


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Contact with Questions: Jade Hendricks, Recreation Specialist: 315-413-3946 Shannon Loughlin, Director of Life Enrichment & Recreation: 315-413-3903</p>	<p>AM: Exercise with weights 1 AM: Q+A Ball Toss AM: Hangman AM: Easter Connect the Dots AM: High-Low Card Game PM: Parachute PM: Name 10 PM: Watercolor Painting PM: EZ Trivia and Snack PM: Movie Night</p>	<p>AM: Zumba 2 AM: Family Feud AM: BINGO PM: Cornhole PM: Making Spring Time door Decor PM: Magazine Scavenger Hunt PM: Evening with Jade</p>	<p>AM: Seated Yoga 3 AM: National Parks Virtual Tour AM: Foaming Rainbows Project PM: Soccer PM: Snack & Chat with Kaileigh in the Garden PM: Walkers and Rollers PM: Unwind with Nursing</p>	<p>AM: Tea, Coffee and Chat 4 AM: Walking Exercise AM: Person, Veggie, or Bird AM: Seed Starting PM: Mini-Golf PM: Watercolor Painting PM: Manicures and Snack PM: Unwind with Nursing</p>	<p>9:30: Rosary Group 5 AM: Exercise with Weights AM: Keep it Up! AM: What's in My Bag? PM: Paper Raindrops Craft PM: BINGO PM: Sing-along with Nursing</p>	<p>*No Scheduled Recreation Programs* Independent Leisure Activities Available</p>
<p>AM: 11:15am 7 Sunday Service with Deacon Ralph AM: Morning Stroll PM: BINGO with Sarah PM: Sunday Stories with Nursing</p>	<p>AM: Exercise with weights 8 AM: Q+A Ball Toss AM: What's the missing letter? AM: Eclipse Chalk Art PM: Walkers & rollers with Kaileigh PM: Spring category game PM: Solar Social PM: Solar Eclipse viewing PM: Movie Night</p>	<p>AM: Zumba 9 AM: Weather or Not Trivia AM: BINGO PM: Find the Flowers Scavenger Hunt PM: 3-Peat Dice Game PM: Spring BINGO PM: Evening with Kaileigh Happy Birthday Pauline!</p>	<p>AM: Seated Yoga 10 AM: Name That Tune AM: Unicorn Craft PM: 2:00pm Music with Blair Frodelius PM: Word Wheel PM: Unwind with Nursing</p>	<p>AM: Tea, Coffee and Chat 11 AM: Walking Exercise AM: Keep it up Balloon Volley AM: 11:00am Lunch Outing to Finally Ours PM: Making Dog Treats PM: Unwind with Nursing</p>	<p>AM: Exercise with Weights 12 AM: Target Practice AM: Matching Games PM: 2:30 Helping Hounds Dog Visit in ALR PM: BINGO PM: Sing-along with Nursing</p>	<p>*No Scheduled Recreation Programs* Independent Leisure Activities Available</p>
<p>AM: 11:15am 14 Sunday Service with Deacon Ralph AM: Morning Stroll PM: 3:00pm Music with Mending Melodies PM: Sunday Stories with Nursing</p>	<p>AM: Exercise with weights 15 AM: ABCit Game AM: Making Lemon Cookies PM: Skeeball PM: Lucky Numbers PM: Birdfeeder Pine Cones PM: Outdoor walk PM: Snack and word games PM: Movie Night</p>	<p>AM: Zumba 16 AM: Boggle AM: BINGO PM: 2:00pm Music with AaH PM: Watercolor Painting PM: Evening with Kaileigh</p>	<p>AM: Exercise with weights 17 AM: Pondering prompts- Thinking about spring! AM: Ink stamps nature prints PM: Outdoor walk and talk PM: Planting Flowers Craft PM: Evening with Andrea</p>	<p>AM: Walking Exercise 18 AM: 11:00am Drumming with Jimbo AM: 12:00pm Monthly Birthday Luncheon PM: 1:00pm Activities with SU Students PM: Massages with Donna PM: Unwind with Nursing</p>	<p>9:30am: Rosary Group 19 AM: Exercise with Weights AM: Walking Club AM: Card Games PM: Q-Tip Painting PM: BINGO PM: Sing-along with Nursing</p>	<p>*No Scheduled Recreation Programs* Independent Leisure Activities Available</p>
<p>AM: 11:15am 21 Sunday Service with Deacon Ralph AM: Morning Stroll PM: BINGO with Jade PM: Snack Social PM: Sunday Stories with Nursing</p>	<p>AM: Exercise with weights 22 AM: Q+A Ball Toss AM: Forest BINGO AM: Earth Day Coloring AM: Puzzles PM: 2:00pm Music with Jilissa Vellake PM: Earth Day Jokes and Snack PM: Movie Night Earth Day</p>	<p>AM: Zumba 23 AM: Hangman AM: BINGO PM: 2:00pm Earth Day Ice Cream Outing to Onondaga Lake Park PM: Evening with Kaileigh</p>	<p>AM: Seated Yoga 24 AM: Q+A Ball Toss AM: Baking a Cake AM: Finish the Phrase PM: Balloon Volley PM: 3:00pm Happy Hour with John Vona in IL PM: Unwind with Nursing</p>	<p>AM: Tea, Coffee and Chat 25 AM: Walking Exercise AM: Family Feud AM: Spring BINGO PM: Ladderball PM: String Cheerios for Dinner PM: Outdoor Walk PM: Unwind with Nursing</p>	<p>AM: Exercise with Weights 26 AM: Outdoor Stroll AM: Scrabble PM: Paint & Sip PM: BINGO PM: Sing-along with Nursing</p>	<p>*No Scheduled Recreation Programs* Independent Leisure Activities Available</p>
<p>AM: 11:15am 28 Sunday Service with Deacon Ralph AM: Morning Stroll PM: Balloon Volley with Sarah PM: Boggle PM: Sunday Stories with Nursing</p>	<p>AM: Exercise with weights 29 AM: Keep it Up Balloon Volley AM: Making Rainbow Cookies AM: Flip-It Card Game PM: 2:00pm Music with Howie Bartolo PM: Cookies and Word Wheel PM: Movie Night</p>	<p>AM: Zumba 30 AM: Crosswords AM: BINGO PM: Outdoor walk PM: Gardening PM: Q+A Ball Toss and Snack PM: Evening with Kaileigh</p>	 <p>April 2024 Memory Care Residence</p>			

Green=Cognitive Orange=Physical Pink=Social Blue= Emotional/Expressive/Creative Purple= Spiritual Outings Pet Visits