






Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>M=Margaret K=Kim D=Dzeneta A= All Therapists</p> <p>Tel. 315-413-3044</p>	<p>(K)(D) 1 10:30 Easy Exercise 11:00 Monthly Gazette 1:30 April IQ 2:00 Table Top Games 3:00 April Fool's Day: Pun'ny Day Jokes</p> <p>All Fools' Day</p>	<p>(A) 2 10:30 BINGO 1:30 Spring Cleaning – Helping Hands 2:00 History of PB & Jelly Sandwiches 2:30 PB&J Social w/Music 3:30 Table Games</p>	<p>(A) 3 10:30 Stretching to Music 11:00 Name 10 Game 2:00 Entertainer: Blair Frodelius 3:00 Joggin' Your Noggin</p> 	<p>(A) 4 Happy B'day Judith M! 10:30 What's Cooking? Baking Oatmeal Cookies 1:30 Chapel Service 2:30 Oatmeal Cookies & Milk 3:00 A Day "Four" Having Fun: Connect Four and Funhouse Games</p>	<p>(M)(K) 5 10:30 Happy Together Yoga 11:00 April IQ 2:00 Entertainer: Bob Lyna 3:30 Be Happy Day: Bring Back "Happy" Craze</p>	<p>(D) 6 10:30 BINGO 1:30 Happy Birthday TV Dinner: Name the Food in these old frozen TV dinners 2:00 I Scream You Scream! Ice Cream Social 2:30 Spring Coloring</p>
<p>(D) 7 10:30 Fun Trivia 11:00 Sunday Mass 2:00 Holy Humor Sunday 2:30 Billie Holiday's Day: 100 Facts about Billie Holiday's life 3:00 Show Time 3:30 Rummy Club</p>	<p>(K)(M) 8 10:30 Noodle Balloon 11:00 What Tree Am I? 1:30 "I Can't Believe It's Not Butter" Day: Name that Slogan 2:00 Card and Puzzle Club 3:00 Crochet Club</p>	<p>(A) 9 Happy B'day Tamara H! 10:30 BINGO 1:30 Grow into Spring: Plant an Indoor Garden 2:30 Craft Corner: Beaded Message Bracelets 3:30 Easy Listening: Music Band</p> 	<p>(A) 10 10:30 Fit & Trim 11:00 April Random Trivia 2:00 Entertainer: John Vona 3:30 Visit the Boutique</p>	<p>(A) 11 10:30 Plant Appreciation Day: Tending the Garden 1:30 Chapel Service 2:30 Craft Corner: Scrabble Art 3:30 National Pet Day: Pets are Family Too Discussion</p>	<p>(M)(D) 12 10:30 Sugar, Sugar Yoga 11:00 Mindful Breathing 2:00 Happy 102nd Birthday Fred with Entertainer Terry Mulhauser 3:30 iN2L Family Feud</p>	<p>(K) 13 Happy B'day Fred W & Maria S! 10:30 BINGO 1:30 Write a Poem 2:00 Poetry and Punch Social 3:30 Music & Paint by Number</p>
<p>(K) 14 Happy B'day Diane J! 10:30 Sunday Mass 11:00 Golden Oldies 2:00 Tickle Your Funny Bone Quote 2:30 National Dolphin Day: BBC Earth 3:00 Fun Facts About Dolphins</p>	<p>(D)(M) 15 10:30 Moving & Grooving 11:00 Slow Down Flow 1:30 Leonardo da Vinci Day – Slide Show Trivia 2:30 McDonalds 69th Anniversary: Then vs Now 3:00 French Fry Frenzy</p>	<p>(A) 16 10:30 BINGO 2:00 Entertainer; Deb & John Puma 3:30 Stress Awareness Day: Sun and Positivity in the Courtyard Hour (Weather Depending)</p>	<p>(A) 17 10:30 Leap Frog Toss 11:00 Old Time Sing-A- Long 1:30-4:00 Floor by Floor: 3rd Floor Lucynt 3:00 Traveling Snack Cart 3:30 iN2L Games</p> 	<p>(A) 18 Happy B'day Suzanne H! 10:30-11:30 Cooking Corner: Bake with Me 1:30 Chapel Service 2:30 Tasty Treats Café 3:00 Pitch/Rummy Club</p>	<p>(K)(D) 19 10:30 Stay Strong Yoga 11:00 Mindful Meditation 2:00 Entertainer: Steve Banyas 3:00 It's A Lemon Social 3:30 iN2L: Stretch Your Brain Games</p> 	<p>(M) 20 10:30 BINGO 1:30 Musical Hangman 2:00 I Love Lucy Show 2:30 Friendship Café 3:00 Art Club – Ambarella Painting</p>
<p>(M) 21 10:30 "Heartbreak Hotel" Day – Elvis IQ 11:00 Sunday Mass 2:00 Top 100 Songs from 50's 2:30 Movie Matinee – "Spinout" 3:30 Checkers Club</p>	<p>(D)(K) 22 10:30 Balloon Bop 11:00 Earth Day: Giggles in The Garden 1:30 April Showers Day: Rainbow Cookies and Coffee 2:30 Earth Day Secret Quote <small>Passover Begins Earth Day</small></p>	<p>(A) 23 10:30 BINGO 2:00 Entertainer: Larry Serafini 3:00 Talk Like Shakespeare Day: Famous Lines Game 3:30 Who Am I? Hamlet Slideshow</p>  <p>Administrative Professionals Day</p>	<p>(A) 24 10:30 Gentle Stretches 11:00 Boutique Walk 1:30 Heritage Spa Day 2:30 That's Entertainment 3:30 Rummy Club</p>	<p>(A) 25 10:30-11:30 Ella Fitzgerald Day: Facts and Favorite Music Playlist 1:30 Chapel Service 2:30 Monthly Birthday Party 3:00 Puzzle Club</p>	<p>(M)(K) 26 10:30 Easy Chair Movements 11:00 Refresh Breathing 2:00 Entertainer: Lori Ann Wilber 3:00 Name 10 Games</p> <p>Arbor Day</p>	<p>(D) 27 10:30 BINGO 1:30 Science Club - Tornado in a Bottle 2:00 Baseball Trivia 2:30 Babe Ruth Day: Popcorn social 3:00 Show Time: Doo Wop</p>
<p>(D) 28 10:30 Superhero Day: What's your superhero name? 11:00 Sunday Mass 2:00 Blueberry Pie Social with Music 2:30 Interesting Facts about Blueberries 3:00 iN2L: Games</p>	<p>(K)(M) 29 10:30 Musical Leap Frog 11:00 Breezy Breathing 2:00 Entertainer: Jerry Cali 3:00 International Dance Day: Reminisce Dancing Slideshow</p>	<p>(A) 30 Happy B'day Theresa M! 10:30 BINGO 11:00 Resident Council Minutes 1:30 Beltane Fire Festival: History and Traditions 2:00 Fire Dancing Videos 3:00 Pepperoni & Cheese</p>	<h1>April 2024</h1> <h2>The Heritage</h2> <p>750 East Brighton Ave. Syracuse NY.13205</p>			

Activities Are Subject to Change