

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

**Sedgwick Heights**

**1**  
7:00-Coffee Club-Clarice  
8:00-Simple Trivia-Amy  
10:00-Resident Store Clarice  
10:30-Exercise with Amy  
**11:00-Toast to Older Americans Month-C & A**  
2:00-Popsicle with Amy  
3:00-Manicures with Clarice  
May Day

**2**  
7:00-Tea Club-Clarice  
8:00-News & Views-Amy  
10:30-Exercise with Clarice  
12:00-Baking with Amy  
**2:00-Jerry Cali Live in Concert**  
3:30-Riddles with Amy

**3**  
7:00-Coffee Club-Clarice  
8:00-Manicures with Amy  
10:00-Resident Store-Amy  
10:30-Exercise-Clarice  
**2:00-Decorating Hats with Clarice & Amy**  
3:30-Salsa & Chips-Amy  
5:00-Arm Chair Travel to Mexico with Clarice

**4**  
7:00-Tea Club-Clarice  
8:00-Media Media-Amy  
**10:00-Communion with Deacon Steve**  
11:00-Exercise-Amy  
12:00-Corn Hole-Clarice  
2:00-BINGO- Clarice & Amy  
3:00-Jumbo Word Search with Clarice

**5**  
7:00-Coffee Club-Clarice  
8:00-Planting with Amy  
10:00-Resident Store-Amy  
10:30-Exercise-Clarice  
**2:00-Cinco De Mayo Celebration with Clarice**  
  
Cinco de Mayo

**6**  
**The Kentucky Derby**  
  
10:00-Kentucky Derby Trivia with Amy  
11:00-Drinks with Amy

**7**  
**OLDER AMERICANS MONTH**  
  
AGING UNBOUND: MAY 2023

**8**  
7:00-Tea Club-Clarice  
8:00-Catch Phases-Amy  
10:00-Resident Store with Clarice  
10:30-Exercise with Amy  
12:00-Eye Glass Cleaning with Clarice  
2:00-Gazebo Party with Clarice & Amy  
3:30-Quick Trivia with Amy

**9**  
7:00-Coffee Club-Clarice  
8:00-Exercise with Amy  
**10:00-Parkview Academy Grandparents Program**  
**2:00-The Rock Shadow Band Live in Concert**  
3:00-Ice Pops with Clarice and Amy  
3:15-Hot Potato w/Clarice

**10**  
7:00-Tea Club-Clarice  
8:00-Fill In The Blank-Amy  
10:00-Resident Store-Amy  
10:30-Exercise-Clarice  
2:00-Wii Bowling with Clarice & Amy  
3:30-Sing A Long-Amy  
5:00-Painting with a Twist with Clarice

**11**  
7:00-Coffee Club-Clarice  
8:00-Tic Tac Toe-Amy  
**10:00-Communion with Deacon Steve**  
1:00-Walking Club-Amy  
2:00-BINGO with Clarice & Amy  
3:00-Fresh Fruit w/ Clarice

**12**  
**Homemade Pancakes**  
**Mother's Day Breakfast 7:30 & 9:00**  
**Blueberry, chocolate chip, strawberry & plain pancake. Fried Eggs & Sausages**  
12:00-Resident Store- Amy  
1:30-Word Chain Game with Amy

**13**  
8:00-Early Morning Stroll with Clarice  
9:30-Manicures with Clarice  
10:30-5 game high stakes bingo ( 1 card pp) with Clarice

**14**  
**Happy Mother's Day**  
  
Mother's Day  
National Skilled Nursing Care Week

**15**  
7:00-Coffee Club-Clarice  
8:00-Mind Boggle-Amy  
10:00-Resident Store with Clarice  
10:30-Exercise with Amy  
12:00-Truth or Dare-Clarice  
2:00-Watermelon in the Gazebo with Clarice & Amy  
3:00-Manicures with Clarice

**16**  
7:00-Tea Club-Clarice  
8:00-Local News w/Amy  
**10:00-Tye Dye with Clarice & Amy**  
12:00-Lemonade & Chat with Amy  
2:00-Mystery Snack Party with Clarice  
3:30-Guessing Game-Amy

**17**  
7:00-Coffee Club-Clarice  
8:00-World News-Amy  
10:00-Resident Store-Amy  
10:30-Exercise-Clarice  
**2:00-Resident Council-Scott**  
**2:30-Resident Birthday Bash with Clarice & Amy**  
5:00-Family & Friends Bingo Night with Clarice

**18**  
7:00-Tea Club-Clarice  
8:00-You Pick with Amy  
**10:00-Communion with Deacon Steve**  
1:00-Walking Club-Amy  
2:00-BINGO with Clarice & Amy  
3:15-Think Fast-Clarice

**19**  
7:00-Early Bird Coffee Club with Clarice  
8:00-Morning Stretch-Amy 10:00  
Wheelchair, Walker & Cane Wash  
2:00-Over 21 Club with Clarice (must show id ☺ )  
3:00-Resident Store-Clarice

**20**  
Visits with Jeter & Amy  
  
Armed Forces

**21**  
**Daily Happenings**  
\*Mobile Hydration Station  
\*Card Table  
\*Craft Table  
\*Game Table  
\*Walking Club  
**All units will have an activity box located on the book shelf**

**22**  
7:00-Tea Club-Clarice  
8:00-Did You Know-Amy  
10:00-Resident Store with Clarice  
10:30-Exercise with Amy  
12:00-Door Craft w/Clarice  
2:00- Pudding Bar with Clarice & Amy  
3:30-Think Fast with Amy  
Victoria Day (Canada)

**23**  
7:00-Coffee Club-Clarice  
8:00-Activity Ideas-Amy  
9:00-Morning Stroll-Clarice  
10:00-Baking with Amy  
12:00-Ice Tea with C & A  
**2:00-Howie Bartolo Live in Concert**  
3:15-Where Have You Traveled? With Clarice

**24**  
7:00-Tea Club-Clarice  
8:00-Chat & Chew-Amy  
10:00-Resident Store-Amy  
10:30-Exercise-Clarice  
2:00-Residents vs Staff Trivia  
3:30-Creamsicles w/Amy  
5:00-Movie Night with Clarice

**25**  
8:00-Coffee & News with Amy  
**10:00-Communion with Deacon Steve**  
12:00-Manicures with Amy  
2:00-BINGO with Amy  
  
Shavuot Begins

**26**  
7:00-Tea Club-Clarice  
8:00-Resident Store with Clarice  
**Memorial Day Lunch 11:30 & 1:00**  
**Grilled Hotdogs**  
**Baked Beans**  
**Corn on the Cob & Salad**

**27**  
8:00-Coffee & Donuts with Clarice  
9:30-Manicures with Clarice  
10:30-Memorial Day Trivia with Clarice

**28**  
**Private Weekly Zooms**  
**Tuesdays**  
2:00-with Clarice  
**Wednesdays**  
11:30- with Amy  
2:30-with Clarice

**29**  
**HAPPY MEMORIAL DAY**  
  
Memorial Day

**30**  
7:00-Coffee Club-Clarice  
8:00-Reminisce with Amy  
10:00-Bean Bag Toss with Clarice  
11:00-Manicures with Amy  
12:00-Popsicle with Clarice & Amy  
2:00-The Price Is Right-Clarice & Amy  
3:30-Turning 21 with Amy

**31**  
7:00-Coffee Club-Clarice  
8:00-Sports Talk with Amy  
10:00-Resident Store-Amy  
12:00-Cold Drinks-Clarice  
2:00-Karaoke Fun with Residents & Staff  
3:30-Sweet Treat-Amy  
5:00-Mystery Prize Bag Pokeno Game with Clarice

**May 2023**  
Clarice Mackey- [cmackey@lorettosystem.org](mailto:cmackey@lorettosystem.org)  
Amy Gannon-CTRS [agannon@lorettosystem.org](mailto:agannon@lorettosystem.org)

All Activities are held on the 1<sup>st</sup> Floor in the recreation room. All programs are subject to change. Please refer to activity boards located on each floor, for any changes.