



The  
Nottingham Telegraph  
**April 8<sup>th</sup>, 2024 to**  
**April 14<sup>th</sup>, 2024**

**Assisted Living Residence  
Questions? Comments?**

**Sarah Bogacz,  
Recreation Specialist:**

**315-413-3596**

**Kaileigh Roy,  
Recreation Specialist:**

**315-413-3127**



# Earth and Space

T H E M I S P H E R E H Y G R O T A T E C C K X  
X V W W N Y F U K F H K C G P D O U O H H A F S  
K C G W O D A H S F P P E Z J H K T M G E S E O  
S U N R I S E V I G T T L O S D A M O O N T Z L  
L U S G B N L L K H I D Y L R R O S P X N I W A  
P S N O S A E S Z L G T F D W B P V E F U N D R  
O E L N B X Z Y L L K F Z F G R I E H S S G C S  
R H G Z G X Z E N O O M L L U F A T A Y J U X Y  
S D O K R O T A T I O N F Z C K R X G N T Q I S  
X H U U Z A U K P T F F S I G E W L A O G M S T  
D U G N S E C K E X E B O L G M W V P I V L K E  
A N J T R C D P Q E T V M C U H I D Q T Z J W M  
E R L M O O N R I S E O Y C W B D N Z U H S Z B  
Y I N K J N I G H T O N I B X Z C S U L S X L G  
T C E V D Q R E H N Q T D M O B E M G O H M Q I  
F M W S X X T B S Q S I X L O T P B A V R G R W  
R I M P Y M V E E M M U P W S S F L U E G S S P  
W K O A H Y T A D A Y E N N Y P I C A R Z X T R  
N R O C K B R I G V Y I G S W L H X Y N W C E P  
T A N E Q T F V D Q H X O A E K T L A B E E R R  
Q Z R Q H V E R I T C A L X Y T H K Y A D T C H  
V Y X A L A G A U X S P X E R E H P S Y T X S M  
H X L L Z B Y Q Y N R U Q C M X M P K W Z W L T  
X I B T O V X V F V N A I V K F G C J A E P R E

solar system

revolution

hemisphere

full moon

satellite

new moon

moonrise

rotation

veritcal

moonset

casting

seasons

sunrise

planets

galaxy

sphere

shadow

rotate

phases

sunset

orbit

night

globe

space

earth

tilt

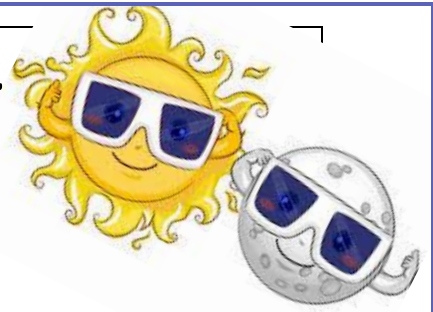
axis

moon

day

sun

Monday April 8<sup>th</sup>, 2024



## SOLAR ECLIPSE

**8:00 Breakfast**

**10:00 Exercise with Sarah in the Community Room**

**10:30 Solar Eclipse Fun Facts with Sarah in the Community Room**

**12:00 Lunch**

**1:30 Solar Eclipse Social with Sarah in the Community Room view the NASA Livestream**

**2:30 Head outside for Solar Eclipse Viewing (Weather Permitting). NASA Livestream will be available for those that want to stay indoors.**

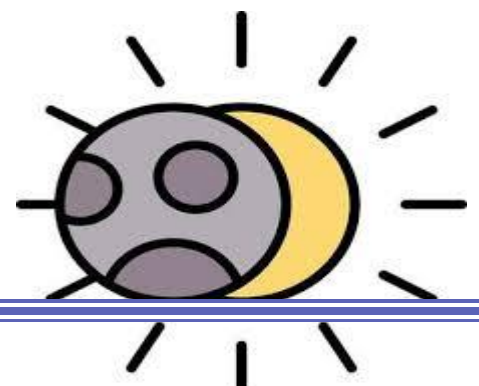
Outdoor seating will be located out front of Assisted Living on the sidewalk. Safe viewing glasses will be passed out during this time

**3:30 Full Eclipse**

**3:00-7:00 Nottingham Clubhouse OPEN-  
Enjoy Speciality Drinks & Clubhouse Menu  
(Must Independently Attend)**

**4:15 Holy Rosary with Joe in the Family Room**

**5:00 Dinner**



**Tuesday April 9<sup>th</sup>, 2024**

**8:00 Breakfast**

**10:00 Exercise with Sarah in the Community Room**

**10:30 Manicures with Sarah in the Sun Room**

**12:00 Lunch**

**1:30 Ecumenical Services in the IL TV Meeting Room (Meet Sarah at 1:15 in the Community Room)**

**3:00 Musical Performance with Dennis McGuire in the Community Room**

***3:00-7:00 Nottingham Clubhouse OPEN-Enjoy Drinks & Clubhouse Menu (Must Independently Attend)***

**5:00 Dinner**

**7:15 SU Students Classical Performance in the IL TV Meeting Room (Meet Kaileigh at 7:00 in the Community Room )**



**Wednesday April 10<sup>th</sup>, 2024**

**8:00 Breakfast**

**10:00 Mindful Movement with Emily in the Community Room**

**10:30 Health & Wellness Presentation on Arthritis with Nicole from Select Rehab in the Community Room**

**12:00 Lunch**

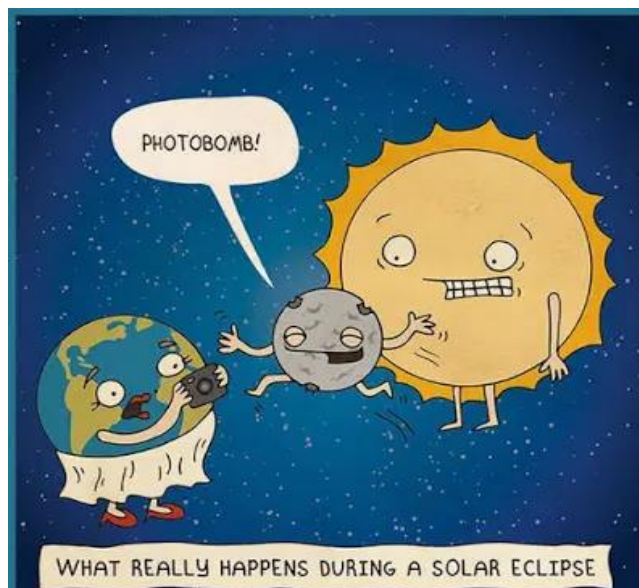
**1:45 Ladder Ball with Sarah in the Community Room**

**3:00 Happy Hour with Jerry Cali in IL Clubhouse with (Meet Sarah at 2:45 in the Community Room)**

**4:30-7:00 Nottingham Clubhouse OPEN- Enjoy Speciality Drinks & Clubhouse Menu (Must Independently Attend)**

**4:15 Holy Rosary with Joe in the Family Room**

**5:00 Dinner**



**Thursday April 11<sup>th</sup>, 2024**

**8:00 Breakfast**

**10:00 Exercise with Sarah in the Community Room**

**10:30 Hang Man with Sarah in the Community Room**

**11:00 Massages with Massage Therapist Donna in the Sun Room**

**11:00 Jamesville-Dewitt Librar Visit in the Sun Room**

**12:00 Lunch**

**1:00-2:30 Massages with Massage Therapist Donna in the Sun Room**

**2:00 Ladder Ball with Sarah in the Sun Room**

**3:00 Bingo! With Sarah in the Community Room**

**3:00-7:00 Nottingham Clubhouse OPEN- Enjoy Speciality Drinks & Clubhouse Menu (Must Independently Attend)**

**5:00 Dinner**



**Friday April 12<sup>th</sup>, 2024**

**8:00 Breakfast**

**10:00 Exercise with Sarah in the Community Room**

**11:00 Lunch Outing- The Retreat (Meet Sarah at 10:45 in the Lobby)**

**12:00 Lunch**

**2:30 Helping Hounds Dog Visits in the Sun Room**

**3:00-7:00 Nottingham Clubhouse OPEN- Enjoy Speciality Drinks & Clubhouse Menu (Must Independently Attend)**

**4:15 Holy Rosary with Joe in the Family Room**

**5:00 Dinner**



## Saturday April 13<sup>th</sup> ,2024

8:00 Breakfast

10:00 Independent Word Searches & Coloring in the Sun Room

12:00 Lunch

5:00 Dinner

6:00 News Hour in the Community Room

## Sunday April 14<sup>th</sup> ,2024

8:00 Breakfast

9:45 Exercise with Sarah in the Community Room

10:30 Sunday Service with Deacon Ralph in the Community Room

11:00 Service with the Catholic Diocese Priests in the IL TV Room (must Independently attend)

12:00 Lunch

1:30 Crossword with Andrea in the Community Room

2:30 Sunday Movie in the Community Room

5:00 Dinner

6:00 News Hour in the Community Room



# Holy Rosary

Join Joe Before Dinner on  
**Monday/Wednesday/Friday's at 4:15pm**  
in the Family Room to say a few prayers!  
All you need is yourself!  
(All are welcome)

