

# Memory Special Care Unit at Loretto Health & Rehabilitation

*Our new, secured Memory Special Care Unit (MSCU) follows the mission of Loretto to help us better serve an important need in our community – serving those living with advanced stages of memory loss. This innovative unit incorporates the latest in cutting-edge technology, combined with a unique, Montessori-centered approach to individualized care, focused on supporting the person behind the dementia and ensuring the highest quality of daily living suited to each resident's needs.*



The Memory Special Care Unit (MSCU) focuses on improving the well-being of individuals with Alzheimer's and other dementing illnesses to support them in meeting the challenges of their late-life stages, by anticipating needs and providing comfort, autonomy, and security.

### *Putting Special in the Memory Special Care Unit*

A Montessori-based approach is incorporated in our activities to help stimulate preserved memory and cognitive skills, such as:

- Chair movement/adapted yoga
- Reading groups
- Mind stretchers
- Creative writing
- Word games
- Musical memories
- Sing along
- Pet visits
- Self-expression through art

The goal for each resident is to participate in activities that are meaningful to them; allowing them to feel useful, apply life-skills, and enhance cognitive stimulation and physical activity.

### *Highly Trained and Certified Staff*

We ensure that our staff has access to current educational tools and cutting-edge technology to continually advance our care practices – specifically for those with memory loss, including the Montessori for Dementia Training approach on the MSCU.

Loretto has a long history of providing memory care to those in need, starting in 1992 when we opened one of the first memory care communities in the region. Now over 25 years later, we provide memory care communities for all levels – through cutting-edge facilities, stimulating environments and comprehensive staff training, we enhance your loved one's quality of life and help you make the most of your time together.

***For more information, please contact: Kate Conan, RN at 315.413.3699 or visit: [lorettocony.org](http://lorettocony.org).***

### *Advanced Memory Care Technology*

The MSCU incorporates advanced technology to meet the needs of those in the late stages of this disease, including:

- Robotic animals
- Pearl Memory Care Babies
- It's Never Too Late (IN2L) – digital platform
- Virtual Reality interaction
- Sensory stimulation
- Music and recreation therapy

### *Feels Like Home*

The MSCU offers a neighborhood residence-like setting, providing the comforts of home, including:

- Individual residences with personalized front doors
- Color-coded hallways to help with direction
- Softer lighting, welcoming artwork, familiar scenes on wall murals
- Open spaces to provide a sense of freedom in a safe environment
- A music enhancement room, garden benches, specialized recliners and chairs

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