

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All families and visitors are welcome to join in all programs! 	AM: Exercise with Bella AM: New Year's Scavenger Hunt PM: Bowling PM: New Year's Jokes PM: Evening with Nursing	AM: Morning Stroll AM: Exercise AM: Junk Drawer Detectives PM: Making Popsicle Stick Snowmen PM: 2:00pm Music with the Cadleys PM: Snack and Chat PM: Evening with Bella	AM: Morning Exercise AM: Classic Toy BINGO AM: Paint by Number AM: Baking Cookies PM: Group Puzzle and Snack PM: Unwind with Nursing	AM: Tea, Coffee & Chat AM: Zumba AM: Christmas Décor Take down PM: Ladder Ball PM: Family Feud* PM: Cut and Paste Snowman PM: BINGO PM: Movie Night	AM: Exercise with Weights AM: Famous January Birthdays AM: BINGO PM: "Back to the Future" Matinee & Snack PM: Sing-a-long with Nursing	*No Scheduled Recreation Programs* Independent Leisure Activities Available
AM: 11:15am Sunday Service with Deacon Ralph PM: BINGO with Sarah PM: Sunday Stories with Nursing	AM: Exercise AM: Let it Snow Door Hangers AM: Name 10 PM: Basketball PM: Making Puppy Chow PM: Snack and Chat PM: Evening with Sarah	AM: Morning Stroll AM: Exercise AM: Alphabet Ball Toss AM: Making winter Puzzle Trees PM: 2:00pm Sentimental Serenade in the Garden PM: Snack and Trivia PM: Evening with Bella	AM: Morning Exercise AM: Flip It AM: Ping Pong Planets PM: Mini Golf PM: Snack and Chat PM: Unwind with Nursing	AM: Tea, Coffee & Chat AM: Zumba AM: Making Dog Treats PM: Snowball Pong PM: Manicures with Jade PM: Movie and Snack PM: Unwind with Nursing	AM: Exercise with Weights AM: Making Dog Treats AM: BINGO PM: 2:30pm Helping Hounds Dog Visit in ALR PM: Hot Cocoa and a movie PM: Sing-a-long with Nursing	*No Scheduled Recreation Programs* Independent Leisure Activities Available
AM: 11:15am Sunday Service with Deacon Ralph PM: Hot Cocoa & Chats with Andrea PM: Sunday Stories with Nursing	AM: Exercise AM: Making Oatmeal Apple Bread AM: KING Categories PM: 2:00pm Music with Jilissa Vellake PM: Bread and Coca PM: Evening with Sarah MLK Day	AM: Morning Stroll AM: Exercise AM: Hangman AM: Group Puzzles PM: Snowball Skee-ball PM: Watercolor Painting PM: Coffee, Snack, and Trivia PM: Evening with Nursing	AM: Morning Exercise AM: UNO AM: Bracelet Making PM: Frosting Cupcakes PM: Snack and Chat PM: Unwind with Nursing	AM: Tea, Coffee & Chat AM: Zumba AM: Flip It PM: 1:00pm Massages with Donna PM: Photo Collage PM: Puzzles and snack PM: Movie Night	AM: Exercise with Weights AM: Making Peanut Butter Chocolate "Puppy Chow" AM: BINGO PM: Making Warm Spiced Apple Cider PM: Movie Matinee & Snack PM: Sing-a-long with Nursing	*No Scheduled Recreation Programs* Independent Leisure Activities Available
AM: 11:15am Sunday Service with Deacon Ralph PM: Cornhole with Jade PM: Snack and Puzzles PM: Sunday Stories with Nursing	AM: Exercise AM: Making Brownies AM: Finish the Phrase PM: 2:00pm Music with Deb and John Puma PM: Brownies and Chat PM: Evening with Sarah	AM: Morning Stroll AM: Exercise AM: UNO AM: Word Searches PM: Air Hockey PM: Flip-It PM: Connect the Dots PM: Evening with Bella	AM: Morning Exercise AM: Bingo AM: Manicures with Bella PM: Basketball PM: Baking Cookies PM: Unwind with Nursing	AM: Tea, Coffee & Chat AM: Zumba AM: Name 10 AM: Jeopardy PM: Q+A Ball Toss PM: Popsicle Stick Snowflakes PM: Winter Trivia* PM: Hot Coca and Movie	AM: Exercise with Weights AM: Ping-Pong Tea Lights Craft AM: BINGO PM: EZ Music Trivia PM: Movie Matinee & Snack PM: Sing-a-long with Nursing	*No Scheduled Recreation Programs* Independent Leisure Activities Available
AM: 11:15am Sunday Service with Deacon Ralph PM: Winter Coloring with Sarah PM: Sunday Stories with Nursing	AM: Exercise with Balls AM: Window Washing Walk PM: Balloon Tennis PM: Matching and Sorting PM: Boggle PM: Evening with Sarah	AM: Morning Stroll AM: Exercise AM: Matching Activities AM: Pattern Blocks PM: 2:00pm Music with Jerry Cali PM: Snack and Chat PM: Evening with Bella	AM: Morning Exercise AM: Hangman AM: Painting PM: Making Brownies PM: Snack and Movie PM: Unwind with Nursing	<div>  <p>Memory Care Residence</p> <p>January 2024</p> <p>Jade Hendricks, Recreation Specialist: 315-413-3946</p> <p>Shannon Loughlin, Director of Life Enrichment & Recreation: 315-413-3903</p> </div>		

Green=Cognitive Orange=Physical Pink=Social Blue= Emotional/Expressive/Creative Purple= Spiritual Outings Pet Visits