Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All families	AM: Exercise 1	AM: Morning Stro	~ .)	AM: Tea, Coffee	AM: Exercise with	6
and visitors	with Bella	AM: Exercise AM: Junk Drawer	Exercise	& Chat	Weights AM: Famous	*No Scheduled
are welcome	AM: New	Detectives	AM: Classic Toy	AM: Zumba	January	Recreation
	Year's	PM: Making	BINGO	AM: Christmas	Birthdays	Programs*
to join in all	Scavenger	Popsicle Stick	AM: Paint by Number	Décor Take down	AM: BINGO	g
programs!	Hunt	Snowmen	AM: Baking	PM: Ladder Ball	PM: Manicures	Independent
hanny?	PM: Bowling	PM: 2:00pm Music with the	Cookies	PM: Family	PM: "Back to the Future" Matinee &	Leisure
Mayor	PM: New	Cadleys	PM: Group	Feud*	Snack	Activities
	Year's Jokes	PM: Snack and	Puzzle and	PM: Cut and	PM: Sing-a-long	Available
	PM: Evening	Chat	Snack	Paste Snowman	with Nursing	Available
	with Nursing	PM: Evening	PM: Unwind	PM: BINGO		
		with Bella	with Nursing	PM: Movie Night		
7	AM: Exercise 8	AM: Morning Strop AM: Exercise	AM: Morning 10	AM: Tea, Coffee & Chat	AM: Exercise 12	13
AM: 11:15am	AM: Let it Snow	AM: Alphabet Ball	Exercise	AM: Zumba	with Weights	*No Scheduled
Sunday	Door Hangers AM: Name 10	Toss	AM: Flip It AM: Ping Pong	AM: Making Dog	AM: Making Dog Treats	Recreation
Service with	PM: Basketball	AM: Making winter	Planets	Treats	AM: BINGO	Programs*
Deacon Ralph	PM: Making	Puzzle Trees	PM: Mini Golf	PM: Snowball	PM: 2:30pm	
PM: BINGO	Puppy Chow	PM: 2:00pm Sentimental	PM: Snack and	Pong PM: Manicures	Helping	Independent
with Sarah	PM: Snack and	Serenade in the	Chat	with Jade	Hounds Dog	Leisure
PM: Sunday	Chat	Garden	PM: Unwind	PM: Movie and	Visit in ALR	Activities
Stories with	PM: Evening	PM: Snack and	with Nursing	Snack	PM: Hot Cocoa	Available
Nursing	with Sarah	Trivia PM: Evening with		PM: Unwind with Nursing	and a movie	Tranasio
		Bella		Nursing	PM: Sing-a-long	
					with Nursing	
14	AM: Exercise 15	AM: Morning 16	AM: Morning 17	AM: Tea, Coffee 8	AM: Exercise with Weights	20
AM: 11:15am	AM: Making Oatmeal Apple	AM: Exercise	Exercise AM: UNO	AM: Zumba	AM: Making	*No Scheduled
Sunday	Bread	AM: Hangman	AM: Bracelet	AM: Flip It	Peanut Butter	Recreation
Service with	AM: KING	AM: Group	Making	PM: 1:00pm	Chocolate "Puppy	Programs*
Deacon Ralph		Puzzles	PM: Frosting	Massages with Donna	Chow" AM: BINGO	
PM: Hot Cocoa	PM: 2:00pm	PM: Snowball	Cupcakes	PM: Photo Collage	PM: Making Warm	Independent
& Chats with	Music with Jilissa Vellake	Skeeball PM: Watercolor	PM: Snack and	PM: Puzzles and	Spiced Apple Cider	Leisure
Andrea	PM: Bread and	Painting	Chat	snack	PM: Movie Matinee	Activities
PM: Sunday	Coca	PM: Coffee,	PM: Unwind	PM: Movie Night	& Snack PM: Sing-a-long	Available
Stories with	PM: Evening with	Snack, and Trivia	with Nursing		with Nursing	
Nursing	Sarah	PM: Evening with			8	
	MLK Day AM: Exercise 00	Nursing	AM: Morning AA	AM: Tea Coffee	AM: Exercise with	07
AM: 11:15am	AM: Exercise 22	Stroll 23	Exercise 24	Chat	Weights Z6	27 *No Scheduled
Sunday Service		AM: Exercise	AM: Bingo	AM: Zumba	AM: Ping-Pong Tea	
with Deacon	AM: Finish the	AM: UNO	AM: Manicures	AM: Name 10	Lights Craft	Recreation
Ralph	Phrase	AM: Word	with Bella	AM: Jeopardy	AM: BINGO PM: EZ Music	Programs*
PM: Cornhole	PM: 2:00pm Music with Deb	Searches PM: Air Hockey	PM: Basketball	PM: Q+A Ball Toss	Trivia	
with Jade		PM: Flip-It	PM: Baking	PM: Popsicle	PM: Movie Matinee	Independent
PM: Snack and	PM: Brownies	PM: Connect the	Cookies	Stick Snowflakes	& Snack	Leisure
Puzzles	and Chat	Dots	PM: Unwind	PM: Winter	PM: Sing-a-long with Nursing	Activities
PM: Sunday Stories with		PM: Evening with	with Nursing	Trivia*	with Nurshig	Available
Nursing	Sarah	Bella		PM: Hot Coca		
1,4101118				and Movie		
28	AM: Exercise 29	AM: Morning Stand	AM: Morning 31		P 19/2	111.72
AM: 11:15am	with Balls	AM: Exercise	Exercise	MAN ME	emory Ca	are
Sunday	AM: Window	AM: Matching	AM: Hangman			
Service with	Washing Walk	Activities AM: Pattern	AM: Painting	// ///////// R	Residenc	e
Deacon Ralph	PM: Balloon	Blocks	PM: Making	///		
PM: Winter	10111110	PM: 2:00pm	Brownies	///.lan	luary 2	2024
Coloring with	PM: Matching	Music with Jerry	PM: Snack and			
Sarah	and Sorting PM: Boggle	Cali PM: Snack and	Movie PM: Unwind	Jade Hend	Iricks, Recreation	Specialist:
PM: Sunday	PM: Boggle PM: Evening	Chat	with Nursing		315-413-3946	
Stories with	with Sarah	PM: Evening with			ilin, Director of Life	
		Bella		Red	reation: 315-413-3	903
Nursing	1	I				