:30** Exercise Video **TV** **1:30** Wii Bowling **TR** **1:30** **NO** Bible Study today **2:00** Knit-Wits **ML** **3:30** Lori Ann Wilbur Performance: Classic Country Songs **CH** **7:00** BINGO night! $1 per board **TR**	**10:30** Seated Stretching **TV** **10:30** Seated Volleyball **TR** **12:00** SU vs Notre Dame on Ch. 9 **TR** **1:30** Exercise for fall prevention **TV** **2:00** Play Chess w/ Alan **in the Bistro** **3:30** Weekend movie: *Home for the Holidays*. After being fired, Claudia Larson faces the unenviable task of spending the holiday with her exceedingly dull family. RT 1 hr 45 min **TR**
		Sunday **November 29, 2026**
		10:30 Seated Stretching **TV** **11:00** **Catholic Mass** **IC** **1:30** 40 min exercise **TV** **1:30** Play Mahjong **CH** **2:00** Play Scrabble **CR** **2:30** Movie rerun **TR** **2:30** Play Pinochle **ML**

GC: Glens Comm. Rm.
CR: Conference Room
TV/YT: Channel 1340/YouTube
TR: T.V. Meeting Room
GL: Gathering Lounge
FP: Fireplace Lounge
CH: Clubhouse
IC: Interfaith Chapel
ML: Memories