

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Contact with Questions: Jade Hendricks, Recreation Specialist 315-413-3946</p> <p>Shannon Loughlin, Director of Life Enrichment & Recreation 315-413-3903</p>	<p>AM: Morning Stroll 1 AM: Exercise AM: May Trivia AM: Finish the Scene: Poppies AM: BINGO PM: Ladder ball PM: Group Puzzles PM: UNO PM: Evening with Cammy</p>	<p>AM: Exercise with Weights 2 AM: Table Top Horse racing AM: 10:30 Massages with Donna PM: Music with Dennis McGuire PM: Unwind with Jade</p>	<p>AM: Seated Yoga 3 AM: 11:30am Outing to the Syracuse Mets Baseball Game PM: Movie, Relax and Snack PM: After Dinner with Andrew</p>	<p>AM: Zumba 4 AM: Family Feud* AM: Horseshoe Door Decor PM: Horse Racing PM: Horse Race Card Game PM: Horse Trivia and Snack PM: Movie Night</p>	<p>AM: Exercise with Weights 5 AM: Trivia* AM: Cinco de Mayo Coloring Pages AM: Fiesta Shopping PM: Cornhole PM: Cinco de Mayo Celebration Social PM: Sing-a-long with Nursing</p>	<p>AM: Get Up and Go 6 AM: Coloring Pages PM: 2:30pm Kentucky Derby Party PM: Movie and Snack</p>
<p>AM: 10:30am Sunday Service with Fr. Heagerty PM: Floor Hockey PM: Sunday Stories with Nursing</p>	<p>AM: Morning Stroll 8 AM: Exercise AM: What am I? AM: Kentucky Derby Word Mining AM: Making May Day Crowns PM: 2:00pm Anthony Perra Piano Performance PM: Outdoor walk and chat PM: Evening with Cammy</p>	<p>AM: Exercise with Weights 9 AM: Baseball AM: Finish the Phrase AM: Short Story PM: Table Top Hockey PM: Gardening PM: Outdoor Social PM: Unwind with Jade</p>	<p>AM: 9:30am-10:00 Senior Appreciation Day at the Zoo PM: Cornhole PM: UNO PM: Calming Coloring Pages PM: Snack on the Patio PM: After Dinner with Andrew</p>	<p>AM: Morning Stroll 11 AM: Zumba AM: Coloring Pages AM: 11:00am Drumming with Jimbo PM: Kickball PM: Coffee Filter Butterflies PM: Ice Cream Sundaes on the Patio PM: Movie Night</p>	<p>AM: Exercise with Weights 12 AM: Mother's Day Shopping Game AM: Baking a Mother's Day Treat PM: Balloon Volley PM: 2:30pm Helping Hounds Pet Visit PM: Movie and Popcorn PM: Sing-a-long with Nursing</p>	<p>PM: 2:00pm Ponies for purpose in ALR (Shannon will meet you to walk over)</p>
<p>AM: 10:30am Sunday Service with Fr. Heagerty AM: Mother's Day coloring Pages in ALR PM: Sunday Stories with Nursing <i>Mother's Day</i></p>	<p>AM: Morning Stroll 15 AM: Exercise AM: Flower Trivia AM: Flower BINGO AM: Muffin Liner Flowers PM: May Water Color Paintings PM: Pinecone Bird Feeders on the Patio PM: Snack and Chat PM: Evening with Cammy</p>	<p>AM: Exercise with Weights 16 AM: Pine Cone Bird Feeders AM: Bird Feeder Hang up AM: Finish the Phrase PM: 2:00pm Music with the Puma's PM: Outdoor Walk PM: Snack and Chat on the Patio PM: Unwind with Jade</p>	<p>AM: Seated Yoga 17 AM: Making Rice Krispies AM: Round Robin Password PM: Balloon Volley PM: 3:00pm Happy Hour with Jerry Cali in IL PM: After Dinner with Nursing</p>	<p>AM: Morning Stroll 18 AM: Zumba AM: Trivia* AM: Ripped Paper Rainbows PM: Horseshoes PM: Word Mining PM: 3:00pm Cornhole Tournament in IL PM: Movie Night</p>	<p>AM: Morning Stroll 19 AM: Exercise with Weights AM: BINGO AM: Wood Painting AM: 12:00pm Pizza Party on the Patio PM: Ball Bucket Toss PM: Outdoor Stroll PM: Sing-a-long with Nursing</p>	<p>*No Scheduled Recreation Programs* Independent Leisure Activities Available</p>
<p>AM: 10:30am Sunday Service with Fr. Heagerty AM: Boggle with Jade in ALR PM: Sunday Stories with Nursing</p>	<p>AM: Morning Stroll 22 AM: Exercise AM: Balloon Volley AM: Shaving Cream Flowers AM: Flip-It Card Games PM: 2:00pm Piano with Mike Burns PM: Snack and Chat on the Patio PM: Evening with Cammy</p>	<p>AM: Morning Stroll 23 AM: Exercise with Weights AM: Connect the Dots AM: Travel to Texas* PM: 2:30pm Show of Love in ALR PM: Outdoor Walk PM: Unwind with Jade</p>	<p>AM: Seated Yoga 24 AM: Making Strawberry Shortcake AM: Finish the Phrase PM: Keep it up Balloon Volley PM: Playdough Spelling PM: Shortcake on the Patio PM: After Dinner with Nursing</p>	<p>AM: Zumba 25 AM: Magazine Hunt AM: Matching PM: Parachute PM: Making Banana Splits PM: Banana Splits on the Patio PM: Movie Night</p>	<p>AM: Morning Stroll 26 AM: Exercise with Weights AM: UNO AM: Poppy Field Collage PM: Manicures PM: 2:00pm Fashion Show in IL PM: Movie and Snack PM: Sing-a-long with Nursing</p>	<p>*No Scheduled Recreation Programs* Independent Leisure Activities Available</p>
<p>AM: 10:30am Sunday Service with Fr. Heagerty AM: Hangman with Shannon in ALR PM: Sunday Stories with Nursing</p>	<p>*No Scheduled Recreation Programs* Independent Leisure Activities Available</p>	<p>AM: Morning Stroll 30 AM: Exercise with Weights AM: Making Apple Pie AM: Boggle PM: Lawn Darts PM: Memorial Day Hangman PM: Memorial Day Coloring Pages PM: Pie and Chat Social on the Patio PM: Unwind with Jade</p>	<p>AM: Morning Stroll 31 AM: Seated Yoga AM: Rock Painting on the Patio AM: Chicken Soup Stories PM: Skee-ball PM: Coloring Pages PM: 3:30pm Little Jazz Trio PM: After Dinner with Nursing</p>	<p>May 2023 Memory Care Residence</p>		

Green=Cognitive Orange=Physical Pink=Social Blue= Emotional/Expressive/Creative Purple= Spiritual Outings Pet Visits