

Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday



**AM: 11:00am**  
**Sunday Service**  
PM: Floor Hockey  
PM: BINGO  
PM: Snack Social  
PM: Sunday Stories with Nursing

**AM:** Walking Club  
**AM:** New Year's Resolution Ball Toss  
**AM:** Horseracing  
**PM:** Soccer  
**PM:** New Year Hangman  
**PM:** 2023 Coloring Pages  
**PM:** Evening with Cammy

**AM:** Exercise  
**AM: 10:30am**  
**Massages with Donna**  
**PM: 1:30pm**  
**Dennis Goettel Performance**  
**PM:** Finish the Phrase  
**PM:** Travel to India\*  
**PM:** Unwind with Jade  
SU Men's Basketball at 7pm

**AM:** Seated Yoga  
**AM:** January Trivia\*  
**AM:** Baking Cupcakes  
**PM:** Parachute  
**PM:** Sorting and Matching  
**PM:** After Dinner Andrew

**AM:** Exercise  
**AM:** Rainbow Magazine Hunt  
**AM:** Sorting  
**PM:** Ring Toss  
**PM:** Boggle  
**PM:** Coloring Door Hangers  
**PM:** Movie Night

**AM:** Zumba  
**AM:** Group Puzzle  
**AM:** Name 10  
**PM:** Balloon Volley  
**PM:** Watercolor Painting  
**PM:** Hot Cocoa and *Happy Feet*  
**PM:** Sing-a-long with Nursing

**AM:** Get Up and Go  
**AM:** Manicures with Cammy  
**PM:** Soccer  
**PM:** Walking Club  
**PM:** Coloring  
**PM:** Movie and Snack

**AM: 11:00am**  
**Sunday Service**  
PM: Minigolf  
PM: Alphabet Matching  
PM: Sunday Stories with Nursing

**AM:** Walking Club  
**AM:** Exercise  
**AM:** Sequencing\*  
**AM:** Magazine Hunt  
**PM:** Soccer  
**PM:** MLK Remembrance with Hangman  
**PM:** Paper Plate Snowmen  
**PM:** Evening with Nursing  
MLK Day  
SU Men's Basketball at 7pm

**AM:** Exercise  
**AM:** Q+A Ball Toss  
**AM:** Pattern Blocks  
**PM: 1:30pm**  
**Tammi Sue and Something Different**  
**PM:** Bird Matching  
**PM:** Unwind with Nursing

**AM:** Seated Yoga  
**AM:** Decades Trivia\*  
**AM:** Baking Cherry Pie  
**PM: 1:30pm**  
**Cardio Drumming with Jess in IL**  
**PM:** Cork Snowflakes  
**PM:** After Dinner Andrew

**AM:** Exercise  
**AM:** Play Dough Spelling  
**AM:** January Door Decor  
**PM: 2:00pm**  
**Piano with Mike Burns**  
**PM:** Uno and Go Fish  
**PM:** Sorting and Matching  
**PM:** Movie Night

**AM:** Zumba  
**AM:** Group Puzzle  
**AM:** Trivia\*  
**AM:** Watercolor Painting  
**PM:** Balloon Volley  
**PM:** Pattern Blocks  
**PM:** Sing-a-long with Nursing

**AM:** Get Up and Go  
**AM:** Word Searches and Sorting with Andrew  
**PM:** Basketball  
**PM:** Laundry Folding  
**PM:** Movie and Snack  
SU Men's Basketball at

**AM: 11:00am**  
**Sunday Service**  
PM: Pling Pong  
PM: Window Washing with Andrew  
PM: Sunday Stories with Nursing

**AM:** Walking Club  
**AM:** Scattergories  
**AM:** UNO  
**PM:** Cornhole  
**PM:** Forest BINGO  
**PM: 3:00pm**  
**Travelogue in IL**  
**PM:** Tea and Chat with Cammy

**AM:** Exercise  
**AM:** Travel to Australia\*  
**AM:** Sorting  
**PM:** Kickball  
**PM:** Winter Snow Painting  
**PM:** Walking Club  
**PM:** Snack in the Dining Room  
**PM:** Black Jack with Jade

**AM:** Seated Yoga  
**AM:** Boggle  
**AM:** Baking Muffins  
**PM: 1:30pm**  
**Deb and John Puma Performance**  
**PM:** Muffins and a Movie  
**PM:** After Dinner Andrew

**AM:** Exercise  
**AM:** Q+A Ball Toss  
**AM:** Cut and Paste Snowman  
**PM:** Snowball Pong  
**PM:** Word searches  
**PM:** Matching  
**PM:** Movie Night

**AM:** Zumba  
**AM:** 4 Seasons, 5 Senses  
**AM:** Baking Peanut Butter Blossoms  
**PM:** Ladderball  
**PM:** Cookies and The Movie, *Frozen*  
**PM:** Sing-a-long with Nursing

**AM:** Get Up and Go  
**AM:** Manicures with Cammy  
**PM:** Balloon Tennis  
**PM:** Hangman  
**PM:** Movie and Snack

**AM: 11:00am**  
**Sunday Service**  
PM: Dice Basketball  
PM: Chicken Soup Stories and Snack  
PM: Sunday Stories with Nursing

**AM:** Walking Club  
**AM:** Exercise with Weights  
**AM:** Cork Snowflakes  
**PM:** Air Hockey  
**PM:** Go Fish  
**PM:** Pet Visits with Sid and Ivy  
**PM:** Evening with Cammy

**AM:** Exercise  
**AM:** Flower Arranging  
**AM:** Name 10  
**PM: 1:30pm**  
**Blair Frodelius Performance**  
**PM:** Group Puzzle  
**PM:** Snack, Tea, and Chat  
**PM:** Nails with Jade

## Memory Care Residence

# January 2023

Contact with Questions:  
 Jade Hendricks, Recreation Specialist  
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Green=Cognitive Orange=Physical Pink=Social Blue= Emotional/Expressive/Creative Purple= Spiritual