



The

Nottingham Telegraph

**December 4th, 2023 to
December 10rd, 2023**

Assisted Living Residence
Questions? Comments?
Cammy Blumberg, CTRS:
315-413-3127



Winter Word Search

D	E	K	M	K	A	A	J	Y	R	A	G
S	N	E	T	T	I	M	S	E	R	I	R
X	G	L	O	V	E	S	I	O	E	Z	O
T	P	Y	O	N	K	O	D	W	T	D	Y
K	H	T	T	W	S	N	H	S	N	L	R
D	D	S	A	Q	Z	P	O	T	I	O	V
D	D	O	O	T	G	E	T	A	W	C	Y
N	M	R	C	L	F	L	C	H	S	Q	S
O	E	F	A	G	H	C	H	O	N	B	N
S	G	Z	H	Z	H	I	O	P	D	J	O
N	L	T	O	S	Z	C	C	P	O	A	W
R	G	E	C	R	N	I	O	O	P	N	L
W	C	J	D	J	F	E	L	L	C	U	I
Z	N	X	Y	C	U	H	A	B	H	A	H
H	I	B	E	R	N	A	T	E	Y	R	P
F	K	B	O	X	I	C	E	G	U	Y	W

WINTER

SNOW

SLED

ICICLE

BLIZZARD

HOT CHOCOLATE

COLD

FROSTY

FROZEN

SLED

JANUARY

ICE

HIBERNATE

COAT

HAT

GLOVES



Monday December 4th, 2023

8:00 Breakfast

10:00 Exercise with Cammy in the community room

10:30 Adult Seasonal Coloring Pages with Cammy & Sarah in the Community Room

12:00 Lunch

2:30 Making Chopped Slider Sandwiches with Cammy & Sarah in the Community Room

3:30 Chopped Slider Sandwich Tasting with Sarah & Cammy in the Community Room

5:00 Dinner

7:15 Card Games with Cammy & Sarah in the Community Room



Tuesday December 5th, 2023

8:00 Breakfast

10:00 Exercise with Cammy in the Community Room

10:30 Manicures with Cammy & Sarah in the Sun Room

12:00 Lunch

1:30 Ecumenical Service in IL TV Room (Meet in the Community Room at 1:15)

3:00 Air Hockey with Cammy & Sarah in the Community Room

5:00 Dinner

7:30 Musical Performance by Dennis McGuire in IL TV Room (Meet Jade at 7:15 in Community Room)



Wednesday, December 6th, 2023

8:00 Breakfast

10:00 Mindul Movement with Emily in the Community Room

10:30 Word Games with Cammy in the Community Room

11:00 Dining Comittee in the Community Room

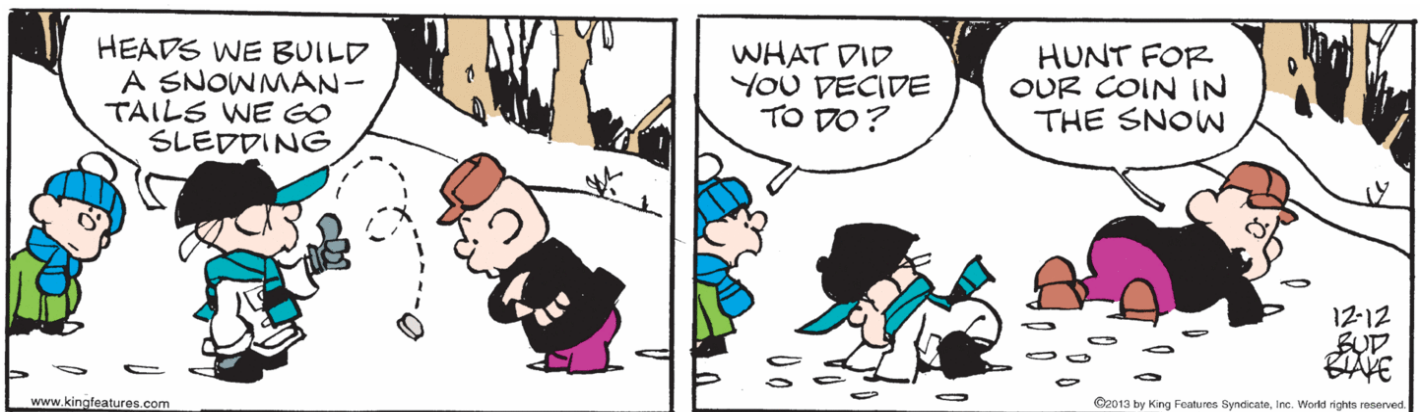
12:00 Lunch

3:00 Happy Hour in the IL Bistro with Dale Randall
(Must independently attend)

4:15 Holy Rosary with Joe in the Family Room

3:00 Painting With Sheila in the Commnunity Room

5:00 Dinner



Thursday, December 7thth, 2023

8:00 Breakfast

10:00 Exercise with Andrea in the Community Room

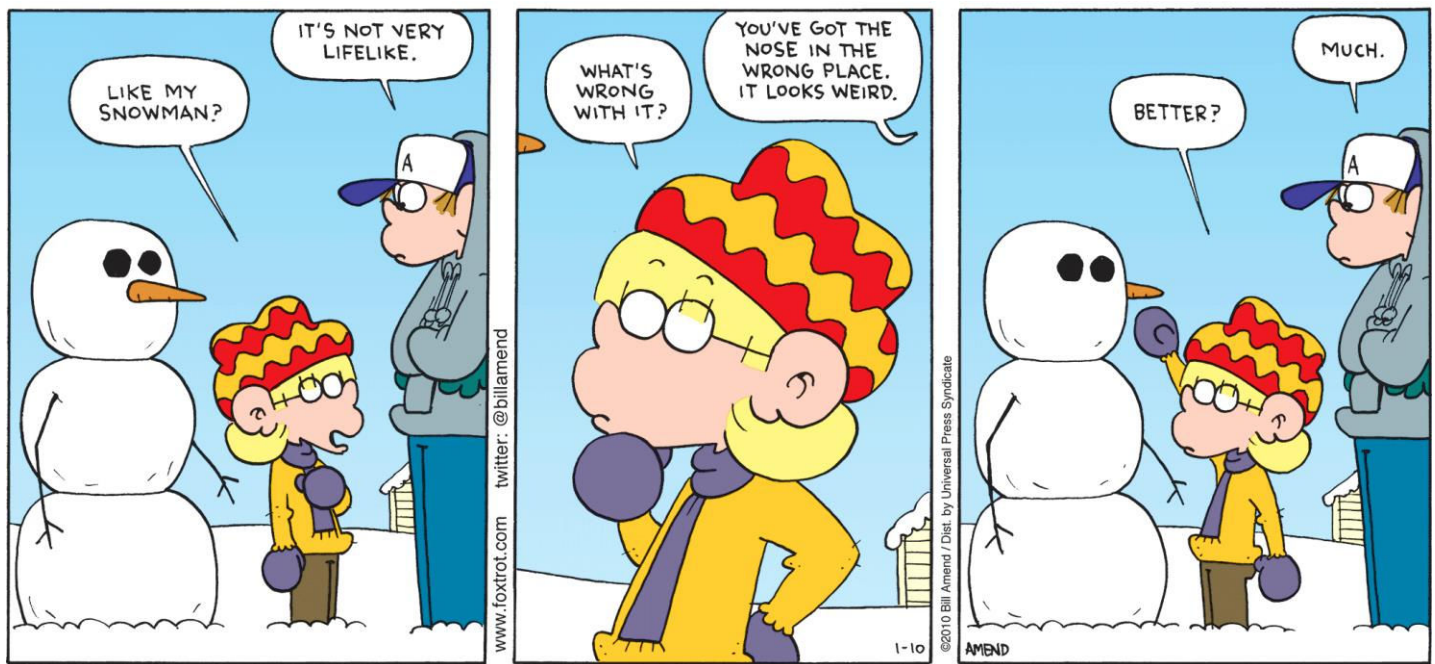
10:30 UNO with Andrea in the Community Room

12:00 Lunch

2:30 NY Minute-Games with Andrea on the Community Room

3:00 December EZ Trivia with Andrea in the Family Room

5:00 Dinner



Friday, December 8th , 2023

8:00 Breakfast

10:00 Exercise with Cammy and Sarah in the Community Room

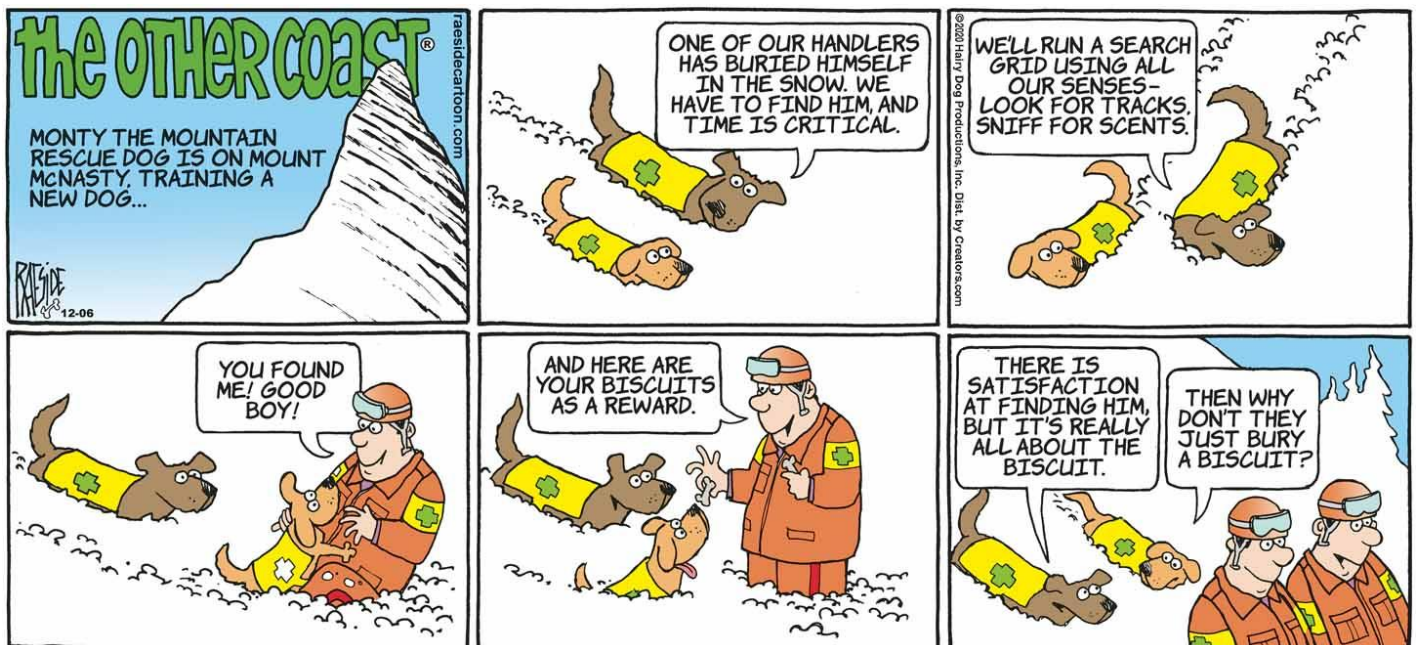
10:30 Travelogue: New York Boroughs with Cammy & Sarah in the Community Room

12:00 Lunch

2:00 Question Beach Ball Pass with Cammy & Sarah in the Community Room

4:30-7:30 Holiday Christmas Party with Performers Jill Minye & Mike Passerali (Look forward to seeing you there) (resident only)

5:00 Dinner



Saturday, December 10th, 2023

8:00 Breakfast

10:00 Independent Word Searches & Coloring in the Sun Room

12:00 Lunch

5:00 Dinner

6:00 News Hour in the Community Room (Join your peers to tune into the news)

Sunday December 10rd, 2023

8:00 Breakfast

10:30 Sunday Services in the Community Room with Deacon Ralph

11:00 Catholic Mass with the Catholic Diocese Priests in the Independent Living TV Meeting room (Must Independently attend)

12:00 Lunch

1:30 Ladder Ball with Cammy & Bella in the Community Room

2:30 Movie Matinee in the Community Room

5:00 Dinner

6:00 News Hour in the Community Room (Join your peers to tune into the news)



Holy Rosary

Before dinner join Joe
Monday/Wednesday/Friday's at 4:15pm
in the Family Room to say a few prayers!
All you need is yourself! All are welcome:)

