



The
Nottingham Telegraph
May 6th, 2024 to
May 12th, 2024

**Assisted Living Residence
Questions? Comments?**

**Sarah Bogacz,
Recreation Specialist:**

315-413-3596

**Kaileigh Roy,
Recreation Specialist:**

315-413-3127





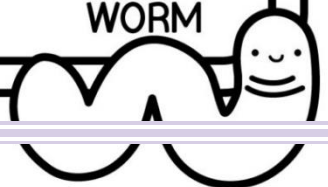
SPRING

WORD SEARCH

E	W	A	J	F	E	L	L	F	J	F	L	W	F	S	T	K	U
F	R	M	J	U	C	D	T	M	H	F	E	E	A	J	O	U	H
C	A	T	A	F	R	U	L	L	I	T	M	S	O	W	Z	J	U
X	I	T	D	J	O	X	F	T	S	H	X	P	G	O	M	I	M
X	N	N	X	R	E	O	O	E	L	X	Z	D	P	R	X	K	A
W	V	I	P	Q	B	U	N	N	Y	J	C	Y	X	M	R	O	W
S	X	S	D	E	G	G	S	O	D	B	L	G	Q	P	S	F	X
S	U	P	U	D	D	L	E	C	H	I	C	K	R	K	J	R	F
P	L	Y	B	S	P	P	R	I	L	R	I	E	I	A	P	Z	U
S	L	V	Z	D	T	F	L	G	H	V	W	R	U	K	S	R	H
S	B	U	T	T	E	R	F	L	Y	O	V	O	N	P	Z	S	Q
C	U	M	U	B	Y	O	C	Z	L	G	V	S	B	F	K	M	W
B	D	T	L	I	Y	S	N	F	A	N	S	J	P	Y	J	N	H
L	N	V	I	L	U	W	P	V	K	Q	A	A	A	S	I	G	D
O	X	Z	P	M	L	S	D	X	I	W	Z	D	S	F	I	I	B
S	L	V	B	L	J	E	N	Q	T	W	Y	G	J	T	X	I	E
S	L	T	J	V	Z	E	Z	V	E	D	K	W	G	B	E	E	B
O	V	E	C	I	T	D	V	O	H	I	H	J	T	T	I	M	G
M	B	D	M	H	R	S	D	L	W	I	S	M	H	Y	A	K	E
L	A	D	Y	B	U	G	Q	U	B	P	D	G	A	L	H	E	K



BEE	BUTTERFLY	GRASS	LILY	SEEDS
BLOSSOM	CHICK	KITE	NEST	SPROUT
BUD	EGGS	LADYBUG	PUDDLE	TULIP
BUNNY	FLOWER	LAMB	RAIN	WORM



Monday May 6th, 2024

8:00 Breakfast

10:00 Exercise with Kaileigh in the Community Room

10:30 Name that Tune with Kaileigh in the Community Room

12:00 Lunch

2:00 Painting with Sheila in the Sun Room

3:00 BINGO! With Kaileigh in the Community Room

**3:00-7:00 *Nottingham Clubhouse OPEN-
Enjoy Speciality Drinks & Clubhouse Menu
(Must Independently Attend)***

4:15 Holy Rosary with Joe in the Family Room

5:00 Dinner

7:15 Sleepy Tea and Chat with Sarah in the Community Room



Tuesday May 7th, 2024

8:00 Breakfast

10:00 Exercise with Sarah in the Community Room

10:30 Manicures with Sarah in the Community Room

12:00 Lunch

1:30 Ecumenical Services in the IL TV Meeting Room (Meet Sarah at 1:15 in the Community Room)

2:30 Outdoor Walk and Reminscing on the Benches with Sarah (Meet in Lobby- Weather Permitting)

3:00-7:00 *Nottingham Clubhouse OPEN- Enjoy Speciality Drinks & Clubhouse Menu*
(Must Independently Attend)

5:00 Dinner

7:30 Brass Act Trombone in the IL TV Room
(Must Attend Independently)

Wednesday May 8th, 2024

8:00 Breakfast

9:30-12:30 Zoo Outing- Trip to the Rosamond Gifford Zoo (Meet in Lobby at 9:15)

10:00 Mindful Movement with Emily in the Community Room

10:30 Select Rehab Helth Presentation on Sensory Changes Relating to Aging with Nicole in the Community Room

12:00 Lunch

3:30 Performance with Deb & John Puma in the Community Room

No Happy Hour in Indpendent Living

4:00-7:00 *Nottingham Clubhouse OPEN- Enjoy Speciality Drinks & Clubhouse Menu*

4:15 Holy Rosary with Joe in the Family Room

5:00 Dinner

No Evening Program



Thursday May 9th, 2024

8:00 Breakfast

10:00 YOGA with Michaela in the Community Room

10:30 Jeopardy with Sarah in the Community Room

11:00 Massages with Donna in the Family Room

11:30 Jamesville-Dewitt Library Visit in the Family Room

12:00 Lunch

1:00-2:30 Massages with Donna in the Family Room

2:00 Bucket Pong with with Sarah in the Community Room

3:00 Mini Crossword Puzzles with Sarah in the Sun Room

**3:00-7:00 *Nottingham Clubhouse OPEN-
Enjoy Speciality Drinks & Clubhouse Menu
(Must Independently Attend)***

5:00 Dinner

Friday May 10th, 2024

8:00 Breakfast

10:00 Exercise with Kaileigh in the Community Room

10:30 Manicures with Sarah & Xy'elle in the Community Room

12:00 Lunch

2:00 Mother's Day Tea Time in the Sunroom-Music with Mike Burns

3:00 Riddles & More in the Sun Room

3:00-7:00 *Nottingham Clubhouse OPEN-Enjoy Speciality Drinks & Clubhouse Menu*
(Must Independently Attend)

4:15 Holy Rosary with Joe in the Family Room

5:00 Dinner



Saturday May 11th, 2024

8:00 Breakfast

9:45 Exercise with Andrea in the Community Room

10:30 Intergenerational Program: Painting Pots with students from Syracuse City School in the Sun Room

12:00 Lunch

1:00-2:30 Visits and Manicures with Volunteers from the Church of Pentecost in the Community Room

1:30 Dog Visits with Luna in the Community Room

5:00 Dinner

6:00 News Hour in the Community Room

Sunday May 12th, 2024

8:00 Breakfast

9:45 Exercise with Andrea in the Community Room

10:30 Sunday Service with Deacon Ralph in the Community Room

11:00 Service with the Catholic Diocese Priests in the IL TV Room (Must Independently Attend)

12:00 Lunch

1:30 History's Greatest Mom's with Andrea in the Community Room

2:30 Sunday Movie in the Community Room

5:00 Dinner

6:00 News Hour in the Community Room

Holy Rosary

Join Joe Before Dinner on
Monday/Wednesday/Friday's at 4:15pm
in the Family Room to say a few prayers!
All you need is yourself!
(All are welcome)

