

Sunday Monday Tuesday Wednesday Thursday Friday Saturday



AM: Morning Exercise
AM: Card Shuffle with Shannon
AM: Coloring Pages
PM: Balloon Keep it Up
PM: Sorting
PM: Movie Night

AM: Tea, Coffee & Chat
AM: Zumba
AM: BINGO
AM: November Coloring Pages
PM: 2:00pm **Music with Rob Sperry**
PM: Manicures and Massages
PM: Snack and Chat
PM: Movie Night

AM: Exercise with Weights
AM: Name That Tune
AM: BINGO
PM: Tai Chi
PM: Movie Matinee
PM: Sing-a-long with Nursing

No Scheduled Recreation Programs
Independent Leisure Activities Available

AM: 11:15am **Sunday Service**
PM: 2:00pm **JD Student Music Performance**
PM: Sunday Stories with Nursing

AM: Exercise
AM: Baking a Cake
AM: November Trivia
AM: UNO
PM: 2:00pm **Music with Jill Minye**
PM: Name 10
PM: Cake and Chat
PM: Evening with Cammy

AM: Morning Stroll
AM: Exercise
AM: Name 10
AM: BINGO
PM: Bowling
PM: Making Dog Treats
PM: Dog Trivia and Snack
PM: Evening with Jade

AM: Morning Exercise
AM: Exercise
AM: One and Done Dice Game
AM: Turkey Hands
PM: 2:30 **Housewarming Party in IL**
PM: Movie Night

AM: Tea, Coffee & Chat
AM: Zumba
AM: Virtual Tour of The Louvre Museum
AM: Musical Moments
PM: Balloon Volley
PM: Small Sensory Groups
PM: Movie Night

AM: Exercise with Weights
AM: Family Feud*
AM: BINGO
PM: 2:30 **Helping Hounds Dog Visit**
PM: Veterans Day Social
PM: Sing-a-long with Nursing

No Scheduled Recreation Programs
Independent Leisure Activities Available

AM: 11:15am **Sunday Service**
PM: Cornhole with Jade
PM: Manicures
PM: Sunday Stories with Nursing

AM: Exercise
AM: 11:00am **Lunch at Red Robin**
PM: Making Pumpkin Pie Cookies
PM: Word Searches
PM: Cookie Social
PM: Evening with Cammy

AM: Morning Stroll
AM: Exercise
AM: Coffee Filter Turkeys
AM: Fall BINGO
PM: Skee-ball
PM: Watercolor Painting
PM: Tea, Coffee, and Snack
PM: Evening with Jade

AM: Morning Exercise
AM: Group Puzzles
AM: Music and Memory
PM: 1:00pm **Activities with SU Students**
PM: BINGO
PM: Snack with Nursing
PM: Movie Night

AM: Tea, Coffee & Chat
AM: Zumba
AM: 11:00am **Drumming with Jimbo**
AM: 11:30 **Birthday Luncheon in the Bistro**
PM: Leaf Toss
PM: Giving Thanks Door Wreath
PM: Movie Night

AM: Exercise with Weights
AM: Jenga
AM: BINGO
PM: Tai Chi
PM: Movie Matinee
PM: Sing-a-long with Nursing

No Scheduled Recreation Programs
Independent Leisure Activities Available

AM: 11:15am **Sunday Service**
PM: Balloon Volley with Cammy
PM: UNO
PM: Sunday Stories with Nursing

AM: Exercise
AM: Baking Pumpkin Pie
AM: Flip-It
PM: Pumpkin Skee-ball
PM: Hand Print Turkeys
AM: Family Feud*
PM: Pie and Chat
PM: Evening with Cammy

AM: Morning Stroll
AM: Exercise
AM: 10:30 **Massages with Donna**
AM: Manicures
PM: Balloon Volley
PM: Thanksgiving Coloring Pages
PM: Reminiscing and Snack
PM: Evening with Jade

AM: Morning Exercise
AM: Scrabble
AM: Fall Magazine
AM: Scavenger Hunt
PM: 2:00pm **Tammi Sue and Something Different**
PM: Movie Night



AM: Exercise with Weights
AM: In the News Today
AM: UNO
PM: Tai Chi
PM: Movie Matinee
PM: Sing-a-long with Nursing

No Scheduled Recreation Programs
Independent Leisure Activities Available

AM: 11:15am **Sunday Service**
PM: Water Pong with Andrea
PM: Scrabble with Andrea
PM: Sunday Stories with Nursing

AM: Exercise
AM: Making Apple Cider Donuts
AM: Donut BINGO
PM: Ring Toss
PM: Ripped Paper Acorns
PM: Donut and Apple Cider
PM: Evening with Cammy

AM: Morning Stroll
AM: Walking Exercise
AM: BINGO with Shannon
AM: Watercolor Painting
PM: 2:00pm **Music with Blair Frodelius**
PM: Tea Coffee and Chat
PM: Evening with Jade

AM: Morning Stroll
AM: Dominos
AM: Folding Laundry
PM: Table Top Hockey
PM: Black Jack
PM: Snack with Nursing
PM: Movie Night

AM: Tea, Coffee & Chat
AM: Zumba
AM: Dice Matching
AM: Fun with Beads
PM: 1:00pm **Visit to Everson Museum**
PM: Movie Night

Contact with Questions:
Jade Hendricks, Recreation Specialist: 315-413-3946
Shannon Loughlin, Director of Life Enrichment & Recreation: 315-413-3903
All families are welcome to join in all programs/activities!

Green=Cognitive Orange=Physical Pink=Social Blue= Emotional/Expressive/Creative Purple= Spiritual Outings Pet Visits